

#1072  
4.10.2017

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**1. Reflections**

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: [bjginbc@aol.com](mailto:bjginbc@aol.com) and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Saw our friend Brian Biro give a talk about his fantastic new book, THERE ARE NO OVERACHIEVERS: SEIZING YOUR WINDOWS OF OPPORTUNITY TO DO MORE. To find out how you can get a copy, as well as to see more pictures from the event, please click: [Here](#)



(2) Caught a funny play, THE NERD, at NC Stage. That's me with Jeff Catanese. Kudos to him for his spot on direction, as well as to the rest of the talented cast: Adam Arthur, Patrick Brandt, Anderson Bowman, Frances Davis, John Preston Mendenhall, Christy Montesdeoca and Bill Park. ... Nathan Singer, stage manager, and Samantha LeBrocq, costumes, are also to be commended.

You're in luck, in that you can still catch this play through April 23. For tickets, please click: [Here](#)



(3) We went to the above with our friends Grant Randall and Ginny Plaisted and then afterward, we dined at one of our favorite Italian restaurants: Strada Asheville. I don't think we have ever had a bad meal there and that night was no exception. We also were greeted by Anthony Cerrato (center), the owner, and we received great service from Emma.



(4) On another night, we went to The Local Joint with our friends (on the right), back to front: Judy and Dave Blumo and Bonnie Sibner. As you can see by our expressions, we really enjoyed our meal--and the Kendall's fine service.



**B. During the week:**

(1) Hosted on my radio show on WPVM the following two guests: Jane Hatley (left photo), WNC Regional Director at Self-Help Credit Union, in the first half and then George Pappas (right photo), author of THE LITERARY AND LEGAL GENERAL OXY OF NATIVE AMERICAN DISPOSSESSION, in the second half ... To listen, please click: [Here](#)

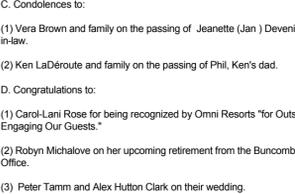
And then scroll down until you get to the 4.12.17 program.



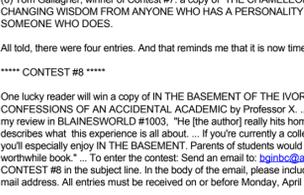
(2) Heard Jonathan Freedberg give an informative presentation to the Asheville Jewish Business Forum on "25 years Helping Businesses Grow: Tales From the Trenches." ... For more pictures from the event, please click: [Here](#)



(3) Attended another informative talk, given this time by Andrew Altherton (right), Elder Law Attorney. He was part of an "Aging Well" panel presented by McGuire, Wood & Bissett that also featured Amy Fowler, Geriatric Care Manager, and Dr. Peggy Noel, Geriatrician and Founder of MemoryCare. Joining us in the picture is Richard Kort (left), another one of McGuire, Wood & Bissett's fine attorneys.



(4) Had fun leading a SCORE seminar that was attended by, among others, Laura Uherka (left) with Simply Change and Jay Coyle (right), an entrepreneur.



**C. Condolences to:**

(1) Vera Brown and family on the passing of Jeanette (Jan ) Devenith, Vera's sister-in-law.

(2) Ken LaDérouté and family on the passing of Phil, Ken's dad.

**D. Congratulations to:**

(1) Carol-Lani Rose for being recognized by Omni Resorts "for Outstanding Work Engaging Our Guests."

(2) Robyn Michalove on her upcoming retirement from the Buncombe County Sheriff's Office.

(3) Peter Tamm and Alex Hutton Clark on their wedding.

(4) Asheville for being recognized as one of America's ultimate food cities by moneyinc.com. (Thanks, Marilynne Heribert, for sharing this information.) To read more, please click: [Here](#)

(5) Steve White, Senior Area Manager, as he leaves Asheville to take a new role in Colorado. He will be missed!

(6) Tom Gallagher, winner of Contest #7: a copy of THE CHAMELEON: LIFE-CHANGING WISDOM FROM ANYONE WHO HAS THE PERSONALITY OR KNOW SOMEONE WHO DOES.

