

#1060  
1.22.2017

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**1. Reflections**

Also, if you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to [blainbc@aol.com](mailto:blainbc@aol.com) and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Saw a tuneful production of THE MUSICAL OF MUSICALS at 35below. Pictured on the left, l-r: (front row) Jessica Garland and Daniel Hensley and (back row) Karen Covington-Yow, Blaine Greenfield, Cynthia Greenfield, Misty Thiesen and Tabitha Judy; and on the right, Tabitha and Strother Singley. Kudos to all the performers: Hensley, Covington-Yow, Judy and Singley; Garland for her choreography; and to Thiesen who produced, directed and played the piano.



(2) Then went for a tasty meal at Pucks Tavern where we received fine service from Lucas.

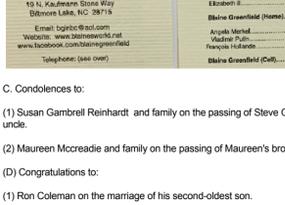


(3) On another night, we joined our friends Amber Fiddle and Connor Rae for a delicious dinner at Green Sage.



B. During the week, I:

(1) Participated in a networking event of the Asheville Jewish Business Forum that was led by Jensen Gelfond. He did a great job. For more pictures, as well as his networking tips, please click: [Here](#)



(2) Received my new order of business cards with an updated listing of important telephone numbers. And please don't kill the messenger. President Trump is listed because whether you like him or don't, he still is somebody you might need to contact often. In fact, if you feel compelled to share your opinions about what will be happening over the next four years.



C. Condolences to:

(1) Susan Gambrell Reinhardt and family on the passing of Steve Gambrell, Susan's uncle.

(2) Maureen Mccreadie and family on the passing of Maureen's brother Pete.

(3) Congratulations to:

(1) Ron Coleman on the marriage of his second-oldest son.

(2) Bob Lantis and Wendy Mallett on their engagement.

(3) Frank Salvo and Ralph Coffey on having their 1889 WhiteGate Inn & Cottage receive the AAA Diamond award for the 8th year in a row.

(4) Julie Kinter on being named HART's Volunteer of the Year.

(5) Warren Friel, winner of Contest #1 (for 2017): a copy of LEADERSHIP by Brian Tracy. All told, there were six entries—including this one from Beverly Cohen that even included an explanation: "I'm entering Donald Trump in this contest. Please send book to him." ... And that reminds me it's now time for:

\*\*\*\*\* CONTEST #2 \*\*\*\*\*

One lucky reader will a copy of TODAY I WILL NOURISH MY INNER MARTYR: AFFIRMATIONS FOR OWNS by Ann Thornhill & Sarah Wilson. The authors present 365 daily meditations that, to quote them, are perfect if you are "tired of the self-help meditations who've been sipping too much chicken soup." For example: To get the attention I so richly deserve, I will wear a ridiculous outfit today. ... I reviewed this book in BLAINESWORLD #1060 and enjoyed it. ... To enter the contest: Send an email to [blainbc@aol.com](mailto:blainbc@aol.com) and put CONTEST #2 in the subject line. In the body of the email, please include your snail mail address. All entries must be received on or before Monday, January 30, at 9 p.m.

E. Reminder: Please join me at the following ...

Asheville Jewish Business Forum (AJBF)  
Next event: Wednesday, Feb. 8  
Time: 11:30 a.m., Networking and registration; 12-1: Event, 1-1:30 p.m., Additional networking  
Location: Grail Moviehouse, 45 South French Broad Ave., Asheville  
Plenty of free parking; To find out where, please click: [Here](#)

Program: Steve White and Davida Horwitz, owners of the Grail Moviehouse and AJBF members, will tell how they got their business off the ground. They will also tell us about their business, which screens art and independent films, locally produced content, classics and a regular rotation of cinematic surprises.  
Free popcorn and fountain drinks for all who attend, courtesy of Steve and Davida!  
Also, if you attend, you'll get a free pass for an upcoming movie at the Grail Moviehouse (with the purchase of a ticket at regular price).  
Hope you can make it!

Note: Should you want to eat lunch before or after, your best bet is Little Bee Thai, which is located at the same address. The food is quite good there. Food is NOT permitted in the Grail Moviehouse.

Questions? Contact Blaine Greenfield, AJBF President, at [blainbc@aol.com](mailto:blainbc@aol.com) or call 828.633.1049.

\*\*\*\*\* PLEASE RSVP, SO WE KNOW HOW MANY TO EXPECT \*\*\*\*\*

To RSVP, please hit REPLY to this email notice and in the body of the email, kindly include your name, phone number and if you will be bringing any guests.  
If you are viewing this on Facebook or the AJBF website, please email this address [asheviejbf@aol.com](mailto:asheviejbf@aol.com) and put FEBRUARY 8 in the subject line. In the body of the email, kindly include your name, phone number and if you will be bringing any guests.

You don't have to be Jewish to attend.

