

BLAINES WORLD

#1112

1.15.2018

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1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bginbc@aol.com and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Upgraded to the iPhone 7 cellphone, and we're both loving it. To celebrate, we joined our salesperson Juan Ortiz for a terrific dinner at Wild Wok Asian Bistro at the Asheville Mall.

Note: Juan's a real good guy. If you'd like him to help you at, give him a call at 828.774.7140. Feel free to mention our name.





B. During the week, I:

(1) Had the great privilege of attending a Poetry Night with Barbie Angell at the Hop Ice Cream Cafe. Special thanks to Greg Garrison for hosting this event, which featured Barbie and several of her friends reading poetry.

If you'd like, you can see Barbie read four of her poems by clicking the following links:

<https://www.youtube.com/watch?v=MdQLb545tLg&feature=youtu.be>

<https://www.youtube.com/watch?v=ZRsmmLyfumU&t=2s>

<https://www.youtube.com/watch?v=325cRbFcoMQ>

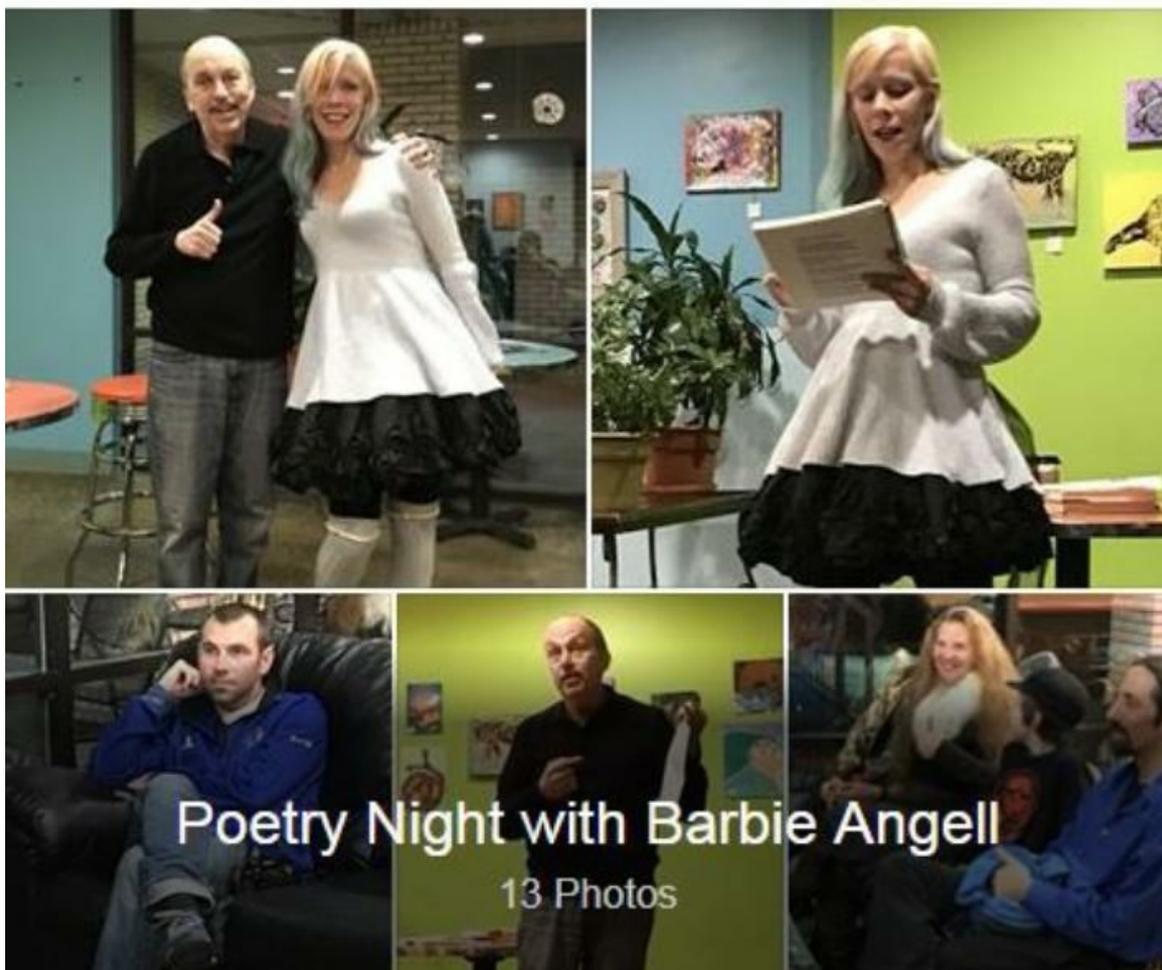
https://youtu.be/4-s1a2GF_tk

You can also see yours truly, Blaine Greenfield, read two Shell Silverstein poems by clicking this link:

