

#1069
3/20/2017

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1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: you'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bgrinc@aol.com and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Saw a terrific production of THE PRISONER OF SECOND AVENUE, starring Leslie Lang (left), as well as Lynn Donley and Stephen Goryna (to the right of me). Not pictured were these other performers who distinguished themselves: Scott Edward, Jan Welch and Suzanne Tinsley. Wanda Taylor's direction was spot on, Holly Cope did an excellent job as stage manager and James Lang did the same as the lighting and sound operator.



(2) From there, we went to dinner at a place that is rapidly becoming one of our favorite eateries in Wynntonville, Angola's, where we received fine service from Alicia.



(3) On another night, we had a delicious meal at Sushi Thai. Emily was our server, and she got everything just right.

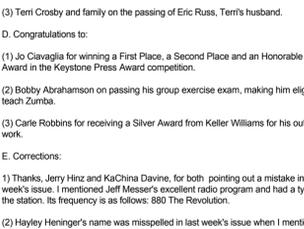


B. During the week, I:

(1) Hosted Dr. Michael Trayford, a Board Certified Chiropractic Neurologist and Founder/Director of innovation at AP/EX Brain Centers in South Asheville, on my radio show on WPVN. He discussed, "The Concussion Epidemic and Why the 'Wait and See' Approach is NOT Working." To listen to it, please scroll down to the 3.22.17 program when you click: [Here](#)



(2) Solved all the world's problems with my friends, i.e. Tom Gallagher, Marvin Siscovsky and Brian Biro. We had a great breakfast in Rose 'n Shine Cafe that featured friendly service from Katelyn.



(3) Had fun at the Magnetic Theatre's Super-Happy Trivia Challenge that featured, i.e. George Heard, Barbie Angelic, Adam Arthur, Jeff Catanesi and Cary Nichols.



C. Condolences to:

(1) Debra Rubin and family on the passing of Leonard Felin, Debra's longtime companion.

(2) Michelle Baker and family on the passing of Frank G. Baker III, Michelle's father.

(3) Terri Crosby and family on the passing of Eric Russ, Terri's husband.

D. Congratulations to:

(1) Jo Ciavaglia for winning a First Place, a Second Place and an Honorable Mention Award in the Keystone Press Award competition.

(2) Bobby Abrahamson on passing his group exercise exam, making him eligible to teach Zumba.

(3) Carle Robbins for receiving a Silver Award from Keller Williams for his outstanding work.

E. Corrections:

(1) Thanks, Jerry Hiltz and KaChina Davine, for both pointing out a mistake in last week's issue. I mentioned Jeff Messer's excellent radio program and had a typo on the station. Its frequency is as follows: 880 The Revolution.

(2) Hayley Heninger's name was misspelled in last week's issue when I mentioned her fine performance in TERRY TEMPEST: THE FINAL INTERVIEW. And I also misspelled Kehren Barbour, the person who did such an excellent job as set designer. Sorry 'bout that!

(3) Thanks, Walter Weeks, for picking up a mistake on the numbers in a joke from last week's issue. The corrected version follows: A man is getting into the shower just as his wife is finishing up her shower. When the doorbell rings, the wife quickly wraps herself in a towel and runs downstairs. She opens the door and there stands Bob, the next door neighbor. Before she says a word, he says, "I'll give you \$500 to drop that towel!" ... After thinking for a moment, the woman drops her towel and stands naked in front of Bob. After a minute, Bob hands her \$500 and leaves. ... The woman wraps back up in the towel and goes upstairs. When she gets to the bathroom, her husband asks, "Who was that?" "It was just Bob," she replies. ... "Great," the husband says, "Did he say anything about the \$500 he owes me?" (Thanks, Steven Shulman, for sharing.)

F. Invitations:

(1) There's still time to enter ...

***** CONTEST #6 *****

One lucky reader will win a copy of THERE ARE NO OVERACHEEVERS: SEIZING YOUR WINDOWS OF OPPORTUNITY TO DO MORE by Brian Biro, my good friend who is known as "America's Breakthrough Coach." This is a fantastic book that I reviewed most favorably in BLAINESWORLD 1053. ... To enter the contest, send an email to: bgrinc@aol.com and put CONTEST #6 in the subject line. In the body of the message, please include your snail mail address. All entries must be received on or before Wednesday, March 22, at 9 p.m.

(2) April event of the Asheville Jewish Business Forum

Date: Tuesday, April 4, 2017

Time: 5:30-6: Registration & Networking; 6-7, Dinner & Speaker; and 7:30-9 p.m., Additional Networking

Location: Earth Fare (community room in the back & to the left) Westgate Shopping Center, 66 Westgate Pkwy, Asheville

Note: Plenty of free parking. No steps to climb. Order whatever you want from the food counter or hot bar. Lot of healthy options, too, and prices are very reasonable. There's even pizza, if you want.

