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B

BLAINESWORLD

You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not toooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows, movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: [Here](#).

#1485
2.24.2025

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1. Reflections

A. Cynthia, my beautiful bride, and I have needed some cheering-up after my recent visit to the Novant health facility on German Ave.

(1) we liked it that they took me right on time, and they were friendly.

(2) But we would have preferred a different diagnosis; i.e, other than the one i received: a fracture of my left pinkie (sustained after I fel lover some exercise equipment last week).

(3) so to take our mind off things, we went for tasty pizza at Strada Italiano. Cynthia said her Caesar salad was as good as she has ever had. We also enjoyed the service we received from Tharis.





B. Success! ... I made it through the surgical repair of my left pinkie. Everything went smoothly. And I was very impressed with all those at Carolina Hand & Sports Medicine, especially Dr. Starnes who saw me on Monday and got me seen that very same day by Dr. Starr who then operated on me the next morning.



C. That's Kismet, our amazing cat, limbering up for his new job. I have asked him to type for me until my fractured pinkie gets healed. So if you see any typos for the next 4-6 weeks, please be understanding since he is still learning the keyboard.



D. Kudos to Cynthia for coming up with this way for me to carry stuff up the stairs. She gave me this pouch that had originally been purchased so that she could carry Kismet close to her. (He decided that he preferred to exercise instead.)

Note: I'm carrying a ream of HP copying paper that I purchased at Amazon for the incredibly low price of 1 cent/page. If you want to get some for yourself, click:

https://www.amazon.com/dp/B00UFX19H0?ref=ppx_yo2ov_dt_b_fed_asin_title&th=1.



E. I hosted one BLAINESWORLD WEBCAST this past week. It featured Melanie Mitchell Robinson, Amanda Pate Kollar and Shirley Pace. They discussed Wildflower House, a grass-roots, housing initiative birthed out of a deep desire to give shelter to unhoused women in Asheville, NC.

To view or listen to it, click:

<https://www.blaineworld.net/>.



F. Condolences to Brian Biro and family on the passing of Brian's father.

G. Congratulations to Cyd Dawson on having earned her 4th Dan (4th degree Black Belt) in Taekwondo

H. Announcing this week's ...

***** **BLAINESWORLD BEST AWARD** *****

This week, it goes to Jensen Gelfond--founder of Asheville Digital Lifestyle.

He has been my tech guru ever since he started his business some 12 years ago.

Jensen is both friendly and oh-so helpful. He rocks

Among the services he has helped me with:

- Personal Technology Support
- Personal Cybersecurity Training
- Mac & Windows & Tutorials
- Computer Repair
- Printer Setup & Troubleshooting
- iPhone & iPad Setup
- Android & Samsung Setup
- Smartphone Tutorials
- Windows PC Setup & Tune-up
- Smart TV Support
- Purchase of Equipment

Just recently, he has helped Cynthia sync her hearing aids to her computer, and he has helped me use voice typing to compensate for the fact that I'm now typing with pretty much one hand.

For more information, click:

<https://www.ashevilledigitallifestyle.com/about.html>.



2. Invites

A. Last chance to enter

***** **CONTEST #2** *****

One lucky reader will win an autographed copy of Hypnotize Yourself For a Powerful Mindset of Health, Happiness, and Success by my friend Dr. Andy Scarpati ("The Happy Hypnotist").

To quote from one Amazon reviewer:

"A beautiful, practical, insightful book with easy steps to put ourselves in a positive frame of mind. Controlling our thoughts before our thoughts control us. The meditation and breath chapter really helped my anxiety! Thank you D. Scarpati!"

To enter the contest, send an email to: bginbc@aol.com and put CONTEST #2 in the subject line. Include in the body of the email your name and mailing address, so that if you win, I can send you a copy of this book. Entries must be received on or before deadline of 9 p.m. on Monday, Feb. 24, 2025.

B. Want to be a guest on my BLAINESWORLD webcast? It can now be seen on YouTube or you can listen to it on your favorite podcast player.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evening.

If you want to join me, let me know. And for more information about the webcast, click: <https://www.blaineworld.net/>.

C. I'm back on Facebook after having been hacked. If we are not currently friends there (or if we lost contact because of the hack), please friend me by looking up: Blaine Greenfield. You'll see a picture of me in a blue shirt with, naturally, my thumb up. This is my Facebook ID: <https://www.facebook.com/profile.php?id=100092574177872>.

D. Are you interested in shows, movies, TV, etc.? ... If so, I encourage you to join a group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: <https://www.facebook.com/groups/245515070390413>.

E. Come join Cynthia for the course she'll be teaching for Arms Around ASD this week: Move Your Body on Wednesday via Zoom or in person.

To attend this course and/or any other that is being offered, scroll down to Calendar when you click: <https://www.armsaroundasd.org/>.