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

This week, it goes to Tebbe Davis—our friend and artist extraordinaire. ... We recently purchased one of his many beautiful paintings entitled "On the River," and look forward to it soon hanging in our bedroom. ... Tebbe was a big help to us in making our selection, coming over to meet with us on two separate occasions. He also took care of the framing, as well as the framing for another picture that we will soon be showing Y'all. ... To see some of his other art, please click:



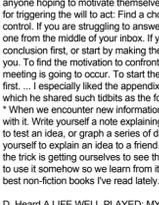
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**2. FYI**

As a kid, I always loved it when my mother made me a One-Eyed Egyptian (aka, eggs in a basket). Fortunately, Cynthia makes it for me, and I love it when she does. It always comes out great. ... Recently, we were watching a movie called THE MEDDLER on TV. It was OK, but the best part was when we saw Susan Sarandon make this egg. She taught Cynthia something, i.e., how to best cut out the middle part. All you need to do is turn a medium-sized glass over and then wiggle it around until the bread separates. Previously, Cynthia had just done this with a knife. ... See below for results. On the left is an egg that was made with the new method; on the right is an egg that was made with the old method.

Note: In the film, Sarandon threw away the middle part. Maybe that's why I didn't love it. The middle part is the best part!

To find out more about this egg, as well as to get a recipe on how to make it, please click: [Here](#)



FYI, part 2

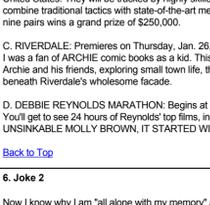
To read each of the following contributions in full, please click: [Here](#)

(1) Why Do Our Recorded Voices Sound Weird to Us? (2) Larena Griffin: I'm loving the blessings jar idea you guys are doing and I'm totally in this year. (3) Baby boomers relax. It probably isn't dementia. (4) Only 1 in 50 people can identify these 16 grammar mistakes. Can you? (5) John Dilcher: I was thinking the same thing you stated on your review of Deepwater Horizon. (6) Six Ways to Give the Gift of Generosity to Children and Teenagers.

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**3. Joke 1**

Been there, done that back in 1968 after a college party! In fact, if memory serves me correctly, maybe more than once. (Thanks, Cindy Sullivan, for sharing.)



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**4. Reviews**

A. Saw HIDDEN FIGURES, the true story about a trio of brilliant African-American women who provided much of the brainpower that helped launch astronaut John Glenn into orbit. Taraji P. Henson, Octavia Spencer and Janelle Monáe were all excellent in the leading roles, and Kevin Costner also excelled in a smaller part. This is a crowd-pleasing film that should not be missed—especially by any young girl. Rated PG.

B. Now out on DVD is a GIRL ON THE TRAIN, a mystery about a woman devastated by her recent divorce who sees a shocking event on a train that she takes every day. The mystery that unfolds is somewhat convoluted, and despite the fact that it stars the always watchable Emily Blunt, it didn't do much for me. Rated R.

C. Read SMARTER FASTER BETTER: THE SECRETS OF BEING PRODUCTIVE IN LIFE AND BUSINESS (Random House) by Charles Duhigg. ... The author, a reporter for THE NEW YORK TIMES, explores the science of productivity and explains that most productive people, companies and organizations do not merely act differently. They also view their world and their choices in profoundly different ways. ... For example, with respect to motivation, he points out: [Here] is a useful method for anyone hoping to motivate themselves or others, because it suggests an easy method for triggering the will to act: "Find a choice, almost any choice, that allows you to take control. If you are struggling to answer a tedious stream of emails, decide to reply to one from the middle of your inbox. If you're trying to start an assignment, write the conclusion first, or start by making the graphics, or do whatever's most interesting to you. To find the motivation to confront an unpleasant employee, choose where the meeting is going to occur. To start the next sales call, decide what question you'll ask first. ... I especially liked the appendix, "A Reader's Guide to Using These Ideas," in which he shared such tidbits as the following for absorbing data better:

\* When we encounter new information, we should force ourselves to do something with it. Write yourself a series of explaining what you just learned, or figure out a small way to test an idea, or graph a note of data points onto a piece of paper, or force yourself to explain an idea to a friend. Every choice we make in life is an experiment—the trick is getting ourselves to see the data embedded in those decisions, and then to use it somehow so we learn from it. ... SMARTER FASTER BETTER is one of the best non-fiction books I've read lately.

D. Heard A LIFE WELL PLAYED: MY STORIES (Macmillan Audio), written by Arnold Palmer and read by Rich Lerner. ... The author, one of the greatest golfers of all time, took me down memory lane with tales of many of his greatest rounds with such other players as Jack Nicklaus, Ken Venturi, Ben Hogan, Lee Trevino and many others. ... There's a lot of good advice here, such as this tip that he once gave Nicklaus: "I have found that over the years that my worst put from the fringe is at least as good as my best chip shot." ... And, also: "Every time I have ever hit a shot, I have tried to hit it into the hole. That includes a tee shot on a par 5. Now that would not be very realistic, but that's how I hit every shot in my mind's eye." ... But the best part about the book was that it felt like I was sitting down with Palmer and just having him tell me about his fascinating life. If you're a golf fan or know somebody who is, you won't go wrong with this book.

