

You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not toooo **risqué** (typically in Sections 4, 7 and 10); contests; reviews of shows. movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives..... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: <u>Here</u>.

#### #1383 3.20.2023

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# 1. Reflections

A. Cynthia, my beautiful bride, and I got to celebrate National Corn Dog Day in style on Sat., March 18.

For more information about this oh-so-important holiday, click: Here.

Note: The above link also contains the dates for National Corn Dog Day for both 2024 and 2025, so you'll have no excuse not to join us in the future.



B. To quote Caitlin Lane, stage manager for RECYCLED NUTS, "The show is like GHOSTS meets NOISES OFF."

You're going to find it hard to stop laughing if you can get tickets to see the world premiere of Travis Lowe's farce before its run ends at HART on March 26.

Kudos to all those in the cast for their hysterical performances: Travis, Pasquale LaCorte, Blaine Weiss and Pam Elder, as well as to Jason Williams for his spot on direction, Caitlin for her tireless work and Nichole Sumpter for running the board.

For a brief clip from the show, click: <u>Here</u>.

For tickets, click: <u>Here</u>.



C. Thought y'all might like to see the humor column I write for THE FAIRVIEW TOWN CRIER ...

## LAUGH TIME BLAINE GREENFIELD

Sibling (n.): You'd give them a kidney but wouldn't allow them to borrow your phone charger.

Sign in local coffee shop:

WE DO NOT HAVE WI-FI. TALK TO EACH OTHER – PRETEND IT'S 1995.

I fired myself from cleaning the house. I didn't like my attitude, and I got caught drinking on the job.

THEM: What inspires you to get out of bed every mornin'? ME: My bladder mostly.

2

A poodle and a collie are walking together when the poodle unloads on his friend.

"My life is a mess," he says. "My owner is mean, my girlfriend ran away with a schnauzer, and I'm as jittery as a cat."

"Why don't you see a psychiatrist?" suggests the collie. "I can't," says the poodle. "I'm not allowed on the couch."

How do you keep a fish from smelling? Hold its nose. You know you've reached middle age when you're cautioned to slow down by your doctor, instead of by the police.

-Joan Rivers

\*

The most disturbing thing about accidentally waking up at 4 am is realizing some people do this on purpose so they can exercise.

\*

I never wanted to believe my dad was stealing from his job as a road worker. But when I got home, all the signs were there.

Readers are invited to submit funnies. Thanks, Cynthia Greenfield, for the following riddle:

What do you get when you cross a dog and a calculator? A friend you can count on!



Blaine Greenfield hosts BLAINESWORLD, a podcast, and he publishes a blog with the same name. To send items for possible inclusion in a future issue, email bginbc@aol.com.

D. I hosted four BLAINESWORLD podcasts this past week. They all can be found by clicking: Here.

(1) The top one on March 14 featured Nancy Waldrop, President, and Tim Collins, Board member, who discussed Leadership Asheville Forum.

(2) The one below it on March 15 featured Blake Freeman and Emma-Leigh Brookshire, actors, who discussed SWEET CHARITY.



(3) The third one featured Travis Lowe, playwright and actor; his parrots Griffin and Chi; and Jason Williams, director, and they discussed RECYCLED NUTS.

(4) The fourth one, right below it, featured Tod Leaven, actor, who discussed DOLL'S HOUSE.



E. Condolences to Scott Patrick and family on the passing of Scott's mother.

F. Congratulations to Aaron Ybarra and Michelle Newman on their recent appearance on WLOS, during which they discussed their upcoming play: A DOLL'S HOUSE. To view the clip, click: <u>Here</u>.

G. RECOMMENDATION NEEDED (for electrician in the Fairview, NC, area) ... Do you have the name and number of a person and/or company that you would recommend? .. If so, please send to: Blaine at: <a href="mailto:bginbc@aol.com">bginbc@aol.com</a> or call/text 215.208.0646. ... Thanks!

H. Announcing this week's ...

#### \*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

It goes to Zen Sushi at 640 Merimon Ave. in Asheville, one of our favorite eateries in the Asheville area.

I'm not a fan of sushi, but Cynthia says it is excellent here. There are other Japanese dishes that are equally outstanding, including my favorite: Chicken Teriyaki.

Prices are reasonable, portion sizes are generous, and service is always friendly from Jatu (our favorite server there).

For more information, click: Here.