3. FYI

A. Want a better social life? Try these easy habits. <https://www.vox.com/even-better/399690/social-biome-connection-habits-small-talk-friendship-quality-conversation>

B. 'Micro-Habits' That Can Help You Live A Happier, Healthier Life https://www.huffpost.com/entry/micro-habits-benefits_l_67aa0d0ce4b0ade4a9a34ed5?ncid=APPLENEWS00001

c. These jobs will disappear fastest by 2030 as AI rises, according to the World Economic Forum <https://www.fastcompany.com/91256947/jobs-most-at-risk-fastest-growing-declining-by-2030-ai-wef-world-economic-forum>

D. 8 signs you're an ambivert—they're 'underrated' and 'more successful' than introverts or extroverts: Psychology expert <https://www.cNBC.com/2025/02/21/psychology-expert-signs-youre-an-ambivert-why-theyre-more-successful-than-introverts-and-extroverts.html>

E. 3 Nuts with More Protein Than an Egg, Recommended by a Dietitian <https://www.eatingwell.com/nuts-with-more-protein-than-an-egg-8667336>

4. Joke 1

Mental pabulum ...

FOR ALL, WHO MAY BE HAVING
A BAD DAY

A BAD DAY..



It Can Always Be Worse.

5. Reviews

A. *The Unbreakable Boy* is a heartfelt drama that tells the true story of Austin LeRette, a young boy who, despite living with both autism and a rare brittle bone disease, radiates an infectious joy and optimism that profoundly impacts those around him. Zachary Levi delivers a compelling performance as Scott, Austin's father, who grapples with personal challenges while striving to connect with his extraordinary son, and Jacob Laval was outstanding as his son. Directed by Jon Gunn, the film balances moments of genuine warmth and humor with the complexities of navigating life's hardships, offering an inspiring narrative about resilience, family bonds and the transformative power of an indomitable spirit. We saw it at The Carolina Asheville and liked it. Rated PG.

B. *Miss Juneteenth* is a heartfelt and beautifully crafted film that tells the story of a former beauty queen, Turquoise, who hopes to see her daughter follow in her footsteps by competing in the Miss Juneteenth pageant. Nicole Beharie delivers a standout performance, portraying a mother's struggles, sacrifices and unbreakable love with incredible depth and authenticity. Alexis Chikaeze is equally excellent as her daughter. The film's quiet, naturalistic storytelling and rich cultural backdrop make it a compelling watch, highlighting themes of resilience, generational dreams and Black identity. While the pacing is subtle, its emotional impact lingers, making it a touching and thought-provoking film. We saw it on Netflix and recommend it. Rated age 14+ by Common Sense Media.

6. TV alert

A. *Cobra Kai*: Netflix

Season 6, part 3 has just been released. If you're a fan of this action-packed dramedy, you won't be disappointed, I will miss this series.

B, *Zero Day*, Season 1: Netflix

Robert De Niro makes his small-screen series debut in this limited-series political thriller that follows a highly respected former US president (De Niro) as he heads up an investigation into a terrifying nationwide cyberattack that led to complete chaos and thousands of American fatalities. The cast includes Angela Bassett, Joan Allen, Bill Camp and Matthew Modine.

C. AARP Movies for Grownups Awards 2025: Feb. 23 at 7 p.m. ET on PBS Great Performances

This show, hosted by Alan Cumming, honors the year's greatest films and TV shows made by and for people over 50.

D *Suits LA*: Sundays at 9 p.m. on NBC

In a *Suits* spinoff series, Stephen Amell plays a Manhattan prosecutor who reinvents himself as a Hollywood entertainment lawyer. I look forward to seeing Gabriel Macht guest star as his *Suits* character Harvey Specter

E. *The Americas*: Feb. 23 at 7 p.m. on NBC

Tom Hanks narrates this nature docuseries shot over five years from the tip of North America to the Antarctic.

7. Joke 2

Reminds me of how I raised money in 1962: delivering newspapers and caddying.



8. Clips/Sites

A. The Turtles are arguably the greatest rock group of all time!

(1) Their recording of "Happy Together" proves it

(2) As you may know, I welcome clips of them and/or others singing this classic song. For example, this week, you can see Pomplamoose singing it by clicking:

<https://www.youtube.com/watch?v=JFMxDBsUtxE>.

Note: Feel free to submit your choices for greatest recording artists, music, etc. I'll try to run what you send me in in section 8C (below).

B. Video of the week

Methinks more folks would watch safety videos if they were as well done as this one!

British Airways | Safety Video 2024 | May We Haveth One's Attention

<https://www.youtube.com/watch?v=ssVe0FaBhUU&list=TLGGkVRG8jMbFzEwNDA4MjAyNA>

(Thanks, Jonathan Berg, for sharing.)

