BLAINESWORLD

You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not toooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows. movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: Here.

#1326
2.14.2022

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1. Reflections

A Cynthia, my beautiful bride, and I are lucky to have one of our favorite restaurants right around the corner from us: the Local Joint. The food there is always delicious, and the service is friendly. We have never had a bad meal there!

B. THE SHORTHAND JOB, written by Jamie Knox and George Awad, will help you decide if bringing in a third person can help fix a struggling marriage. ... It will also help provide you with some much-needed laughter, as well as the chance to reflect on relationships you've had. ... Knox and Award also star in the play that's now at The Magnetic Theatre, along with Delina Hensley and Christine Caldemeyer, and their performances are all terrific. And the direction from Katie Jones is spot on. ... You only have two chances left to get tickets, tonight and Sunday afternoon, but do so quickly because only a few remain. Click here to make your purchase: Here.

C. Catch this week's BLAINESWORLD show by clicking: Here. ... Guests: (first half) Michael Kotzen, artist/dj/producer, Metro Rock; and (second half) Nick Honerkamp, church development director, ABCCM (Asheville Buncombe Community Christian Ministry).

D. There were two special Facebook Live editions of the BLAINESWORLD show this week. The first can be viewed by clicking: Here. ... Guests: Kristen Hedberg, director, and Suzanne Tinsley, actor, discussing ANNE OF GREEN GABLES at HART that will run at HART from Feb. 18-27.

E. The second can be viewed by clicking: Here. ... Guests: Barrie Barton, Lyndon Harris and Ginger Huebner, discussing the upcoming TedXAsheville event on Feb 27.

F. Congratulations to:

(1) Julian Greenfield on pitching his first no-hitter.

(2) Carol Duermit, mortgage broker extraordinaire, on her new position with Movement Mortgage.

Note: Carol is the absolute BEST person to see if you ever need a mortgage. She can be reached at: Carol.duermit@movement.com; phone: 828.329.7555.

(3) Brent Russell on being named a 2021 top performing agent at Beverly-Hanks.

G. Condolences to Lyle Rickards and family on the passing of Wayne (Corky) Rickards, Lyle's brother.

H. Announcing this week's ...

******* BLAINESWORLD BEST AWARD *******

It goes to the Atomic Beam Lantern, a product that is better than any flashlight you'll ever buy.

To quote from the Amazon description:
* The camping lantern that shines 360-degrees of bright LED light
* Hang your atomic lantern from handles, magnetic base, or hook for hands-free torch light
* Collapsible light has easy pull-n-push on/off system so you're not fumbling for buttons when you need an emergency light
* LED Lantern that's great for everyday emergencies, blackouts, camping, boating, and working on the car, making it the perfect tent light, storm light, and fishing light – easily stash this emergency lantern in your disaster kit.

We keep several around our home and strongly recommend that you do the same.

For more information and/or to purchase this item, click: Here.

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2. Invites

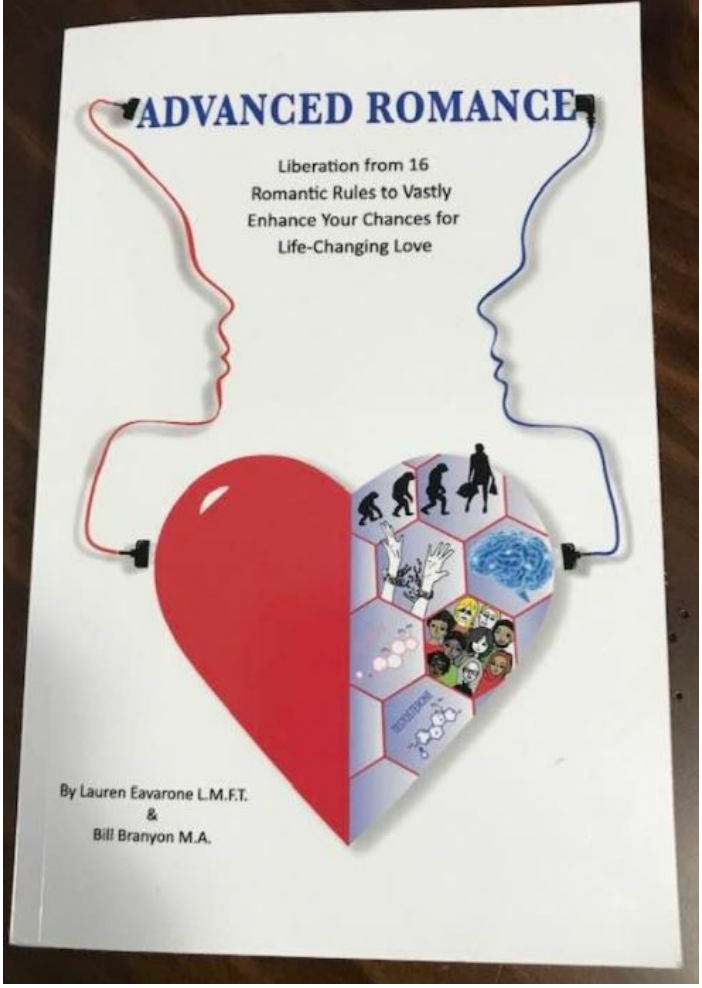
A. There's still time to enter ...