#### 2. Invites

A. There's still time to enter ...

#### \*\*\*\*\* CONTEST #5 \*\*\*\*\*

One lucky reader will win a copy of CUTE CATS: GRAYSCALE COLORING BOOK by Engy Khalil.

To quote our amazing cat Kismet (pictured below with the book): "Meow, meow, meow, meow."

Note: 4 meows are the highest rating Kismet gives anything. That means he really liked it!

To enter the contest, send an email to: <u>bginbc@aol.com</u> and put CONTEST #5 in the subject line. In the body of your email, include your name and mailing address. All entries must be received by 9 p.m. on Monday, March 20.



B. I'm presenting "Marketing Your Business," an in-person seminar, for Asheville SCORE.

# About the event:

Marketing for the 21st Century small business is more dynamic and challenging than ever. Discover how to effectively and efficiently use marketing tools. Gain insights to understand and reach your customer, analyze your industry and business environment and differentiate between branding, advertising and grassroots marketing techniques.

You'll also have a chance to win \$500 by just attending the seminar. And you'll learn the difference between a right- and left-handed pencil.

About the instructor:

Blaine Greenfield has 35 years of teaching experience as a Marketing Professor at the community college, university and graduate levels. At the same time, he operated his own consulting firm-providing marketing assistance to small and medium-sized businesses, as well as to non-profit organizations. Blaine has spoken groups throughout the country, and he has served as a mediator and/or arbitrator in over 2,500 cases.

You can attend on either of two dates or locations, but you need to pre-register.

March 25 at 9 a.m. in Candler. To register, click: Here.

April 6 at 12 noon in Marshall. To register, click: <u>Here</u>.

C. The Dementia Society of America is seeking a Director of Operations. For more information, click: <u>Here</u>.

D. Please LIKE and SHARE the Facebook page for At the Café, the new musical written by Marcy Gallagher with music by Sarah Kohrs that will have its world premiere at The Tina McGuire Theater at The Wortham Center for the Performing Arts on August 18-20 and 25-27. For more information, click: <u>Here</u>.

E. Want to be a guest on my BLAINESWORLD podcast, now seen on YouTube or you can listen to it on your favorite podcast player? If you have news you'd like to share and/or a story to tell, send an email to: <u>bginbc@aol.com</u> and put GUEST in the subject line. In the body of the email, include both your name and phone number.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evening.

For more information about the show, click: <u>Here</u>.

F. Are you interested in shows, concerts, movies, TV, etc.? ... If so, I encourage you to join a group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: <u>Here</u>.

G. Come join Cynthia ...

(1) For the two courses she'll be teaching for Arms Around ASD this week: Meditation on Monday via Zoom and Move Your Body on Wednesday via Zoom or in person. To attend this and/or any of the other courses that are offered, scroll down to Calendar when you click: <u>Here</u>.

(2) She is also teaching a course on Mindful/Intuitive Eating for OLLI (Osher Lifelong Learning Institute) at UNC Asheville. It runs on Thursdays from 2-4 p.m. for eight weeks. For more information, click: <u>Here</u>.

Note: For others, see Sect.13 (at the bottom of this issue).

# 3. FYI

Don't forget to floss: the science behind dementia and the four things you should do to prevent it by Ian Sample

A picture is emerging of a healthy lifestyle which is key to the condition's prevention – exercise, being sociable, and looking after your ears

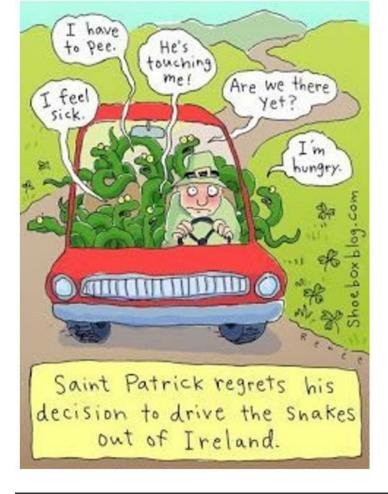
The idea was simple. Recruit hundreds of people in their 80s and 90s, equip them with fitness trackers, and monitor their physical activity. Then, when the participants died, collect their brains and examine the tissue. Is there evidence, lurking in the tissue, that exercise benefits the brain?

To read the rest of this informative article, click: <u>Here</u>.

## 4. Joke 1

For today's history lesson, see below.

