

**From:** Blainesworld blaine@blainesworld.net  
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# BLAINESWORLD

You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not toooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows, movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: [Here](#).

#1486  
3.3.2025

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## 1. Reflections

A. Cynthia, my beautiful bride, and I both agree that whether or not you like Shakespeare, you'll love I HATE HAMLET. It's a clever, funny and well-acted play that's running at Black Mountain Center for the Arts through March 2. Mars Mignon, Mark Woodard, Susana Hudson, Brandi Andrade, Pasquale LaCorte and Cat Rondeau all rock in their respective roles, and Mike Yow's direction is spot on. Kudos also to Karen Covington-Yow for her deft handling of both stage management and tech duties. For tickets, click: [Here](#).





B. After the show, we had the pleasure of joining Mike Yow and Karen Covington-Yow for a delicious dinner at Thai Basil in Black Mountain.



C. UPDATE ON MY FRACTURED FINGER ... Dr. Starr, my surgeon extraordinaire, removed the ace bandage that had been covering the pins (left) and put my hand in a a splint (right). ... He said it was healing well. ... The only bad news is that I can't drive for at least another 3-4 weeks. So-if you don't see me at many local shows and/or eateries during this period, you now know why,



D. Fortunately, we have great neighbors (and friends). When we couldn't get a heavy box into our car to take it to FedEx, Bobbie and Karen Allison came over and helped us out.

Note: FedEx then goofed and delivered it back to us. They told us to bring it back to be reshipped, but when we told them that would be impossible, they agreed to come back to pick it up.



E, I had a nice lunch at Mosaic Café with Michael Scharf.

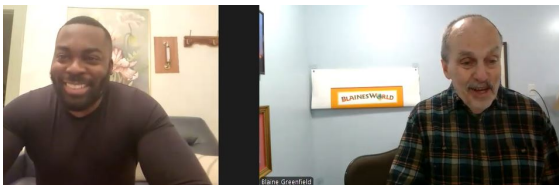


F. I hosted TWO BLAINESWOR:D webcasts this past week. You can catch them by clicking: [Here](#).

(1) 2.24.2025 - Guests: Karmen Milham, owner of Sew AVL Services, and Nugget



(2) 2.26.2025 - Caleb Owolabi – Documentary Filmmaker



G. Announcing this week's ...

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

It goes to Good Humor, makers of the Strawberry Shortcake bar.

I used to love this as a kid and was delighted to find out it was still available at my local Ingles.

It tastes even better than it looks on the box (below).

Each bar only has 160 calories, and it is quite filling.

And there are several other tasty flavors, including Chocolate Eclair and Cookies & Creme, among others.

For more information, click:

[Here](#).





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## 2. Invites

A. Announcing ...

\*\*\*\*\* CONTEST #3 \*\*\*\*\*

One lucky reader will win an autographed copy of IN THE SPIRIT OF THE RIVER: MAGICAL STORIES OF THE FRENCH BROAD RIVER by my friend Mirra Price and others.

To quote from the book's description:

Get ready to begin a thrilling adventure when you read In the Spirit of the River – a collection of five exciting stories for children between the ages of seven and twelve. These stories will take you on a delightful journey through the French Broad River of North Carolina.

With each story, you'll explore the River's specialness and deepen your understanding of it. You will start floating with Long Man River and his family--the creeks and streams—as they feed the French Broad River from the mountains to the ocean.

To enter the contest, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put CONTEST #3 in the subject line. Include in the body of the email your name and mailing address, so that if you win, I can send you a copy of this book. Entries must be received on or before deadline of 9 p.m. on Monday, March 24, , 2025.

Note: Lynda Shuler was the winner of Contest #2, an autographed copy HYPNOTIZE YOURSELF FOR A POWERFUL MINDSET OF HEALTH, HAPPINESS, AND SUCCESS by friend Dr. Andy Scarpati ("The Happy Hypnotist"). All told, there were seven entries.

B. Want to be a guest on my BLAINESWORLD webcast? It can now be seen on YouTube or you can listen to it on your favorite podcast player.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evening.

If you want to join me, let me know. And for more information about the webcast, click:

[Here.](#)

C. I'm back on Facebook after having been hacked. If we are not currently friends there (or if we lost contact because of the hack), please friend me by looking up: Blaine Greenfield. You'll see a picture of me in a blue shirt with, naturally, my thumb up. This is my Facebook ID:

[Here.](#)

D. Are you interested in shows, movies, TV, etc.? ... If so, I encourage you to join a group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click:

[Here.](#)

E. Come join Cynthia for the course she'll be teaching for Arms Around ASD this week: Move Your Body on Wednesday via Zoom on in person

wednesday via zoom or in person.

To attend this course and/or any other that is being offered, scroll down to Calendar when you click: [Here](#).