All told, there were four entries. And that reminds me that it is now time for:

\*\*\*\*\* CONTEST #8 \*\*\*\*\*

One lucky reader will win a copy of IN THE BASEMENT OF THE IVORY TOWER: CONFESSIONS OF AN ACCIDENTAL ACADEMIC by Professor X. ... to quote from my review in BLAINESWORLD #1063, "The [the author] really hits home when he describes what this experience is all about. ... If you're currently a college professor, you'll especially enjoy IN THE BASEMENT. Parents of students would also find this a worthwhile book." ... To enter the contest: Send an email to: [bjginbc@aol.com](mailto:bjginbc@aol.com) and put CONTEST #8 in the subject line. In the body of the email, please include your snail mail address. All entries must be received on or before Monday, April 24, at 9 p.m.

**E. Invitations:**

(1) Please join the BLAINESWORLD team in the upcoming Walk a Mile event in Asheville on Sat., May 6. You'll even get to see me in my red heels (pictured below). Pretty hot, huh? ... To register, please click: [Here](#)



Note: Even if you can't make it that day, you're welcome to support our efforts virtually. Clicking the above link will also provide you with information on how to do so.

(2) I'd be honored if you would vote for me in the Best of WNC competition in these two Media Categories: Best Free Publication and right under it, Best Local Website. ... If you don't yet have a ballot, you can still obtain one by clicking: [Here](#)

(3) The next event of the Asheville Jewish Business Forum takes place on Tuesday, May 9, beginning at 5:30 p.m. at Earth Fare (community room), 1656 Hendersonville Rd, Asheville. There will be a presentation on Jewish Family Services and, also, one attendee will receive a beautiful piece of art done by Robin Morris. For more information about both Robin and the event, please click: [Here](#)

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

This week, it goes to my friend Carol Anders--host of the program, "Asheville & Arts," on Thursdays at 11 a.m. on 103.7fm or you can listen via the internet by clicking: [www.wpvmfm.org](http://www.wpvmfm.org). If you want to know about what's happening in Asheville, you need to catch this show. ... Carol is also a big supporter of live theatre. It seems she hardly misses a show and then she can be seen afterward, giving the performers both her thanks and an encouraging word. ... In encouraging word. ... Carol is active in The Autumn Players Readers Theatre Showcase. We are lucky to have her in our community!

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**2. FYI**

All my life, I have considered myself a Gemini. Yet that may no longer be the case if I consider the fact that the zodiac has changed. This information somehow never made it to my radar screen until recently. To find out more, please click: [Here](#)

Does this affect my personality? A good answer to that question was provided by this article that can be read by clicking: [Here](#)

The last paragraph is the key: To me, the signs you should pay attention to are your actions, your intents, and your outcomes. These reveal most about ourselves and most about our ability. So next time you want to understand yourself more, don't look up at the sky or listen to astrological predictions, simply look into the mirror.

FYI, part 2

To read each of the following contributions in full, please click: [Here](#)

(1) The Utter Uselessness of Job Interviews. (2) Get Happy: Four Well-Being Workouts. (3) Can naps make up for sleep deficits? (4) Which milk is most nutritious for you? (5) An Hour of Running May Add 7 Hours to Your Life. (6) Why Are So Many People Popping Vitamin C? (7) Why Deep Breathing May Keep Us Calm. (8) Rude Doctors, Rude Nurses, Rude Patients.

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**3. Joke 1**

If you're like me and you celebrate all holidays (more food, fun and friends that way) HAPPY PASSOVER! ... And regardless of your religion, here's a story for you to celebrate the holiday:

A British Jew is waiting in line to be knighted by the Queen. He is to kneel in front of her and recite a sentence in Latin when she taps him on the shoulder with her sword. However, when his turn comes, he panics in the excitement of the moment and forgets the Latin. Then, thinking fast, he recites the only other sentence he knows in a foreign language, which he remembers from the Passover seder: "Ma nishtana ha layla ha zeh mi kol ha laylot." ... Puzzled, Her Majesty turns to her advisor and whispers, "Why is this knight different from all other knights?"