And if you're like me, and you celebrate all holidays because there's more food, fun and friends that way, HAPPY SAINT PATRICK'S DAY!



## 5. Reviews

A. Cynthia and I saw JESUS REVOLUTION, a film inspired by a true movement about one young hippie's quest in the 1970s for belonging and liberation. It was watchable, and we liked the performances from Jonathan Roumie, Kimberly Williams Paisley and Kelsey Grammer. Rated PG-13.

However, it did seem to be a rather sanitized version of what actually happened. And we wished it had more about how the evangelical Christian movement impacted American culture and politics.

For additional insight about JESUS REVOLUTION, click: <u>Here</u>.

B. We both liked APPLE MORTGAGE CAKE, a 2014 TV movie based on a true story that we saw on Amazon Prime. It is a heartwarming tale about a single mother about to lose her home to foreclosure. To prevent that from happening, she tries to bake and sell 100 apple cakes in 10 days. Rated TVPG.

Wanting to find out more about the woman behind the above story, Angela Logan, I found this article that methinks you'll enjoy reading: <u>Here</u>.

## 6. TV alert

Mr. Curious here: What streaming services do you get? And which ones do you like the most and/or least?

We currently have Netflix, Amazon Prime, Apple TV+ and HBO Max, but we're thinking about dropping the latter (and HBO, too). We like it, but only have so much time to watch TV.

You feedback would be much appreciated.

A. MARIE ANTOINETTE: Begins Sun., March 19, at 10 p.m. ET on PBS This eight-episode series about France's revolution-doomed teen queen is directed by Deborah Davis, who soared an Oscar nomination for THE FAVOURITE.

B. THE BANSHEES OF INISHERIN: On HBO Max Set on a remote island off the west coast of Ireland, this Oscar-nominated film follows lifelong friends Pádraic and Colm, who find themselves at an impasse when Colm unexpectedly puts an end to their friendship.

#### C. TAR: On Prime Video

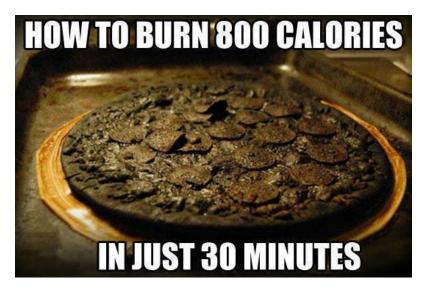
Cate Blanchett plucks at the heartstrings as the fictional Leonard Bernstein protégé Lydia Tár, the ruthless, passionate superstar conductor of the Berlin Philharmonic.

## D. HACKS: On HBO Max

A dark mentorship forms between Deborah Vance, a legendary Las Vegas comic, and an entitled, outcast 25year-old comedy writer. I'm in the middle of the second season and loving the performances of both Jean Smart and Hannah Einbinder in the leading roles.

# 7. Joke 2

My kind of exercise!



# 8. Clips/Websites

A. The Turtles are arguably the greatest rock group of all time!

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: <u>bginbc@aol.com</u> and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please view this cover from the REO Brothers: Here.

B. Video of the week

Lindy Hop Dance - Sondre & Tanya: <u>Here</u>. (Thanks, Jonathan Berg, for sharing.)

And here's another clip from the above duo that you'll also enjoy: Here.

C. And also check out these other clips at your convenience:

- (1) Curtis Lee, "Pretty Little Angel Eyes," one of my all-time favorites : Here.
- (2) Howard Smith: Hymns (3.19.2023): Here.

(3) Neil Ratner Rock Doc: Since today is Sly Stones 80th Birthday I thought I would tell you a few things about Sly and the Family stone that you might not know. To view, click: <u>Here</u>.

(4) Thanks, Neil, for bringing back a fond memory ... Sly and the Family Stone appeared in Asheville over a

decade ago. Although Sly himself was no longer with the group, the music still rocked. ... And for your many fans and friends who want a remembrance of that fact, check out the original Sly performing "Family Affair": <u>Here</u>.

(5) Cat obsesses with baby brother: Here. (Thanks, Patty Amor, for sharing.)

(6) Nina Conti, Amazing Ventriloquist: Here. (Thanks, Brent Russell, for sharing.)

(7) Impressive voice change singing performance: <u>Here</u>. (Thanks, Zakiya Sulli Bell-Rogers, for sharing.)

D. Here's a website that you might want to check out:

See how the world's changed in over three decades, thanks to Google's satellite photography, at Time Lapse. To view this fascinating website, click: <u>Here</u>.

