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1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bjnbc@aol.com and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Had this to say about a recent show we saw: You're in for a treat if you get to see CHURCH BASEMENT LADIES, the musical comedy that kicks off SART's 2020 season. William Tyler Ezzell, Delina Hensley, Kaleigh Jackson, Tabitha Judy and Kathleen Watson all shine in their performances, and kudos to both director Samantha LeBrocq and music director Misty Theisen for their work in making this show the success that it is. ... Performances run through March 15 (with an extra one on Sunday night, March 8). For tickets, please click: [Here](#).



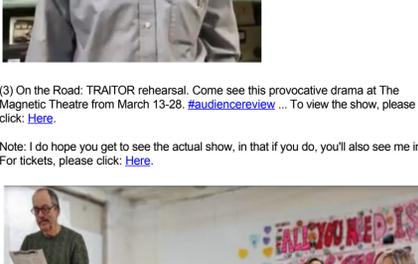
(2) Enjoyed our dinner at Angelo's where we received friendly service from Tula.



B. My BLAINESWORLD show on WPVM is keeping me busy. This past week, I actually did my regular show on Wednesday and then two On the Road shows.

Note: Special thanks to Grail Moviehouse for sponsoring the above. To find out what's currently playing, please click: [Here](#).

(1) Show: 3.14.2020: Guests: (first half) Joe Calderwood, author; Charlie Wilson, actor; and Haven Volpe, audio-visual performer; and (second half) Gene Smith, writer's coach. To view it, please click: [Here](#).

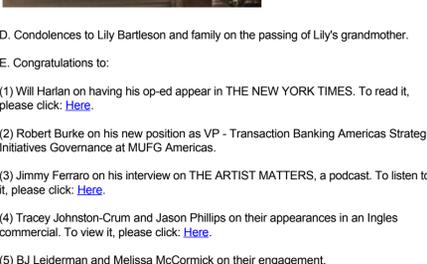


(2) On the Road: 3.3.2020: Taped at Asheville Radio Museum. Guest: Stuart Smolkin, museum curator. ... To view the show, please click: [Here](#).

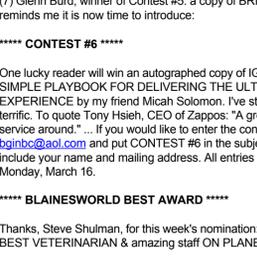


(3) On the Road: TRAITOR rehearsals. Come see this provocative drama at The Magnetic Theatre from March 13-28. [#audienceview](#) ... To view the show, please click: [Here](#).

Note: I do hope you get to see the actual show, in that if you do, you'll also see me in it. For tickets, please click: [Here](#).



C. Lovey, our amazing cat, got to enjoy some sun in the patio put together by Thomsen Guth, our friend and handyman extraordinaire. If you'd like him to do work for you, he can be reached at 803.804.6038.



D. Condolences to Lily Bartleson and family on the passing of Lily's grandmother.

E. Congratulations to:

(1) Will Harlan on having his op-ed appear in THE NEW YORK TIMES. To read it, please click: [Here](#).

(2) Robert Burke on his new position as VP - Transaction Banking Americas Strategic Initiatives Governance at MUFG Americas.

(3) Jimmy Ferraro on his interview on THE ARTIST MATTERS, a podcast. To listen to it, please click: [Here](#).

(4) Tracey Johnston-Crum and Jason Phillips on their appearances in an Ingles commercial. To view it, please click: [Here](#).

(5) BJ Leiderman and Melissa McCormick on their engagement.

(6) Arlene Higgins and family on the birth of Dutch Jade Sullivan, their newest grandson.

Robin Morris and family on the birth of Brandon. Aaron Wesley Means on receiving a Top Trainer Award from Constant Contact.

(7) Glenn Burd, winner of Contest #5: a copy of BRIDA by Paulo Coelho. And that reminds me it is now time to introduce:

***** CONTEST #6 *****

One lucky reader will win an autographed copy of IGNORE YOUR CUSTOMER: THE SIMPLE PLAYBOOK FOR DELIVERING THE ULTIMATE CUSTOMER SERVICE EXPERIENCE by my friend Micah Solomon. I've started reading this book, and it is terrific. To quote Tony Hsieh, CEO of Zappos: "A great guide to turning your customer service around." ... If you would like to enter the contest, send an email to: bjnbc@aol.com and put CONTEST #6 in the subject line. In the body of the email, include your name and mailing address. All entries must be received by 9 p.m. on Monday, March 16.