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**4. Reviews**

A. *Saw Gifted*, a sweet drama about a single man forced into raising his young niece when her mother dies. Chris Evans and McKenna Grace are both excellent in the leading roles, and I also liked the work of Jenny Slate as the teacher who first realizes the child's amazing mathematical abilities. This is a feel good film that has some very touching moments. Rated PG-13.

B. Out on DVD this week is THE FOUNDER. Here's my review from BLAINESWORLD #1061: Saw THE FOUNDER, the true story of Ray Kroc who had been a struggling salesman before he met the brothers McDonald--operators of a burger operation in Southern California in the 1950s. This engaging film details how he eventually took control of the company and made it into a billion-dollar empire. Michael Keaton is terrific as Kroc, and Nick Offerman and John Carroll Lynch are were quite good as the McDonald brothers. Laura Dern is wasted in supporting role as Keaton's first wife. ... One scene, in particular, caught my attention. It showed how McDonald's came up with its system of producing hamburgers so quickly. Rated PG-13.

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**5. TV alert**

A. YOU THE JURY: Premieres on Fri., April 21, at 9 p.m. on Fox. Each episode presents a different real-life lawsuit with genuine judges, lawyers, plaintiffs, witnesses and defendants.

B. KILLING RICHARD GLOSSIP: Premieres on Mon., April 17, and Tues., April 18, at 9 p.m. on Investigate Discovery. The two-part special digs into a controversial murder and provides evidence of inmate Richard Glossip's innocence.

C. THE IMMORTAL LIFE OF HENRIETTA LACKS: Premieres on Sat., April 22, at 8 p.m. on HBO. Oprah Winfrey stars in this adaptation of the nonfiction bestseller about a woman who dies of cancer in 1951.

D. MARY KILLS PEOPLE: Series premiere on Sun., April 23, at 10 p.m. on Lifetime. An ER doctor by night feigns as an angel of death, prescribing euthanasia for terminal clients who are seeking to die with some dignity.

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**6. Joke 2**

HAPPY EASTER, too! ... And regardless of your religion, stay away from this place if you don't want any disappointed kids--or adults. (Thanks, Amy Gordon, for posting.)



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**7. Clips/Websites**

A. Listen to the sounds of rock 'n roll being made by clicking: [Here](#)

B. Younger folks tend to find Buzzfeed fun. You might, too. See for yourself by clicking: [Here](#)

Here's a sampling of what you may find:  
Can You Throw A Successful Party?  
17 Memes To Send To Your Ex About ...  
18 Jokes To Send To Your Friend Who Loves Drama  
11 Happy Little Things To Make You Smile This Week

C. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#)

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**8. Technology tip**

If you are running out of space on your iPhone, it might be because of the fact that when you delete something, it is never really permanently deleted ... and it still takes up space ... it would be nice if somebody told you how to permanently delete stuff; e.g., when you purchase a cellphone ... Mr. Helpful here. To find out how to do this, please click: [Here](#)

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**9. Joke 3**

This has me writing a note to myself: "Self, avoid this church!" (Thanks, Carol Seufert, for sharing.)



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**10. A quote I like**

"You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater vision, with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget the errand."--Woodrow Wilson (1856-1924), American politician and academic who served as the 28th President of the United States from 1913 to 1921

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**11. Thought for the day**

Thanks, Chris Filipiak, for sharing the following: People are like garbage trucks

People are like garbage trucks is a short film about the positive and healthy way to react when negativity comes our way. Don't allow a negative experience effect you for the worse. We may not have the power to control everything that happens to us, but we DO have a choice on how we react to it. We can take control and not allow negativity to creep in and ruin our positive outlook and way of life. Love the people who treat you right and pray for the ones who don't. Wishing you a garbage free day!

To view this film, please click: [Here](#)

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**12. Advance planning department**

To read about each of the following events in full, please click: [Here](#)

**A. NC events**

(1) STUPID F\*CKING BIRD at The Magnetic Theatre. (2) Eliada and the Kiwanis Club of Asheville bring you Flapjacks & Friends. (3) Womensong: Turn the World Around.

**B. PANJ events**

(1) Meet the Candidates for Lower Makefield Township Supervisor: Jeanette Kelley & Fred Weiss. (2) THE EXPLORERS CLUB at Actors' NET of Bucks County.

PS. Make it a wonderful week!

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