Speaker: Jonathan Freedberg of Aberdeen Funding (and a Board member of the Asheville Jewish Business Forum)

Topic: 25 years Helping Businesses Grow: Tales From the Trenches

Program Description: Come to listen to the fascinating tales of his many exciting experiences in the factoring industry.

Guests: As always, they are welcome to attend. Also, you don't have to be Jewish to attend.

Please register, so we can have some idea on the count: If you are reading this via email, just hit Reply and then in body of the email, put your name, phone number and number you will be bringing.

If you are reading this via Facebook, please send an email to: ashvilleb@atol.com and April 4 in the subject line. Then, in the body of the email, put your name, phone number and number you will be bringing.

(3) Please mark your calendar for Thursday, April 6th, from 6:30-7:30 p.m. at the Center For Spiritual Living Asheville when Brian Biro will host a short presentation and signing of his new book, THERE ARE NO OVERACHEEVERS: SEIZING YOUR WINDOWS OF OPPORTUNITY TO DO MORE.

Brian is an amazing speaker who was recently named one of the top 65 inspirational speakers in the world, so don't miss this special event--the only one he will be doing in Western North Carolina!

Please RSVP to this event page:

[Here](#)

We look forward to seeing you there!

PS. To order a copy of the book in advance of the event, you can visit Brian's website for a list of retailers by clicking: [Here](#)

(3) Join me at my Marketing seminar that I'm doing for Asheville SCORE on Saturday, April 8, at 9 a.m. at A-B Tech's Enka campus. There's no charge, but you must pre-register. Do so by clicking: [Here](#)

Note: All those who attend will learn the difference between a left- and right-handed pencil!

(4) Please join the BLAINESWORLD team at Walk at Mile Asheville on Sat., May 6. And even if you physically can't join us, you're welcome to make a contribution on our BLAINESWORLD's team behalf to support the efforts of our team. ... For more information, please click: [Here](#)

***** BLAINESWORLD BEST AWARD *****

This week, it goes to my friend Zuzu Welsh (pictured below at Monte's Sub Shop in Hendersonville where we recently met for some tasty subs). ... We also discussed Zuzu's gracious offer to provide the music introduction for my radio show. To hear it, click on the link below. ... The most important thing to know about manners is they're not about you. The more you think about those around you and the less you think about yourself, the more likely you are to behave well. And the better you behave, the more likely you are to be invited back. ... If you're looking for the perfect gift to give teenagers, you won't go wrong with TALBLE MANNERS. Adults will also benefit from it.

You can also hear just the introduction by clicking: [Here](#)

Or the whole song with words by clicking: [Here](#)

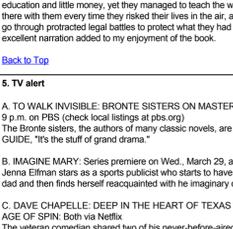
Zuzu is a very talented guitarist who heads his own band, the Zuzu Welsh Band. For more information about it, please click: [Here](#)

The group has played at The White Horse in Black Mountain, Salvage Station, Asheville Music Hall, The Flywater, Southern Appalachian Brewery, 550 Tavern, The Social, and The Root Bar in Asheville, and numerous venues in Knoxville, Chapel Hill, Morganton, Floyd VA, Lakeland FL, and the primary organizers of TN.

And Zuzu has been one of the even organizers of intimate concerts that featured music of The Beatles, George Harrison and Eric Clapton that has raised money for such organizations as MANNA, Homeward Bound, Brother Wolf and an organization devoted to funding music education in schools.

In addition, Zuzu has been a member (and the top fundraiser) for the BLAINESWORLD team in the Walk at Mile event. Please see Section 1F for more information about how you can still join in this year.

When not doing the above, he is a Senior Systems Engineer at Pardee Hospital in Hendersonville.



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2. FYI

Thanks, Cynthia Greenberger-Weiss, for this tip:

So I tried an extremely Unsupersclicated savings trick in 2016 ...

Every time I used a coupon at the grocery store, I put that amount of money in a savings account. I saved my receipts and just added up the coupon savings and made one deposit a month. Yesterday I made the last deposit, for the December receipts. Grand total for 2016: \$1,971.56. It has more than paid for my share of our upcoming vacation!

Every month when I made that quirky amount of a deposit (belters look at you in a strange way when you tell them to transfer \$22.87 from checking to savings), I could hear my dad saying "It doesn't matter how much you earn. It only matters how much you save."

Whatever trick works for you--envelopes earmarked for certain purchases, coin jars, special savings accounts--it's amazing how fast a nickel here and a dollar there adds up!

Note: The coin jars work for me. Every time I receive change, I put it in a jar I have set aside for just that purpose. Every six months or so, I find that I've saved approximately \$75.