***** BLAINESWORLD BEST AWARD *****

Thanks, Steve Shulman, for this week's nomination: BEST VETERINARIAN & amazing staff ON PLANET EARTH

Last Monday at 6 p.m., Sophie my 6-yr. old Australian Kelpie went from being a perfectly healthy 6+ years to limp, lethargic, unable to walk, move, or lift her head in less than 60 seconds.

Rushing her to my vet, Dr. Spencer Goldstein at Biscayne Animal Hospital in North Miami, the staff comes running out to the lobby and brings Sophie into the exam room. Another minute passes, she stops breathing and DIES!

Like a scene out of a movie, Goldstein and 5-8 staff members immediately jump into action rushing her to E.R., begin life-saving CPR, and other therapies to resuscitate her, inserting IV catheters to drain fluid building up on her pericardial sac stopping her heart from expanding and contracting resulting in suffocation and immediate cardiac arrest.

With a relentless passion to save lives, Goldstein and staff stopped Sophie from crossing over to the rainbow bridge, got her heart beating, and vital signs slowly returned.

Once she was stable, x rays were taken, showed a huge mass on her heart needing immediate attention from a cardiologist and oncologist. Rushed her to Leader animal specialty hospital to get the diagnosis: PERICARDIAL Effusion and Hemangiosarcoma Aggressive Blood Vessel Cancer... Who knew? no symptoms, warnings, nothing.

One week later, thanks to Goldstein and staff, she's alive, happy, healthy, started chemo treatment...All is great...one day at a time.

A billion thanks to DR Goldstein and his self-acting and caring staff for saving my doggie's life. NOBODY DOES IT BETTER.

SPENCER GOLDSTEIN DVM ROCKS!!!!!!

Note: For more information about Dr. Goldstein and/or the Biscayne Animal Hospital, please click: [Here](#).

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2. FYI

John Oliver recently showed news anchors wondering whether someone could contract the coronavirus from ingesting Chinese food. ... He exclaimed, "Of course you can't get the coronavirus from eating Chinese food! In fact, if you're eating at a Panda Express, you can't even get Chinese food from eating Chinese food." ... He then went on to offer serious tips about what people can do to protect themselves: 1. Don't be racist about who is becoming affected by the virus. 2. Don't hoard all the face masks because other people need them too. 3. Check out the CDC website for all the information on the coronavirus. 4. Wash your hands for 20 seconds. ... To read more about what he had to say, as well as to view the full video, please click: [Here](#).



FYI, part 2

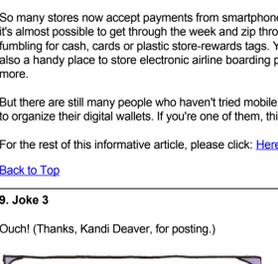
To read each of the following contributions in full, please click: [Here](#).

(1) David Wright: 10 Journalism Brands Where You Find Real Facts Rather Than Alternative Facts. (2) Want to live longer? Consider playing golf. (3) Will Redish: New 15' Adirondack Guide Boat for sale. (4) I'm Going to Die. I May as Well Be Cheerful About It. (5) How to Be Good.

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3. Joke 1

Other effects of Daylight Savings Time: 1. More car accidents. 2. Increased workplace injuries. 3. More heart attacks. 4. Longer cyberstalking. 5. Increased cluster headaches. ... Source: [Here](#).



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4. Reviews

A. Saw SEBERG, a film inspired by true events about the French movie star, Jean Seberg, who in the late 1960s was targeted by the FBI because of her support of the civil rights movement and romantic involvement with Hakim Jamal, among others. Kristen Stewart is outstanding in the lead role, yet overall, I wasn't overly impressed by SEBERG and don't recommend that you rush out to see it. Rated R.