[Here](#)

For more pictures from the evening, please click:

[Here](#)



(2) Caught THE BALD SOPRANO at The Feichter Studio (at HART). ... If you've never seen an example of theatre of the absurd or if you are a fan of this type play, you would

have appreciated the fine job Jason Williams has done directing a very talented cast. Pictured: Mandy Bean in the front row, and l-r in the rear row: Dakota Mann, Jason Phillips, Kai Elijah Hamilton, Jason Williams and audience member Blaine Greenfield. Not pictured: Jamie Knox and Tabatha Hall.



C. Condolences to Tom Kilby and family on the passing of Robert Bruce Kilby, Tom's brother.

D. Congratulations to:

(1) Jennifer Reed Menlo for winning a BLT Award for Best Actress in a Supporting Role for her performance in AGNES OF GOD at the Brevard Little Theatre.

(2) Andrew Zimnicki on attaining his sec+ certification.

(3) Trissa King on coming in first in the 50-64 year old category (and 52nd overall out of 322 runners in the Hot Chocolate 10K and 5K race.

(4) Adora Winquist on her new radio show, Visionaries Asheville & Beyond, heard Mondays at 10 a.m. on WPVM 103.7.

(5) Sunny Cook, winner of Contest #2: a copy of URBAN SUNSET, a CD from the Robert Thomas Band. All told, there were five entries. And that reminds me that it is now time to announce ...

...

***** CONTEST #3 *****

One lucky reader will win a copy of AN INSIDE JOB: A PSYCHOLOGIST SHARES HEALING WISDOM FROM YOUR CANCER JOURNEY. (See Section 4B for my review of this helpful book.) ... To enter, send an email to: bginbc@aol.com and put CONTEST #2 in the subject line, then include your snail mail address in the body of the email. All entries must be received by 9 p.m. on Monday, Jan. 29, 2018.

E. Hope you can make this ...

PechaKucha Night Asheville
Friday, February 23 at 7:30 p.m.
Grove House, 11 Grove St., Asheville

Thumbs up for this event, which includes a presentation from me on "The Platinum

Rule (A Better Alternative to the Golden Rule)."

My friend, Tina FireWolf, will also be presenting.

If you can join me, and I hope you can, you'll be attending an evening of fascinating presentations from Asheville's most creative and interesting people, all following the beautifully simple PechaKucha 20x20 format: 20 images, shown for 20 seconds each.

PechaKucha means "chit-chat" in Japanese, and four nights a year, it's where folks get together to share their ideas, works, thoughts, holiday snaps and passions. Don't tell them I said it, but it's like a TED Talk ... just more fun!

For tickets, please click:

[Here](#)

Doors open at 7 p.m., and the program begins at 7:30. If there's a sell out, which is often the case, there will be seating room ... so arrive early to claim your seats. Free parking is available in the lot across from The Grove House while supplies last.



***** BLAINESWORLD BEST AWARD *****

This week, it goes to Hemmingway's--a fantastic new Cuban restaurant in Asheville. ... We first went there with our friends Tom and Marcy Gallagher. Food, ambience and service--from Ralph--were all great. We also enjoyed the hospitality we received from Leonel Zaldivar, Director of Food and Beverage (top picture, far right)... We look forward to returning many times in the future!

Update: I returned two days later for breakfast with my friends Tom, Marvin Sadovsky and Brian Biro (bottom picture). The food was again tasty, and the service was fine--this time from Shane. We were also warmly greeted by Daphne Fox-Chinea, Restaurant Supervisor. who can be in the center of the same picture.

For more pictures from these two visits, please click:

[Here](#)





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2. FYI

Navigating the Financial Side of a Relationship
by Maria Teresa Hart

Couples can fight about anything, it's just a fact of relationships. But arguments about money have a tendency to be particularly toxic, since they're layered with deep emotional and personal history.