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### 3. FYI

A. This Is How Long You Need To Work Out To Actually Lower Your Dementia Risk:

[Here](#).

B. This is the worst flu season in 15 years. Here's why—and how to protect yourself.:

[Here](#).

C. 2-time CEO always asks this question in interviews: It shows if candidates 'just want to complain':

[Here](#).

D. To influence people, use 6 phrases, says leadership expert: 'Just a few words' can make a difference:

[Here](#).

E. These jobs will disappear fastest by 2030 as AI reshapes work:

[Here](#).

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### 4. Joke 1

Did you hear about the Buddhist who refused Novocain during a root-canal?

His goal: transcend dental medication.



### 5. Reviews

A. My Dead Friend Zoe is a thought-provoking and emotionally resonant film that blends dark comedy with heartfelt drama, exploring themes of grief, trauma and friendship. The story follows a veteran grappling with her past while being haunted—literally and figuratively—by the ghost of her best friend, Zoe. With strong performances, particularly from the lead actors (Sonequa Martin-Green and Natalie Morales), the film navigates its heavy subject matter with a mix of humor and poignancy, offering a unique perspective on the struggles of returning soldiers and the bonds that transcend life and death. Morgan Freeman and Ed Harris are also terrific in this drama that Cynthia and I both enjoyed. We saw it at Regal Biltmore Grande. Rated R.

B. To Catch a Killer is a gripping crime thriller that delivers a tense and atmospheric investigation into the mind of a ruthless mass murderer. Led by a compelling performance from Shailene Woodley as a troubled but determined young cop, the film explores themes of trauma, systemic failures and the psychological toll of law enforcement. While it follows some familiar procedural beats, its strong character development, moody cinematography and unsettling realism set it apart from standard crime dramas. With a slow-burn approach that builds to a satisfying climax, the film is an engaging and thought-provoking watch for fans of such films. I saw it on Netflix and liked it. Rated R.

C. Book review:

The Librarian: The Fight Against Book Banning in America by Amanda Lopez is a compelling memoir that

**That Librarian: The Fight Against Book Banning in America** by Amanda Jones is a compelling memoir that chronicles the author's courageous stand against censorship in her Louisiana community. As a middle school librarian, Jones spoke out against the removal of books addressing LGBTQIA+ themes and discussions of racism, emphasizing the importance of diverse perspectives in literature. Her advocacy led to severe online harassment and personal threats, highlighting the intense challenges faced by those defending intellectual freedom. Jones's narrative not only sheds light on her personal ordeal but also serves as a broader commentary on the escalating culture wars affecting libraries and schools nationwide. Her story underscores the vital role of librarians in safeguarding access to diverse stories, calling readers to join the fight against censorship. I recommend that you read this book.

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## 6. TV alert

A. 97th Academy Awards: March 2, 7 p.m. ET, 4 p.m. PT on ABC, Hulu  
Will *The Brutalist* beat *Conclave*? Will Demi Moore, 62, be bested by Frenanda Torres, 59? Will host Conan O'Brien, 61, outdo last year's host Jimmy Kimmel, 57?

B. *With Love, Meghan*, Season 1: Begins March 4 on Netflix  
After walking away from the pomp and circumstance that comes with marrying into Britain's royal family, Meghan Markle is now out to become the heir to Martha Stewart, 83, with this new lifestyle series that captures the reluctant Duchess of Sussex feathering her California nest, harvesting veggies from the garden--and whipping up delicious-looking meals for her closest chums.

C. *Surviving Black Hawk Down*: on Netflix  
This three-part docuseries, features both the U.S. veterans and the Somalis.

D. *House of David*, Season 1: on Amazon Prime  
Egyptian-born American newbie Michael Iskander stars as the biblical hero David, who charts an improbable rise from teenage outcast to beloved king of Israel.

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## 7. Joke 2

To quote Bob Dylan, "The Times They Are a-Changin'."



## 8. Clips/Websites

A. The Turtles are arguably the greatest rock group of all time!

(1) Their recording of "Happy Together" proves it

(2) As you may know, I welcome clips of them and/or others singing this classic song. For example, this week you can see a cover from Fast Birds by clicking:

week, you can see a cover from that time by clicking [Here](#).

Note: Feel free to submit your choices for greatest recording artists, music, etc. I'll try to run what you send me in in section 8C (below).

#### B. Video of the week

David Tennant performs 500 Miles by The Proclaimers with the help of a few famous faces.

The act started in Tennant's dressing room, first with his wife Georgia, who came for the goody bag. When she left, Dame Helen Mirren and actor Jim Broadbent appeared in the mirror with some tough love encouragement, but it truly was Scotsman Brian Cox who inspired Tennant to go out there. David also interacted with the likes of Hugh Grant, Anna Kendrick, Camila Cabello and Julie Walters--among others--who sang along with the host.: [Here](#).