******* CONTEST 4 *******

One lucky reader will win a copy of ADVANCED ROMANCE: LIBERATION FROM 16 ROMANTIC RULES TO VASTLY ENHANCE YOUR CHANGES FOR LIFE-CHANGING LOVE by my friend Bill Branyon and Lauren Eavarone.

To quote one Amazon reviewer:
With much wisdom, stunning insight, and plenty of wordplay, Bill Branyon and Lauren Eavarone give us a cutting-edge guidebook on contemporary friending, flirting, dating and loving. Having survived one marriage and four live-ins, having long written for The New Yorker and The New York Times (where I art directed for 30 years and about which I've authored a book), I thought I knew everything; yet I learned a lot (and had a terrific time) while reading Advanced Romance.

To enter the contest, send an email to: bginbc@aol.com and put CONTEST 4 in the subject line. In the body of your email, include both your name and mailing address. All entries must be received on or before 9 p.m. on Monday, Feb. 21.



B. PLEASE HOLD THIS DATE ....

On Saturday, Feb. 26, I will be presenting a virtual Marketing seminar for Asheville SCORE.

Description:
Marketing for the 21st Century small business is more dynamic and challenging than ever. Discover how to effectively and efficiently use marketing tools. Gain insights to understand and reach your customer, analyze your industry and business environment and differentiate between branding, advertising and grassroots marketing techniques.

You'll also learn to better market yourself--a skill especially useful for actors and musicians.

It begins at 10 a.m. and is free, but you must pre-register. The link to do so can be found: Here.

Note: One lucky seminar attendee will be guaranteed a chance to win $500 just for participating in the above. Get that opportunity by joining me!

C. Want to be a guest on my radio/Facebook Live show? If you have news you'd like to share and/or a story to tell, send an email to: bginbc@aol.com and put GUEST in the subject line. In the body of the email, include both your name and phone number.

For more information about the show, click: Here.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evenings.

D. Are you interested in shows, concerts, movies, TV, etc.? ... If so, I encourage you to join a new group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: Here.

E. Come join Cynthia for the two courses she'll be teaching for Arms Around ASD this week via Zoom: Meditation on Monday and Move Your Body on Wednesday. To attend these and/or any of the other courses, scroll down to Calendar when you click: Here.

Note: For other invites, see Sect.13 (at the bottom of this issue).

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3. FYI

For Valentine's Day, Try Being Nice to Yourself
by Tara Parker-Pope

Valentine's Day prompts many of us to send messages of love to the special people in our lives. But I'd like to propose a new tradition. Why not use this day to start being kinder to ourselves?

Being nice to yourself, particularly during a personal setback or a stressful experience, is known among psychologists as self-compassion. It's a simple concept — treat yourself as kindly as you would treat a friend who needs support — but it's one that most people find exceedingly difficult to adopt.

For the rest of this informative article, click: Here**.**

FYI, part 2

To read the following articles, please click: Here.

A. The Importance of a Second Chance. B. From Olivia Rodrigo to Dua Lipa, Artists Swear They're Still Rhyming. Here's What We're Finding. C. Going on a first date? Consider asking these questions. D. Wharton Professor Promoted Love in the Workplace. E. E. How to Revamp Your Workplace Without Buying Anything 'New.' F. They Took a Chance on Collaborative Living. They Lost Everything.

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4. Joke 1

Best answer of the day! ... PS. If you're like me, and you celebrate all holidays because there's more food, fun and friends that way, my hope is that you made it a HAPPY VALENTINE'S DAY!!

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5. Reviews

A. Cynthia and I enjoyed PATRICK, a 2019 comedy about a teacher's life who gets turned upside down when she inherits her grandmother's cute but mischievous pug. The plot is somewhat predictable, but nevertheless, we found the film both sweet and watchable. Not rated, but certainly appropriate for children. Available on Netflix.