In fact, researchers have shown there's a direct relationship between the number of times a couple has argued about their budget per month and their divorce rate.

For the rest of this informative article, please click:
[Here](#)

FYI, part 2

To read each of the following contributions in full, please click:
[Here](#)

(1) Why Your Grump Teenager Doesn't Want to Talk to You. (2) Susanna Euston: Blaine, this is really sweet! Refreshing after the continually awful news from the general media. (3) (3) Margie Zack: We elected a man who doesn't know the words to our national anthem. (4) How to Get Your Mind to Read.

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3. Joke 1

My two cents: I'm a bit peeved that I didn't win one of President Trump's Fake Media awards this year. Guess that's why they invented ... next year! (Thanks, Dan Clancy, for posting.)



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4. Reviews

A. NEWSIES is now available via Netflix. Here's my review from BLAINESWORLD #1064:

A. Saw NEWSIES, a filmed version of the Tony Award-winning musical that was shot onstage in Los Angeles last September featuring members of the original Broadway cast. It featured Tony nominee Jeremy Jordan as rebellious paperboy Jack Kelly, Kara Lindsay as Katherine, Ben Fankhauser as Davey and Andrew Keenan-Bolger as Crutchie, and they were all excellent. But what really blew me away was the choreography. You'll love both it and the film.

Note: In rethinking the film, I've decided to add this list of my favorites. If you'd like a copy of that list, send an email to: bginbc@aol.com and put FAVORITES in the subject line.

B. Read AN INSIDE JOB: A PSYCHOLOGIST SHARES HEADLING WISDOM FOR YOUR CANCER JOURNEY (Matters of the Soul) by Susan Barbara Apollon, a psychologist who is also a breast cancer survivor. ... If you've had cancer or have it now, this is the book for you. It contains practical advice on how to deal with the illness, as well as moving stories from those who have gone through it. .. Perhaps my favorite part was the chapter entitled, "What Your Healers Want You to Know." The author shares interviews with nine experts in the field, including one with Dr. Bernie Siegel--one of my favorite authors.

There's also an excellent chapter on how to "Utilize Critical Tools for Healing." In particular, Apollon presents an overview of a useful technique known as tapping: It's likely that you have never heard of tapping, but it's a gift that all energetic beings have, and it's routinely used in Energy Medicine. Believe it or not, if you tap certain spots on your face, torso and hands, while thinking or talking about an unsettling image, you can unblock energies and send a new, better signal to the brain. ... Tapping helps you to manage our stress and negative emotions in the short term and in the long term, it enables you to reprogram a healthier response to the original disturbing thought, memory or image. Best of all, tapping is incredibly easy to do.

If you purchase the above, I recommend you purchase the accompanying AN INSIDE JOB COMPANION; MAKING HEALING PERSONAL (Matters of the Soul). It's a workbook that follows the principles of AN INSIDE JOB, and it will help you better understand what you've just read.

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5. TV alert

A. WE'LL MEET AGAIN: Tuesday, Jan. 23, at 8 p.m. on PBS (check local listings at pbs.org)

Ann Curry returns to TV to host a series that aims to reunite people whose paths crossed at moments in the past.

B. WACO: Wednesday, Jan. 24, at 10 p.m on Paramount Network (formerly Spike)

This 6-part docudrama airs 25 years after the 51-day standoff at the Branch Davidians' Texas compound that ended in the deaths of 76 men, women and children. Taylor Kitsch stars, along with one of my favorites: Michael Shannon.

C. FAITH UNDER FIRE: THE ANTOINETTE TUFF STORY: Movie premiere on Saturday, Jan. 27, at 8 p.m. on Lifetime

Toni Braxton stars as the bookkeeper who saved countless lives bu convincing a gunman at a Georgia elementary school to surrender.

D. THE 60TH ANNUAL GRAMMY AWARDS: Sunday, Jan. 28, at 7:30 p.m. on CBS

James Corden hosts a bunch of performers that I don't recognize, but I'll watch to make at least this one attempt to keep up with contemporary music.

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6. Joke 2

A woman had a heart attack and was taken to the hospital. While on the operating table, she had a near-death experience. Seeing God, she asked, "Is my time up?" ... God said, "No, you have another 43 years, 2 months and 8 days to live." Upon recovery, the woman decided to stay in the hospital and have a face-lift, brow lift, lip enhancement, boob job, liposuction and a tummy tuck. After her last operation, she was released from the hospital. ... While crossing the street on her way home, she was hit and killed by a car. Arriving in front of God, she said, "I thought you said I had another 43 years? Why didn't you pull me out of the path of the car?" ... God replied, "Girl, I didn't even recognize you!"





