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1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bjnbc@aol.com and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Gave thumbs up, make that way up, for the best interactive murder mystery dinner theatre we've ever seen ... MY BIG FAT ITALIAN WEDDING MURDER! currently at The Center for Art & Inspiration. The performance we went to was a sell out, but if you act quickly, you'll still be able to get tickets for any of the following performances: April 26-27, May 31 or June 1 by clicking: [Here](#). ... There were terrific performances from Mike Yow, Karen Covington-Yow, Jimmy Ferraro, Dee Elta Rowe Ferraro and Joseph Parra, among others, along with dancing, singing, colorful costumes and prizes. ... The meal was quite good, too. ... To see more pictures from the evening, please click: [Here](#).



(2) Enjoyed celebrating our friend Ginny's Plasted's birthday with her and her husband Grant Randall at Pucks Tavern. The food was excellent, as was the service we received from Rhonda.



B. I've been fortunate to catch several Asheville shows recently.

(1) The Asheville School's production of COLETTE COLLAGE was terrific. John Crawley (left photo, far left) and Kathy Leiner (right photo) co-directed with aplomb, and David Bruce (left photo, center) wowed those in attendance by playing 18 different percussion instruments. Kayren McKnight's costumes were dazzling, Jason Williams' lighting was spot on and Jeff Messer did a fine job as technical director. He also made an impressive cameo as a juggler. ... Addie Trivers as Colette was superb in the leading role, and the other 15 students distinguished themselves in as good a high school production as I've ever seen.



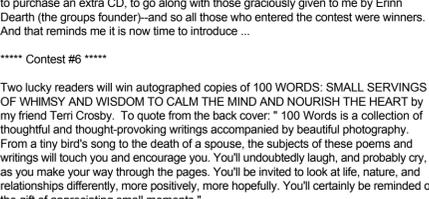
(2) The Department of Theatre Arts' production of FREAKY FRIDAY at Mars Hill University was both fun and tenebful. It featured outstanding performances from three of my Facebook friends: Chelsey Lee Mirheil (center), Jay Ponton (right) and Roberta Whiteside, as well as Amanda 'Mandy' Sayles' spot on direction.



(3) Marc Cameron (left) was brilliant as painter Mark Rothko in RED at The Feichter Studio at HART. Dakota Mann (right) was equally outstanding as Ken, the young man who assists Rothko. ... Jeff Messer's direction was spot on, and Tracy Wallace did a fine job as stage manager/light & sound operator.



C. WPVM/FM invites you to listen to the BLAINESWORLD show from Wednesday, March 6, 2019 ... The guests were: Steven Samuels (left), Producing Artistic Director and Publisher, and Connie Regan-Blake (right), Professional storyteller/writer ... to listen to the broadcast, click: [Here](#) ... to watch it, please click: [Here](#) ... Note: When watching it, the volume fades a bit at the 11-minute mark, so you may have to pump up your volume level mark until the 34-minute mark when the proper volume returns.



D. Condolences to Walela Dobroski and family on the passing of Walela's brother.

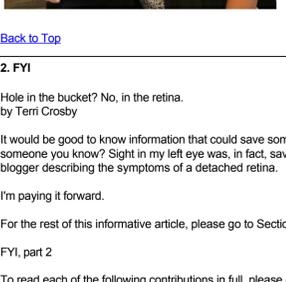
E. Congratulations to:

- (1) Jonathan Forrester, David Mycoff, Colby Coren, Shari Azar, Janice Guazzo, Alex Guazzo, Beth Davis Bristol, Tasha Papi and Henry Stryon for Barrie Awards they received from Hendersonville Community Theatre.
- (2) Diane and Jim Milligan on the birth of Annie, their newest grandchild.
- (3) Asheville on being named one of Top 100 Best Places to Live by livability.com. For more information, please click: [Here](#).
- (4) Virginia Lamberth on being named managing director of Hendersonville Community Theatre.
- (5) Kathy Byers, Len Ennis, Daphne Fox-China, Bill Lewis and Steve Rizzo, all winners of Contest #5: a copy of a CD from LETTERS FROM HOME. ... Note: Originally, I was only going to award one CD, but the music is so good that I decided to purchase an extra CD, to go along with those graciously given to me by Erin Dearth (the groups founder)--and so all those who entered the contest were winners. And that reminds me it is now time to introduce ...