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**5. TV alert**

A. NEAL BRENNAN: 3 MICS: Now streaming via Netflix  
The comedian has three different microphones during this set shot last year: one for traditional stand-up, one for one-liners and one for the emotional stuff. ... Here's his take on depression: "Imagine you had a cold," he says, "and you could tell people were like ... That stuffiness is a choice."

B. HUNTED: Premieres on Sunday, Jan. 22, at around 10 p.m. on CBS (or whenever the AFC Championship game is over), then on Wednesdays at 8 p.m.  
Nine teams of two people attempt the nearly impossible task of disappearing and evading capture for 28 days in a 100,000 square mile region in the southeastern United States. They will be tracked by highly skilled law enforcement experts who combine traditional tactics with state-of-the-art methods. If they succeed, each of the nine pairs wins a grand prize of \$250,000.

C. RIVERDALE: Premieres on Thursday, Jan. 26, at 9 p.m. on The CW  
I was a fan of ARCHIE comic books as a kid. This show is a subversive take on Archie and his friends, exploring small town life, the darkness and weirdness bubbling beneath Riverdale's wholesome facade.

D. DEBBIE REYNOLDS MARATHON: Begins at 6 a.m. on Friday, Jan. 27, on TCM  
You'll get to see 24 hours of Raynolds' top films, including SINGIN' IN THE RAIN, THE UNSINKABLE MOLLY BROWN, IT STARTED WITH A KISS and BUNDLE OF JOY.

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**6. Joke 2**

Now I know why I am "all alone with my memory" and can't sleep ... guess it is because I am also humming the song where that line comes from ... [Listen Here](#). (Thanks, Carol Steufert, for sharing.)



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**7. Clips/Websites**

A. Check out these clips at your convenience:

(1) Roberta Gurwood ... Spain's Got Talent (make sure you see it through at least 1:40)  
[Here](#)

(2) Tasha Pepe ... Broadway Riff-Off w/ Neil Patrick Harris  
[Here](#)

(3) Gil Calderwood ... Bar in London where all the staff are dogs  
[Here](#)

Note: For more information on the above, also see this article:  
[Here](#)

(4) Daniel Barber ... Kristin DeVitt: "You Are Not Alone"  
[Here](#)

(5) Nathan For You - The Ghost Realtor  
[Here](#)

B. Smartphone users get their feature messages corrected via auto correct and most of the time, it works. But this site features classic examples of when it doesn't. To view it, please click: [Here](#)

I got a kick out of this one:  
Guess what I'm being for Halloween  
A prostate  
Linda Imbs' prostate  
Yeah that shouldn't have a costume for that haha

C. BLAINESWORLD, the website, remains up and running ... to view it, please click: [Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#)

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**8. Technology tip**

Hooked on Our Smartphones  
by Jane E. Brody

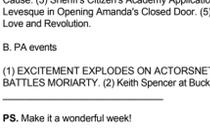
The many men, women and children who spend their days glued to their smartphones and social media accounts might learn something from Lin-Manuel Miranda, creator of the groundbreaking megahit "Hamilton." Asked in an interview with Delta Sky magazine when and where he finds time to be creative, Mr. Miranda, an avid reader of books and enthusiast for unfettered downtime, replied: "The good idea comes in the moment of rest. It comes in the shower. It comes when you're doodling or playing trains with your son. "Hamilton" forced me to double down on being awake to the inspirations of just living my life."

For the rest of the informative column, along with some useful tips on how to curb one's digital dependence, please click: [Here](#)

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**9. Joke 3**

My kind of advice! (Thanks, Susanne Steele, for sharing.)



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**10. A quote I like**

If you're like me and you celebrate all holidays (more food, fun and friends that way), HAPPY MARTIN LUTHER KING DAY! ... But please at least spend some little time remembering the life of this great American who was a leader in the Civil Rights Movement. ... There are many memorable quotes attributed to him. This is one of my favorites:



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**11. Thought for the day**

Lady says margaritas and clears \$1,250 a day. This is my next career? ... people! ... This has me writing a note to myself: "Self, consider this for the job's next career? ... I'm just not sure it would get the same results. (Thanks, Kathy Evers, for sharing.)



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**12. Advance planning department**

To read about each of the following events in full, please click:

[Here](#)

A. NC events

(1) RANDY ROBINS-A Very Funny Guy at The Hop. (2) Robins also at Comedy for a Cause. (3) Sheriff's Citizen's Academy Application process now open. (4) Amanda Levesque in Opening Amanda's Closed Door. (5) Ash Devine and Friends: Songs of Love and Revolution.

B. PA events

(1) EXCITEMENT EXPLODES ON ACTORSNET STAGE - SHERLOCK HOLMES BATTLES MORGAN! (2) Keith Spencer at Bucks County Community College.

PS. Make it a wonderful week!

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