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7. Clips/Websites

A. Check out these clips at your convenience:

(1) Mark Jones: Unchained Melody

[Here](#)

Note: The above had me recall my brother's favorite song when I was a kid, the Al Hibbler version (that came out before the Rightous Brothers were even in existence:

[Here](#)

I then did some more digging and came across this interesting history of the song:

[Here](#)

(2) Jonathan Shannon Olexa: Robert Palmer - Respect Yourself

[Here](#)

(3) Susanne Steele: Battle of the Boxes

[Here](#)

(4) Lizardo Moareles: André Rieu & Gheorghe Zamfir - THE LONELY SHEPHERD

[Here](#)

(5) Havana 'Chicken Cover'

[Here](#)

B. If you have cancer or know somebody who does, methinks you'll find this website of interest:

Texting with Cancer

[Here](#)

To quote the person who runs it:

Texting with Cancer is the mental conversation with optimism and pessimism as I deal with cancer and life.

Some posts included the following:

My technician keeps calling all the ultrasound pictures she's taking 'beautiful.'

Aparently I have this illogical belief where if I'm super nice to my technicians, somehow I won't have cancer.

Ok universe, I get it. ... If this is some crazy lesson to get me to appreciate life more, I get it. I do. Really. ... Please, please I beg of you. Please stop. I've learned my lesson. Please, I beg of you, please don't be cancer.

C. BLAINESWORLD, the website, remains up and running . . . to view it, please click:

[Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking:

[Here](#)

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8. Technology tip

Whatcha think ... do you see any resemblance in the two pictures below?

These come from a the Google Arts and Culture app, which has become the most downloaded mobile app over last weekend. To download it, please click:

[Here](#)

Doing so will enables "art aficionados, dabblers, narcissists and soul searchers pondering a cosmic connection to distant humans" [to search for] "their art twins, a long-gone, sometimes fictional or unknown doppelgänger encased in oil, sculpture or ceramics."

To find out more about this app, please click:

[Here](#)

Note: An added bonus to using it ... you'll learn more about history and/or art. For example, I found out this about Dodge Giovanni Pesaro (1589-1658) He was the 103rd Doge of Venice, reigning from his election on April 8, 1658 until his death.



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9. Joke 3

After 35 years of marriage, a couple went for counseling. When asked what the problem was, the wife went into a tirade, listing every problem they had ever had in the years they had been married: neglect, lack of intimacy, emptiness, etc. ... Finally, after an hour, the therapist got up and asked the wife to stand. He then kissed her long and passionately as her husband watched. ... The therapist turned to the husband and said, "This is what your wife needs at least 3 times a week. Can you do this?" ... "Well, I can drop her off here on Mondays and Wednesdays, but on Fridays I fish."





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10. A quote I like

Sir Richard Charles Nicholas Branson (born 1950) is an English business magnate, investor and philanthropist. He founded the Virgin Group, which controls more than 400 companies.

Clients do not come first.
Employees come first.
If you take care of your
employees, they will take
care of the clients.

- Richard Branson



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11. Thought for the day

This has me writing a note to myself: "Self, thank any utility worker you see who has to come to work in such weather." And while I'm at it, I'll also thank police officers, nurses, doctors, maintenance crew workers, firefighters and anybody else in essential jobs who somehow make it into their jobs. (Thanks, Ed Nasta, for sharing.)

Note: After I ran this on Facebook, Ed then reminded me of this fact: You also forgot liquor store employees (very essential employees)!





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12. Advance planning department

To read about each of the following events in full, please click:

[Here](#)

A. NC events

(1) 'Are You Ready to Start a Small Business?' (2) The Art of Wine with Marilyn Sholin.
(3) Citizen Academy applications now open for Buncombe County Sheriff's Office
Citizen's Academy.

B. PA/NJ events

(1) Ugly Duckling Reveals Its Beauty in "Honk! A Musical" at MCCC's Kelsey Theatre.
(2) Witness for the Prosecution at Actor's Net of Bucks County.

PS. Make it a wonderful week!

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