

# BLAINESWORLD

#1129  
5.14.2018

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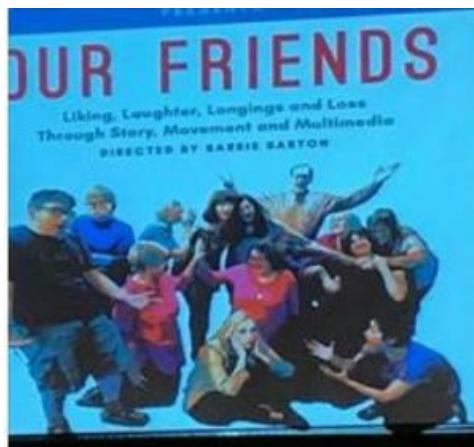
### 1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: [beginbc@aol.com](mailto:beginbc@aol.com) and put SUBSCRIPTION in the subject line.

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A. Cynthia, my beautiful bride, and I spent a delightful Sunday at the Story Choreography Projects production, directed by Barrie Barton. .... Performers: Cynthia Greenfield, Bonnie Sibner, Rob Campbell, Jay Joslin, Amanda Levesque, Joann Rose, Suzanne Lowe, Cappy Tosetti, David Wright, Essie Silvers, Melinda Toney, Rita Jordan, Marcy Gallagher, Kathy Edwards and Susan Markowitz. .... Artistic Director: Barrie Barton; Technical Assistance: Bob Lantis. .... Note: To best see any picture, left click your mouse to see it at full size; if you then wish to save any picture to your computer, after you have it at full size, right click your mouse. .... And for more pictures, please click:

[Here](#)



# OUR FRIENDS: LIKING, LONGINGS, LAUGHER & LOSS

71 Photos



B. WPVM/FM invites you to listen to the BLAINESWORLD show from Wed., May 16, 2018 ... Guest (first half): Althea Gonzales, Artistic Director of Woman's Song, [Here](#) ... Guest (second half): Richard Shulman, Composer/Keyboardist/Recording Artist; for more information: [Here](#) ... To listen to the show, please click: [Here](#)



C. During the week, I:

(1) Was fortunate to be able to catch the last performance of THE GIN GAME at Hendersonville Community Theatre. There were terrific performances from Cathy Jewell Fischer and Rick Huhn, and Bob Reece's direction was spot on.



(2) Was glad that I got to catch the Montford Park Players' superb production of THE IMPORTANCE OF EVENING at the Hazel Robinson Amphitheatre. .... The good news for y'all: This trivial comedy for serious people runs through May 26. ... For more information, please click: [Here](#) ... And best of all is the fact that all shows are free!





(3) Saw THE MERCY SEAT at 35below. Do yourself a favor and catch this show before its run ends on May 20. This drama has powerful performances from Jamie Knox and Badi Mirhell, along with a spot on directing job from Jeff Messer. Kudos, also, to Jason Williams for his lighting design and Nina Troy for both stage managing and handling the sound design. ... For tickets, please click: [Here](#)



D. In addition, I met with Dr. Michael Trayford, my friend, for a tasty lunch at Juicy Lucy's. We were also able to plan our participation in Step 2 Rise, an event sponsored by the Dementia Society of America. Registration is already underway event and open to anybody in the country. All you need to do is walk and/or run over the next month.

For more information, please click:  
[Here](#)

To register for the BLAINESWORLD team (and there is no charge to do so), please click:  
[Here](#)





E. And I also got to solve all the world's problems when I met with some other friends, Mark and Shelley Lieberman.



F. Congratulations to:

(1) Sand Hill Kitchen on winning the latest round of Fried Chicken competition. Please join me in voting for this great eatery in the championship round. You can do so by clicking this link:

[Here](#)

(2) Ezra and Rachel Shenken on the latest addition to their family, a baby boy.

(3) Dakota Mann on his graduation from Blue Ridge Community College.

(4) Chuck Taft on his attaining his graduate degree in music and worship from the Lee University School of Music.

(5) Mary Katherine Smith on her new position as Instructional Assistant at Charlotte-Mecklenburg Schools.

(6) Jill Sparks on your graduation from Leadership Asheville 36.

(7) Nathaniel Litchman on graduating from Fordham University with his master's degree.

G. Reminder:

There's still time to enter:

\*\*\*\*\* CONTEST #11 \*\*\*\*\*

One lucky reader will win an autographed copy of Marvin Sadovsky's fantastic book, THE BULLIED, FAT, STUTTERING KID. It's an inspiring true story about how he changed his life around. (See BLAINESWORLD #1126 for my full review.) ... To enter the contest, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put CONTEST #11 in the subject line, then include your snail mail address in the body of the email. All entries must be received by 9 p.m. on Mon., May 21, 2018.

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

This week, it goes to Coy Theobalt--a talented handyman who heads his own company called A Bit Of It All. ... He recently replaced all our smoke detectors. What particularly impressed us was the research he did before beginning the job. In doing so, he found us some smoke detectors that not only contained carbon monoxide detectors, but also lithium batteries that lasted 10 years. (So we won't have to replace them each year.) ... In addition, Coy did some other minor repairs, and he and will be doing several other jobs for us in the near future. For more information about his company, please click:

[Here](#)

Note: If the name and/or picture seems familiar, it is because Coy is also the local actor who has delighted us in such shows as LA CAGE AUX FOLLES and WIT, among others.