C. And also check out these other clips at your convenience:

(1) Thurston Harris - Little Bitty Pretty One, one of my favorites;

https://www.youtube.com/watch?v=B8j4mn4eF-c&list=PLDoNWpWHi2nIZ4qPu-GLuuK_3yms09OSz&index=19

(2) Howard Smith Jr.: Hymns (2.23.2025):

<https://www.facebook.com/hs.smith.73/videos/1383890332768517>

(3) Neil Ratner Rock Doc: Ray Charles:

<https://www.facebook.com/neilratnerrockdoc/videos/1423787482331771>

(4) Thanks, Neil, for having me revisit "What I'd Say." You can do likewise by clicking;

<https://www.youtube.com/watch?v=vzkLs7ymZqU>.

(5) Algorithmics: Feb 2024 -- Time Warp!

<https://www.youtube.com/watch?v=JxTx2Q6WFFc>

Note: That's my friend Chuck Schwing (above) on keyboard. He has created a cool new Facebook group, World Wide Jukebox.

This group is for musicians to post live performances and for others to enjoy -- they can be covers or originals. Genre is unimportant - if it's your passion, show it! Be respectful of the work of others. Abusive comments will get you the boot.

To become a member, click:

<https://www.facebook.com/groups/worldwidejukebox>.

(6) Rock Eblen: Peace Sign:
https://www.youtube.com/watch?v=qr0Q_IkNA0U

D. Here's a website that you might want to check out:

GeoGuessr drops you into a random location in the world via Google Street View and challenges you to guess where you are.

It's a fun, weird, and addictive game that can take you from the deserts of Africa to the streets of small towns in Europe. The randomness and the challenge of pinpointing your location based on your surroundings alone make it a fascinating exploration of the world's diversity.

To play, click:
<https://www.geoguessr.com/>.

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click:
<https://www.blaineworld.net/>.

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking:
<https://www.facebook.com/profile.php?id=100092574177872>.

9. Technology tip

If you're searching for something in Google but getting bogged down with irrelevant results, consider wrapping your query in quotes. Google will only show results that exactly match whatever you have written in quotes. This makes it much easier to find what you're looking for and eliminates extraneous search results.

For example, I tried this with my name. And without using the quotes, I got results for Greenfield, Oklahoma; 830 Blaine St, Greenfield, OH 45123; etc.

But when I included the quotes, all those extraneous results did not appear.

10. Joke 3

An elderly woman decided to prepare her will and told her preacher she had two final requests. First, she wanted to be cremated and second, she wanted her ashes scattered over Walmart. ... The preacher exclaimed, "Why Walmart?" ... "Then I'll be sure my daughters visit me twice a week."



11. Two quotes I like

A. Thanks, Jerry Butler (1939-2025), for your career as an American soul singer-songwriter, producer, musician and politician. Butler was the original lead singer of the R&B vocal group the Impressions, inducted into the Rock and Roll Hall of Fame in 1991, and he was inducted into the National Rhythm & Blues Hall of Fame in 2015. For more information about his life, click:

<https://nypost.com/2025/02/21/entertainment/jerry-ice-man-butler-soul-singer-of-only-the-strong-survive-dies-at-85/>.

"We were trying to find a new sound. We didn't want to be doo-wop. We wanted to have a different and lasting impression."—Jerry Butler



B. Thanks, Donald Shoup (1938-2025), for your career as an American engineer and professor in urban planning. His 2005 book *The High Cost of Free Parking* identifies the negative repercussions of off-street parking requirements. For more information about his life, click:

<https://dailybruin.com/2025/02/19/distinguished-professor-emeritus-renowned-urban-planner-donald-shoup-dies-at-86>.

"Many of us were probably even conceived in a parked car."—Donald Shoup (scholar who took a dry subject— parking—and made it into an entertaining one)

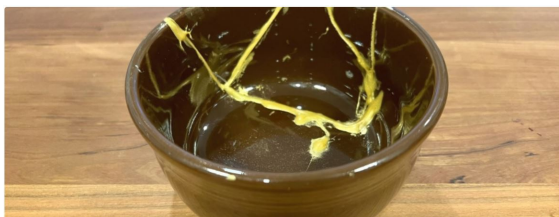


12. Thought for the day

My friend David Carr recently posted an insightful blog entry on his Facebook page. It began as follows:

Has Diversity, Equity, and Inclusion died? Here is what I know for sure: We are imperfect, flawed, and "cracked." The ancient Japanese art of kintsugi (joining with gold) acknowledges and embraces the imperfection of missteps in life. It is a philosophy of embracing human flaws. DEI is a form of kintsugi. It exposes the human frailty of life. DEI asks us to accept our scars and imperfections, a powerful lesson in humanity and sustainability.

To read the whole thing, and I encourage you to do so, please click:
<https://www.carrpediem.com/the-death-of-diversity-equity-and-inclusion-dei/>.



PS. Make it a great week!

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