B. Mike Martinelli: THE WAY BACK **1/2
Story of an ex high school basketball star who is an active alcoholic who is asked to come back to his former high school and coach the team. Ben Affleck gives a really good performance as the coach and former basketball star.

C. Heard PARTNERS: A ROGUE LAWYER SHORT STORY (Audible Audiobook), written by John Grisham and narrated by Mark Deakins. This is the standalone prequel to the authors' bestseller, ROGUE LAWYER, about how Sebastian Rudd finally finds someone who could be trusted to be his driver, bodyguard, law clerk and partner. ... I really enjoyed the first 4/5 of the book, but it fell apart completely at the end. Consequently, I don't recommend it even if you are like me, a big Grisham fan. You'd be much better off by just reading ROGUE LAWYER.

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5. TV alert

A. DEAR JOHN: Now on Netflix
A weeper based on the 2006 best seller by Nicholas Sparks has Channing Tatum and Amanda Seyfried as long distance lovers who exchange letters.

B. COUNCIL OF DADS: Series premiere on Tues., March 10, at 10 p.m. on NBC
After being diagnosed with cancer, a young father tells his wife he wants three of the most important men in his life to step in should she or their kids need help. It sounds heavy, but according to series star Sarah Wayne Callies, it "is not a show about grief, it's a show about living."

C. MODERN FAMILY: Wed., March 11, at 8 p.m. on ABC
This three-hour prime-time block of fan-favorite repeat episodes includes the sensational pilot episode.

D. AGATHA CHRISTIE'S THE PALE HORSE: Series premiere on Fri. March 13 on Amazon Prime
Rufus Sewell stars as a very successful antiques dealer in London in the 1960s who is falling apart at his impressively tailed seams.

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6. Joke 2

My wife told me I had to give up something for the 40 days of Lent, so I quit listening to her.



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7. Clips/Websites

A. Video of the week

My friend Chuck Schwing has recorded a few songs with Peter Tindall, his friend and cousin. You can enjoy them as much as I have by clicking: [Here](#).

B. And also check out these other clips at your convenience:

(1) Jacques Brel: Ne me quitte pas, one of my all-time favorites: [Here](#).

(2) Paul Marks: Amazing play with animals: [Here](#)

(3) Doug Snipes: One smart dog [Here](#).

(4) Helene Peyton: Little chef in the making: [Here](#).

C. I love what my friend Dawn Westmoreland has to say about her website: "I am here on a mission to increase civility and safety in the workplace. I have 100+ articles and podcasts supporting others who have the same mindset." To find out more, please click: [Here](#).

D. BLAINESWORLD, the website, remains up and running. ... to view it, please click: [Here](#).

E. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

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8. Technology tip

How to Get the Most Out of Your Digital Wallet
by J.D. Biersdorfer

So many stores now accept payments from smartphone apps that, in some places, it's almost possible to get through the week and zip through checkouts without fumbling for cash, cards or plastic store-rewards tags. Your phone's digital wallet is also a handy place to store electronic airline boarding passes, event tickets and more.

But there are still many people who haven't tried mobile payments, or don't know how to organize their digital wallets. If you're one of them, this guide is for you.

For the rest of this informative article, please click: [Here](#).

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9. Joke 3

Ouch! (Thanks, Kandi Deaver, for posting.)

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10. A quote I like

Thanks, James Lipton (1926-2020) for your many insightful interviews on INSIDE THE ACTORS STUDIO. For more information about his life, please click: [Here](#).

"The better you get, the less credit you'll get. Talking the better you are, the more it looks like walking and talking, and everybody thinks they can walk and talk."

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11. Thought for the day

Methinks this would be a great sign for all public bathrooms--and private ones, too. (Thanks, Karen Foley, for sharing.)

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12. Advance planning department

To read about each of the following events in full, please click: [Here](#).

A. NC events

(1) Katie Kasben: I'm singing March 14 at Alley Cat at 6 p.m. (2) Our VOICE: Amber Tamblyn, founder of the Time's Up Movement. (3) GREAT FALLS at 35below.

B. PA/NJ event

MRS WARREN'S PROFESSION at ActorsNET.

PS. Make it a wonderful week!

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