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## 2. FYI

I have difficulty swallowing pills and often need to chew them. The taste is often terrible. ... Though I had heard about putting them in applesauce, I only recently tried doing this--thanks to the recommendation of Jared Mattson, our pharmacist extraordinaire (at Carolina Mountain Pharmacy). He also showed me how to open capsules to mix into the applesauce, and he also suggested that I buy a pill crusher for other medicines. ... The results have been amazing; i.e., I no longer dread having to take capsules or pills.

FYI, part 2

To read each of the following contributions in full, please click:

[Here](#)

(1) Pat Hannigan: PF Changs can be hit or miss. (2) Where you live has a bigger impact on happiness and health than you might imagine. (3) Six Actually Convincing Ways to Fake a Tan.

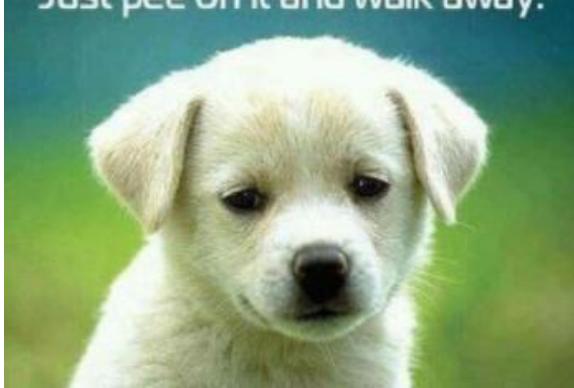
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## 3. Joke 1

This has me writing a note to myself: "Self, do this." (Thanks, David Joe Miller, for posting.)

Handle every stressful situation  
like a dog.  
If you can't eat it or play with it,  
just pee on it and walk away.



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#### 4. Reviews

A. Saw DISOBEDIENCE, a drama about a woman who returns to the community that shunned her decades earlier. The performances from Rachel Weisz, Rachel McAdams and Alessandro Nivola were all quite good, but the film was somewhat slow-moving for me. It also seemed to have about three endings, and I would have preferred the first one. Rated R.

B. Heard HEDY'S FOLLY: THE LIFE AND BREAKTHROUGH INVENTIONS OF HEDY LAMARR, THE MOST BEAUTIFUL WOMAN IN THE WORLD (Books on Tape), written by Richard Rhodes and read by Bernadette Dunne. ... The premise is a fascinating one. Lamarr, a world famous actress, was also an inventor who teamed with an avant-garde composer to invent spread-spectrum radio, the technology that made wireless phones, GPS systems and many other devices possible. ... That said, the first half of the book dragged with the stories of many other characters that had little interest for me. I would have also liked to have heard more about Lamarr's acting career. ... The book did pick up toward the end.

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#### 5. TV alert

A. 13 REASONS WHY: Now available via Netflix  
The show returns for an engrossing 13-episode sequel, asking who should be held accountable for the toxic culture of bullying and sexual assault that led to the suicide of Hannah.

B. FAHRENHEIT 451: Tuesday, May 22, on HBO  
Ray Bradbury's cautionary fable from 1953 is remade into a new movie starring Michael B. Jordan and Michael Shannon.

C. STEVE MARTIN AND MARTIN SHORT: AN EVENING YOU WILL FORGET FOR THE REST OF YOUR LIFE: Premieres on Netflix on Friday, May 25  
The iconic comedians team up at a live stage show.

D. THE TALE: Movie premiere on Saturday, May 26, on HBO at 10 p.m.  
A woman, Laura Dern, probes her memories about being bullied.

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#### 6. Joke 2

I think every morning that I am going to make pancakes, but I keep waffling. (Thanks, Jim Chewning, for posting.)





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## 7. Clips/Websites

A. Check out these clips at your convenience:

(1) Delores Chalmers: Lo Mac - Erryday Do Me (OFFICIAL MUSIC VIDEO)  
[Here](#)

(2) Elena Azevedo: Don't wake me up  
[Here](#)

(3) Robert Goulet: The Happy Time  
[Here](#)

(4) Cute version of Jeremiah was a Bullfrog  
[Here](#)

B. To explore visual journalism, check out The Darkroom. To quote from the website: Keep up to date with The Darkroom through our weekly newsletter, which will highlight the best photos and video from the award-winning Baltimore Sun visuals staff. Tune in each week for a featured photo essay and see the next category in the SunShots reader photo contest.

To see this website for yourself, please click:  
[Here](#)

C. BLAINESWORLD, the website, remains up and running . . . to view it, please click:  
[Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking:  
[Here](#)

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## 25 Areas of Digital Clutter to Minimize by Joshua Becker

A clean, uncluttered room breathes fresh energy into your home and life. In the same way, an uncluttered computer results in a more enjoyable, fresh, and productive experience. Don't underestimate the value. The benefits far outweigh the time investment that is required.

To keep your digital clutter to a minimum, try attacking these 25 Areas of Digital Clutter to Minimalize.

For the rest of this informative article, please click:  
[Here](#)

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## 9. Joke 3

My friend told me that when she was a kid, "There was no Internet. Sometimes people would have to walk for miles just to call me a bitch." (Thanks, Lyn Donley, for posting.)





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#### 10. A quote I like

"One advantage of talking to yourself is that you know at least somebody's listening."--  
Franklin P. Jones (1908-1980), American journalist

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#### 11. Thought for the day

A BETTER WAY TO FIGHT ANY WAR (long, but well worth the read):  
Draft guys over 60!

I am over 60. and the Armed Forces thinks I'm too old to track down terrorists.

You can't be older than 42 to join the military. They've got the whole thing ass-backwards. Instead of sending 18-year-olds off to fight, they ought to take us old guys.

For the rest of this piece, please go to Section 1 when you click:  
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#### PS. Make it a wonderful week!

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