B. We saw DOG, a buddy comedy about two former Army Rangers paired against their will on the road trip of a lifetime, in a local movie theater. It just wasn't all that funny, though Channing Tatum and Lulu (played three different Belgian Malinois dogs) did have their moments. We did like the upbeat ending. Rated PG-13

C. Do you suffer from chronic pain? Or do you know somebody who does? If so, I urge you to get BACK IN CONTROL: A SURGEON'S ROADMAP OUT OF CHRONIC PAIN (Vertus Press) by David Hanscom, MD.

Hanscom's methods evolved from his own intense 15-year experience suffering from chronic pain. As a result of this, he intentionally lost much of his surgical practice, so that he could help his patients get better via other means.

In this book, he presents well-documented treatments that today’s medical establishment has largely ignored. By using a multi-pronged approach to calm and re-route your nervous system, he shows you how to minimize and/or eliminate your pain.

I especially liked his thought-provoking appendix that gets you thinking about the answer to this question: "Do you really need surgery?" As he notes: "It's much better ... to develop your own resources for recovery instead of looking to surgery as the only answer."

I also thought his advice on medication management was spot on: The key ... is to never view the meds as the definitive solution to your pain, but as an adjunct to systematically addressing all variables that affect your pain. The ultimate goal ...is to become pain-free without medications and few physical limitations."

Give this book a try if you're willing to be open to the author's valuable ideas.

Note: While I enjoyed the above, my favorite book on the subject (dealing with chronic pain) is HEALING BACK PAIN by John Sarno. It helped change my life, several years ago when I was experiencing serious pain, and I have since recommended it to several other folks. And they have told me that it helped them, too.

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6. TV alert

A. LOL: LAST ONE LAUGHING CANADIAN: Now on Prime Video
Comedians try to make others laugh while staying stoic themselves. This reminds me of an old TV series, MAKE ME LAUGH, which was hosted by Bobby Van during 1979-80. It featured l then-unknown comedians who went on to greater fame, including Tom Hanks, Peter Scolari, Garry Shandling, Bob Saget, Howie Mandel, Richard Belzer, Gallagher, Yakov Smirnoff, Tom Dreesen, Kip Addotta, and Bill Kirchenbauer. I was disappointed that it was not on longer.

B. PATSY & LORETTA: Now on Netflix
The real-life friendship between country music icons Patsy Cline and Loretta Long comes to life in this 2019 biopic.

C. CADDYSHACK: Now on Netflix
Rodney Dangerfield gets no respect at a snoopy country club while Bill Murray battles a gopher in this golf comedy classic.

D. AMERICA'S GOT TALENT: EXTREME: Season premiere on Monday, Feb. 21, at 8 p.m. on NBC
This spinoff features acts like a guy who rides a bicycle across a flaming high wire to compete for $500,000.

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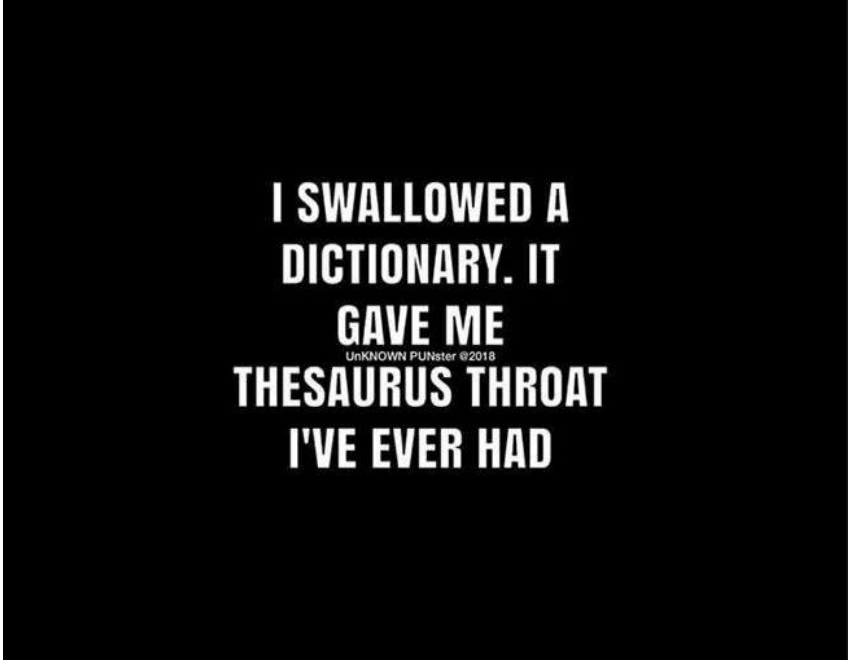
7. Joke 2

This got me so angry that I had no words to express how I was feeling! (Thanks, Kathy Byers, for sharing.)