Note: Unfortunately, the accompanying videos seems to have been taken down. But there are still a few cool pictures, and the accompanying text is worth reading.

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: Here.

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: <u>https://www.facebook.com/blainegreenfield/</u>.

# 9. Technology tip

How to add and/or delete friends on Facebook

Click on your profile, then your friends list

Find the friend you want to add or delete from your list.

Click on the 3 dots to the right and click follow or unfollow.

If you unfollow, you will still be friends but won't see their posts.

Some people's posts are too many and can be somewhat annoying ... not yours of course!

(Thanks, Dana Kagan, for sharing.)

## 10. Joke 3

#### HEADS-UP

I am about to drop Facebook because of privacy concerns. In the meantime, I've begun to apply the principles learned while using that site to make new friends.

Every day, I walk down the street and tell passers by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later--and with whom. I give them pictures of my family, my dog, of me taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch and doing what everybody else does.

I also listen to their conversations, give them a thumbs up and tell them I like them.

And it works just like Facebook. I already have four people following me: two police officers, a private investigator and a psychiatrist.

(Thanks, Ivan Winegar, for sharing.)



## 11. A quote I like

Thanks, Topol (1935-2023), for your career as an an Israeli actor, singer and illustrator. He was best known for his portrayal of Tevye, the lead role in the stage musical Fiddler on the Roof and the 1971 film adaptation, performing this role more than 3,500 times from 1967 through 2009. ... To see him singing "If I Were a Rich Man," click: <u>Here</u>. ... For more information about his life, click: <u>Here</u>.

"How many people are known for one part? How many people in my profession are known worldwide? ... I'm not complaining."--Topol



# **12. Thought for the day**

When Your Toddler Stops You In Your Tracks by Kelsey Sanders (and used here with her gracious permission)

It's been a week y'all. I'm not hiding from the fact that I've been wallowing in a bit of a pity party - sick kids, husband traveling, mischievous puppy... I could go on, but you catch my drift. So today, driving my daughter Quinn to school, all I was consumed with thoughts about all I was going to try to accomplish today with them (finally ) both back in school.

Then, out of the blue, she started telling me about a dream she had last night that she didn't like (summarizing, a friend pushed her). I offhandedly said something along the lines of "well that's not a nice dream, maybe if you sleep in your own bed you'll have nicer dreams" (oh yea, we're using any opportunity to get her OUT OF OUR BED). She thought about that for minute and then said

"Mom, it doesn't matter where I sleep... I have all the dreams inside my brain."

I laughed, and told her of course she was right. she has all the dreams. And it's true, right? This errant thought from a little girl brain stopped me in my tracks, it pulled me out of my self-pity. my to-do lists. Quinn reminded me that we do have all the dreams in our brains., the good and the bad, the weird and wonderful.

So I thought about my dreams, not my subconscious sleeping dreams, but my real dreams for myself, my life, my family. Cinderella told us a dream is a wish your heart makes... but really, a dream is just a collection of

thoughts about what we want. If I have all the "dreams" inside me, why not choose the ones that bring me joy, that inspire and motivate me. The dreams that get me to my goals.

Quinn reminded me that in times of stress, when my circumstances may not be ideal, instead of focusing all week on the negative "nightmares," I can remember my dreams for the future. I can access the reality I want anytime and start thinking those thoughts. There is a future version of me that has already achieved my dreams... I can talk to her now. Get advice on how to get through this "sucky" time. I can think ANYTHING I want.

So if my little story of "Quinn-spiration" (yes... love a good play on words) resonates, if you're going through a bit of a sucky season, maybe reach out to the future version you who has it all figured out. What dreams could you dream now to get where you want to go?

Does this concept of Future Self interest you? Want to go deeper? Reach out for a free consultation about my Weightless Weight Loss coaching program by clicking: <u>Here</u>. We talk all about this and so much more!



## 13. Advance planning department

For more information about the following events, please click: Here

A. Jimmy Ferraro: Seeks pianist. B. Connie Hurst: THE REVOLUTIONISTS. C. Ellen Pappas: THE LOVERS and AMBROSE. D. Jimmy Ferraro: FUNERAL FOR A GANGSTER. E. Ellen Pappas: ACROSS THE POND. F. Jeff Catanese: Audtitions for TWELFTH NIGHT.

## PS. Make it a great week!

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