FYI, part 2

To read each of the following contributions in full, please click:

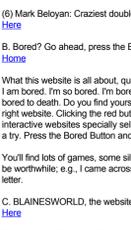
[Here](#)

(1) Cappy Tosetti: Hi there.....always an interesting read. (2) Hannan Isaacs: A robot is not about to replace your lawyer. (3) Arlene Ditzler: I recently read a wonderful book--actually 5 CDs (your reference to the Vanderbilts reminded me) The Rainbow Comes and Goes. (4) Pop a Pill for Heartburn? Try Diet and Exercise First. (5) Roger Clark: I love the jokes you share in your newsletters. (6) Why People Continue to Believe Objectively False Things. (7) Terry Coleman: I love your column. (8) BLAINESWORLD paper. (8) The best exercise for aging muscles. (9) Carol Seufert: 50 questions to ask your kids instead of asking "How was your day?"

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3. Joke 1

The other day a clown held the door open for me. It was a nice jester! (Thanks, Elaine Blik, for sharing.)



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4. Reviews

A. Saw BEAUTY AND THE BEAST, a live remake of Disney's animated classic from 1991. There are great songs (including some new ones) and lively dancing, and I thought Luke Evans as Gaston was particularly outstanding. At 129 minutes, I felt it was on the long side, and it dragged for me in the middle. But it all came together with a magical ending. Rated PG.

B. Now out on DVD is LION, the true story about a 5-year-old boy who gets lost on a train in India and then gets separated from his real family, 25 years later, using Google Earth, he sets out to find his lost family. Dev Patel shines in this touching drama that's aided by a fantastic soundtrack. Rated PG-13.

C. Read TABLE MANNERS: HOW TO BEHAVE IN THE MODERN WORLD AND WHY? BOTH BY (Franz, Sinaus and Co) by Jeremiah Tower. The author, one of America's first celebrity chefs, presents a host of useful advice in this short but oh-so-useful handbook. He does so in chapters ranging from Setting the Table to Eating Around the World and including How to Serve, Sitting on the God and my favorite, Technique. ... I especially liked this recommendation about serving too much food: "If the guests leave the event stuffed and uncomfortable, they will think of you not as a successful host, but a blundering one." ... For a blundering one, ... makes the book worthwhile reading. To quote it, "The most important thing to know about manners is they're not about you. The more you think about those around you and the less you think about yourself, the more likely you are to behave well. And the better you behave, the more likely you are to be invited back." ... If you're looking for the perfect gift to give teenagers, you won't go wrong with TABLE MANNERS. Adults will also benefit from it.

D. Heard THE WRIGHT BROTHERS (Hachette Audio), written and read by David McCullough. ... The author, a two-time winner of the Pulitzer Prize, presents an engaging tale of two young men from Ohio who had no more than a public high school education and little money, yet they managed to teach the world to fly. ... I felt that I was there with them every time they risked their lives in the air, as well as when they had to go through protracted legal battles to protect what they had invented. ... McCullough's excellent narration added to my enjoyment of the book.

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5. TV alert

A. TO WALK INVISIBLE: BRONTE SISTERS ON MASTERPIECE: Sun., March 26, at 9 p.m. on PBS (check local listings at pbs.org) The Bronte sisters, the authors of many classic novels, are profiled. According to TV GUIDE, "It's the stuff of grand drama."

B. IMAGINE MARY: Series premiere on Wed., March 29, at 8:30 p.m. on ABC Jenna Elfman stars as a sports publicist who starts to have real feelings for a single dad and then finds herself reacquainted with her imaginary childhood friend.

C. DAVE CHAPPEL: DEEP IN THE HEART OF TEXAS & DAVE CHAPPEL: THE SHRED OF SPIN: Both on Netflix. The veteran comedian shared two of his never-before-aired performances, one from 2015 and the other from 2016.

D. JULIE'S GREENROOM: Series via Netflix Julie's Greenroom follows the "Greenies" (aka the puppets) as they explore musical and theatrical arts under the direction of Ms. Julie (played by Andrews) and her assistant Gus (Giuliano Vio Gioiello, The Carmine Dances).

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6. Joke 2

At my age "getting lucky" means walking into a room and remembering what I came in there for.



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11. Thought for the day

Chuck Barris (1929-2017), R.I.P., was an American game show creator, songwriter and novelist. He was best known for hosting THE GONG SHOW, arguably the greatest quiz show of all time. For his obituary and a clip that serves to back up this claim, please click: [Here](#)

And here's one other classic clip that you may never have seen because after it ran on the East Coast, NBC pulled it, because it was viewed by the rest of the country. [Here](#)



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12. Technology tip

To read about each of the following events in full, please click:

[Here](#)

A. NC events

(1) The Art of Listening workshop series with Barrie Barton and David LaMonte. (2) Asheville Winefest. (3) Maintaining An Election with Jeff Messer at Magnetic Theatre. (4) Zuzu Welsh Band returning to Bonfire BBQ.

B. PANU events

(1) The Explorers Club at Actors' Net. (2) Big Fish at Kelsey Theatre.

PS. Make it a wonderful week!

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