**** Contest #6 ****

Two lucky readers will win autographed copies of 100 WORDS: SMALL SERVINGS OF WHIMSY AND WISDOM TO CALM THE MIND AND NOURISH THE HEART by my friend Terri Crosby. To quote from the back cover: "100 Words is a collection of thoughtful and thought-provoking writings accompanied by beautiful photography. From a tiny bird's song to the death of a spouse, the subjects of these poems and writings will touch you and encourage you. You'll undoubtedly laugh, and probably cry, as you make your way through the pages. You'll be invited to look at life, nature, and relationships differently, more positively, more hopefully. You'll certainly be reminded of the gift of appreciating small moments."

To enter the contest, send an email to: bjnbc@aol.com and put CONTEST #6 in the subject line, then include your name and snail mail address in the body of the email. All entries must be received by 9 p.m. on Mon., March 18.



**** BLAINESWORLD BEST AWARD ****

This week, it goes to Michelle Kuhnen (left) and Sherrie Williams (right)--two of my favorite employees at Specialized Physical Therapy. ... Michelle is my personal trainer. She is helping me develop both my balance and strength, and I'm grateful for her enthusiastic attitude. She is also very knowledgeable about all areas of fitness. Who knows? If I continue with the progress I'm making, I may even be ready to submit an audition video mentioned in Karen Covington-Yow's post that can be found below in Section 2, part 2. ... Sherrie is the front office manager who greets everybody with a fantastic smile that makes your day. In addition, her encouraging way of being makes you look forward to either your present or upcoming workout. ... For more information about Specialized Physical Therapy, please click: [Here](#).



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2. FYI

Hole in the bucket? No, in the retina.
by Terri Crosby

It would be good to know information that could save someone's sight, right? Yours or someone you good? Sight in my left eye was, in fact, saved by the kindness of a blogger describing the symptoms of a detached retina.

I'm paying it forward.

For the rest of this informative article, please go to Section 2 when you click: [Here](#).

FYI, part 2

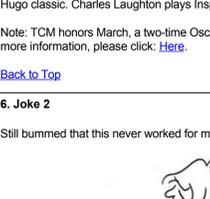
To read each of the following contributions in full, please click: [Here](#).

- (1) Karen Covington-Yow: Magic Mike The Musical Is Accepting Audition Videos for a Diverse Cast of Leading Men. (2) Not 'My Grandfather's Boy Scout Troop': It's Now for Girls, Too. (3) Victoria Lamberth: Why teens need live theater in the age of YouTube. (4) Trissie King: You Can Now Buy a Custom Replica Head of Your Cat. (5) Linda Iadanza Pelli: Listen to your body! If something doesn't feel right, check it out! (6) Carol Duerrit: How to prepare yourself for a good end of life.

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3. Joke 1

If you're like me, and you celebrate all holidays because there's more food, fun and friendship that way, HAPPY NATIONAL GRAMMAR DAY! ... I kid you not. It's a real day. To find out more, click: [Here](#). ... And when you do, please join me in singing this song: [Here](#). (Thanks, Jean Dolan, for sharing.)



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4. Reviews

A. Saws PADDLETON, a Netflix film billed as "a comedy of dramatic proportions." It is a bittersweet, poignant tale about two misfit neighbors. Ray Romano and Mark Duplass are superb in the leading roles. And be forewarned: Have a box of tissues handy when you watch it. ... Not rated, but I'd only recommend it for those over the age of 15.

After you've seen it, click this link for an interesting interview with Romano and Duplass: [Here](#).

Note: I just added this to my list of favorite films. If you'd like to get a copy of this list, send an email to: bjnbc@aol.com and put FAVORITES in the subject line.

B. Saw GOING CLEAR: SCIENTOLOGY AND THE PRISON OF BELIEF, a powerful HBO documentary that looks at the inner-workings of the Church of Scientology. It features interviews with former members of what many believe is a cult. I'll let you decide whether it is.

Not rated, but I'd only recommend it for those over the age of 12.

Note: If you have HBO, you can watch it on any of the following times this coming week: [Here](#).