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8. Clips/Websites

A. The Turtles are arguably the greatest rock group of all time!

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: bginbc@aol.com and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please view this version from Buck Wild: Here.

B. Video of the week

Thanks, David Troy Francis, for sharing this clip:
When A Street Singer Meets The Real Deal ... This made my morning!

This man was singing in the street when by chance, the main singer in the ongoing play The Phantom of the Opera happened by and --- joined in.

See the awe and amazement of the street singer as she sang along with him. This will warm your heart. Great joy in the street singer's 'body language'!!!

Suggest Full Screen and Sound On.

Enjoy: Here.

C. And also check out these other clips at your convenience:
A. "He's the Man," one of my all-time favorites: Here.

B. Howard Smith: Sunday hymns (2.20.2022): Here.

C. Neil Ratner Rock Doc: Strawberry Fields Forever: Here.

Note: It might well have been John Lennon's finest song ever. The video is also soooo cool. To see it for yourself, click: Here.

D. Katie Kasben: Honey Music Collective: Here.

E. Jennifer Worthen: Pre snow karaoke!: Here.

Note: Also check out Jennifer's YouTube channel: Here.

F. Susan Mann: The Spencer Davis Group's "Keep On Running": Here.

G. Jonathan Berg: The Ronettes perform "Be My Baby" at the 2007 Rock & Roll Hall of Fame Induction Ceremony: Here.

D. Here's a website that you might want to check out:

Shop smarter, not harder when you take a peek at Retail Me Not for all the latest discounts and deals are you favorite online stores: Here.

Of particular value: There's a listing of many places where you can get cash back deals through Feb. 21.

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: Here.
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F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: Here.

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9. Technology tip

You ever find yourself with hundreds if not thousands of emails in your inbox? I do, in that I just don't like processing them every day. ... So maybe once a month, I just delete all the emails that I received before a certain date. ... I figure that if I haven't acted on them by the time I review them, I can probably do without them.

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10. Joke 3

Who needs swimming pools when you live in Asheville? (Thanks, Ed Nasta, for sharing.)

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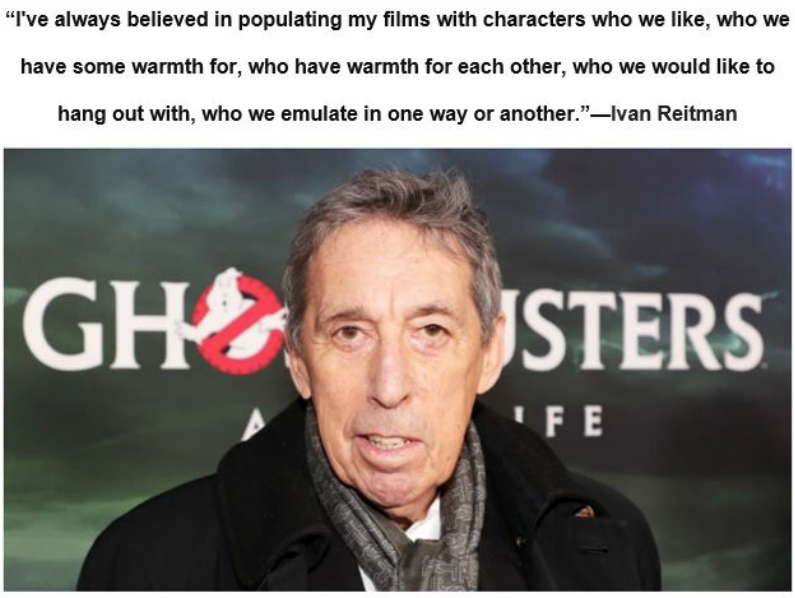
11. A quote I like

Thanks, Ivan Reitman ((1946-2022), for your career as a Canadian film and television director, producer and screenwriter. ... I liked many of the films you directed, including MEATBALLS, STRIPES, GHOSTBUSTERS, TWINS, KINDERGARTEN, COPS and most of all, DAVE. ... For more information about his life, click: Here.



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12. Thought for the day

Some much-needed clarification ...

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13. Advance planning department

For more information about the following events, please click: Here.

A. Amanda Levesque: Disableism. B. Victoria Lamberth: Buncombe Turnpike at Hendersonville Theatre. B. Jeff Catanese: Open auditions for AS YOU LIKE IT. D. Julie Wharton: Open Workshop for Writers and Performers.

PS. Make it a great week!