(Thanks, Jonathan Berg, for sharing.)

#### C. And also check out these other clips at your convenience:

(1) Neil Sedaka, "Oh Carol," one of my favorites: [Here](#).

(2) Howard Smith Jr.: Hymns (3.2.2025): [Here](#).

(3) Neil Ratner Rock Doc: Fats Domino: [Here](#).

(4) Thanks, Neil, for having me revisit "Ain't That A Shame." Your many fans and friends can do the same by clicking: [Here](#).

(5) BJ Thomas, "Hooked on a Feeling": [Here](#).

#### D. Here's a website that you might want to check out:

ZoomQuilt is a really neat art project where different artists' works are stitched together to create endless zoom. You get to see everything change and morph as it zooms, taking you from one magical scene to another without ever stopping. T check it out yourself, click: [Here](#).

E. BLAINESWORLD, the website, remains up and running. To view it, please click: [Here](#).

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

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### 9. Technology tip

17 Computer Tips You'll WISH You Knew Sooner: [Here](#).

Lot of good stuff here, especially #1 about using an exclamation point to help you find a file.

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### 10. Joke 3

Methinks a museum curator who could tell her story would be the perfect match.

**Personal ad: Single female archaeologist interested in carbon dating. Prefer older**

## 11. Three quotes I like

A. Top: Thanks, Gene Hackman (1930-2025), for your career as an American actor and novelist. In a career that spanned over four decades, he received two Academy Awards, two British Academy Film Awards and four Golden Globe Awards. For more information about his life, click:

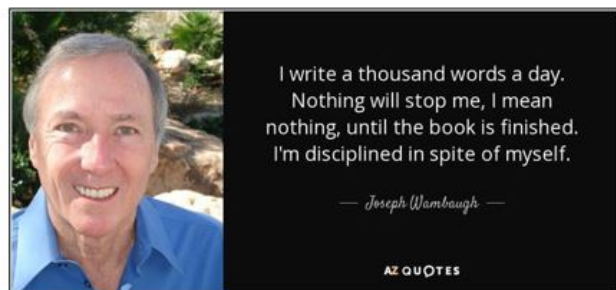
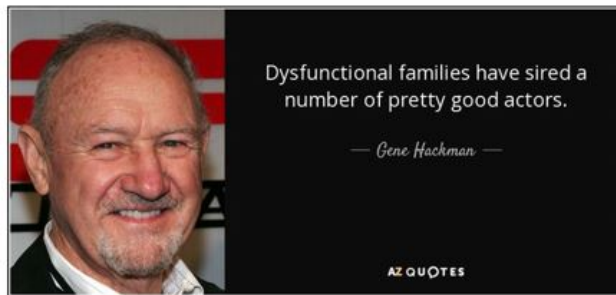
<https://apnews.com/article/gene-hackman-obituary-dies-a76fbe0cd6594393acaeea1c2710706d>.

B. Middle: Thanks, Roberta Flack (1937-2025), for your career as an American singer and pianist known for her emotive, genre-blending ballads that spanned R&B, jazz, folk and pop. In 2020, Flack received the Grammy Lifetime Achievement Award. For more information about her life, click:

<https://www.billboard.com/music/rb-hip-hop/roberta-flack-dead-killing-me-softly-dies-obituary-1235908521/>.

C. Bottom: Thanks, Joseph Wambaugh (1937-2025), for your career as an American cop and writer known for his fictional and nonfictional accounts of police work in the United States. He won three Edgar Awards, and was named a Grand Master by the Mystery Writers of America. For more information about his life, click:

<https://www.mercurynews.com/2025/03/01/joseph-wambaugh-la-cop-who-wrote-the-onion-field-and-other-best-sellers-dies-at-88/>.

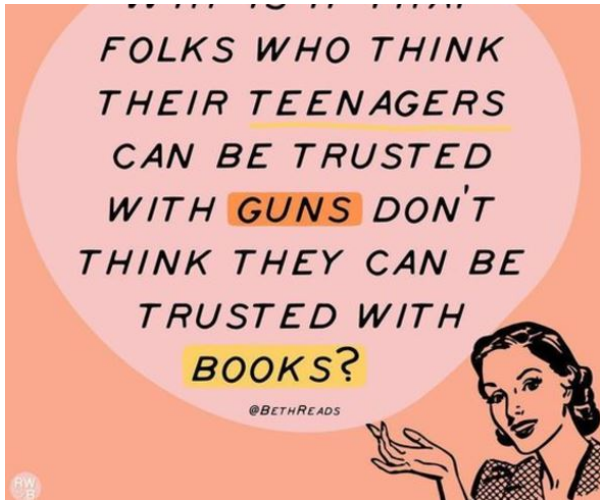


## 12. Thought for the day

Mental pabulum ...

WHY IS IT THAT





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**PS. Make it a great week!**

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