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5. TV alert

A. AFTER LIFE: Series now on Netflix
To quote TV GUIDE, "Ricky Gervais is superb in an unexpectedly moving dark comedy as morose widower Tony, who takes his grief out on everyone in his British village, deciding, "There's no advantage to being nice." "

B. THE WIDOW: Now on Amazon Prime
Kate Beckinsale plays Georgia Wells, whose husband perished three years earlier in a plane crash in the Democratic Republic of the Congo. According to PEOPLE, "she are "fanzantizing subplots" and "Beckinsale's performance is taut and understated--just right."

C. ARETHA! A GRAMMY CELEBRATION FOR THE QUEEN OF SOUL: Sun., March 10, at 9 p.m. on CBS
This all-star music tribute features Smokey Robinson, Patti LaBelle, Jennifer Hudson (betting "Respect"), Kelly Clarkson, John Legend, SZA, Common, Alicia Keys, Celine Dion and more.

D. LES MISERABLES: Tuesday, March 12, at 11:30 p.m. on TCM
Frederic March stars as Jean Valjean in my favorite version of the oft-filmed Victor Hugo classic. Charles Laughton plays Inspector Javert.

Note: TCM honors March, a two-time Oscar winner, with his films all month long. For more information, please click: [Here](#).

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6. Joke 2

Still bumped that this never worked for me as a kid ...



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7. Clips/Websites

A. Check out these clips at your convenience:

- (1) Roberta Gurwood: Purim song: [Here](#)
- (2) Dawn Westmoreland: Dr. Joe Dispenza: Defining Intention: [Here](#)
- (3) Paul Marks: How would you react to this while shopping? [Here](#)
- (4) SNL Host Steve Carell Is a Serious Actor: [Here](#)

Note: For more information on above the topic, please click: [Here](#)

B. Are you a fan of cute animal pictures? If so, visit Attack of the Cute by clicking: [Here](#).

I'll guarantee that you'll say, "awwww" ... more than once!

C. BLAINESWORLD, the website, remains up and running ... to view it, please click: [Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#)

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8. Technology tip

Want to both increase your productivity and reduce repetitive strain? Then consider using these keyboard shortcuts: [Here](#).

I especially like this one:

Pressing Ctrl+F opens the Find field, which allows you to search the text currently displayed in any program that supports it. For example, Ctrl+F can be used in your internet browser to find text on the current page. Press Ctrl+H now to open the Find in your browser and search for "shortcut" to display each time shortcut is mentioned on this page.

On Apple computers, use Cmd+F to find.

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9. Joke 3

MR. HELPFUL ... here are 11 easy things to do when Daylight Savings Time ends. (You can also do them in November if you set the clocks back) ... To view the list, please click: [Here](#).

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10. A quote I like

Thanks, Luke Perry (1966-2019), for your starring role in the TV series BEVERLY HILLS, 90210 show that my daughter and I watched together when she was growing up. ... He also starred on RIVERDALE and had roles on such other shows as CRIMINAL MINDS, OZ and WILL & GRACE. In addition, he appeared in numerous films, including BUFFY THE VAMPIRE SLAYER, THE FIFTH ELEMENT and REDEMPTION ROAD. ... For more information about his life, please click: [Here](#).

"I just kept thinking, 'You know, I just walked out of a room full of fools.' Those people have no idea."--Luke Perry on how he kept his confidence after it took him 256 auditions to land his first role.

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11. Thought for the day

There was a farmer who sold a pound of butter to a baker. One day the baker decided to weigh the butter to see if he was getting the right amount, which he wasn't. Angry about this, he took the farmer to court.

The judge asked the farmer if he was using any measure to weigh the butter. The farmer replied, "Honor, I am primitive. I don't have a proper measure, but I do have a scale."

The judge asked, "Then how do you weigh the butter?"

The farmer replied: "Your Honor, long before the baker started buying butter from me, I have been buying a pound loaf of bread from him. Every day when the baker brings the bread, I put it on the scale and give him the same weight in butter. If anyone is to be blamed, it is the baker."

Moral of the story: In life, you get what you give. Don't try and cheat others.

Source: [Here](#)

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12. Advance planning department

To read about each of the following events in full, please click: [Here](#).

A. NC events

(1) Dylan Renken: Beauty and the Beast at Western Carolina University. (2) Ryan Garcia: HAPPY TOGETHER + 1. (3) Steve Samuels: Krapp's Last Tape and The Zoo Story. (4) STEEL MAGNOLIAS at Hendersonville Community Theatre.

B. PA/NJ event

Kathy Bademan: Laughter Yoga session.

PS. Make it a wonderful week!

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