

BLAINES WORLD

#1183
5.20.2019

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1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bginbc@aol.com and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Loved STORY CHOREOGRAPHY PROJECTS PRESENTS LOST AND FOUND. a storytelling performance directed by Barrie Barton.

I got a special kick out of it because Cynthia was one of the performers. She was terrific!

For more pictures, as well as information about this program, please click: [Here](#).





(2) Special thanks to Kevin Jameson who told me how to take any Facebook album and make a shareable link out of it; e.g., so all can see. (See above.)

Facebook used to allow this, but discontinued the option several months ago. You can still do it by following these steps, according to Kevin:

- a. Go to the post, on your PC, not mobile, and hover your mouse over the time/day section in the upper left. It'll say something like: "May 17 at 11:19."
- b. RIGHT CLICK, choose COPY LINK, then you can paste the URL into email or some other document.

The cool thing: I'm pretty sure it works even for non-Facebook users.

Please let me know if that's the case.

(3) Enjoyed our recent dinner at Stone Ridge Tavern where Brian Sams provided us with great service. He has long been one of our favorite servers in the area.



B. During the week, I:

(1) Participated as a judge in the Asheville Food Truck Showdown. It's a tough life I live, but somebody had to do it ... so I was honored to have been chosen to be one of the judges, along with Meherwan Irani (left photo in the center) and Mark Rounds (left photo on the right). The prize winning trucks were Bun Intended, Best Overall; Root Down, People's Choice; and Mountain View BBS & Deli, VIP Taster's Choice. ... Also pictured in the right photo were two friends who attended the Showdown: Rachel McCrain and Jenni Robinson. ... Kudos to Carey Harnash for his excellent job of organizing the event that helped raise funds for both Manna Food Bank and Brother Wolf.



(2) Saw Jerry Seinfeld at his recent show in Asheville. He was amazing. And perhaps the best part of the evening was how he let us take this picture with him! (Also

pictured: Amy and Rob Przynosch.)



(3) Caught the world premiere of BUNCOMBE TOWER, a fable about about the casualties of gentrification in a city a lot like Asheville. It stars Jay Allen Ponton (second from left), Corey Parlamento (far right), Lindsay Lee and Marlene Thompson, and is directed with aplomb by Katie Jones (second from right). ... I got a kick out of all the performances, but in particular, I'll long remember how Parlamento kept my attention from the end of the first act until the end of the play. ... BUNCOMBE TOWER runs through June 2. For tickets, please click: [Here](#).



C. You can view two BLAINESWORLD shows on WPVM from this past week. The first featured Steve Lloyd in the first half, followed by Sharon Lewis. To see it, please click: [Here](#).



The second one featured Lynda Shuler in the first half, followed by Amanda Sayles and Anthony Romeo. To see it, please click: [Here](#).

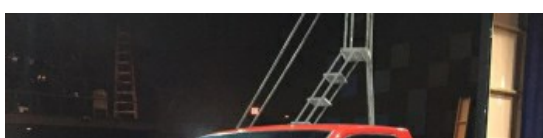


D. Cynthia is looking good, as always, modeling this T-shirt.



E. And below, you'll see the truck that will be featured in HANDS ON A HARDBODY. Somehow, the folks at Asheville Community Theatre managed to get it on stage. So if you catch the show during its run from June 7-30, you'll not only see the truck, but you'll also get to see me make a cameo appearance. For tickets, please click: [Here](#).

MR. CURIOUS HERE: I'm working on memorizing my lines. If you have any suggestions on learning dialogue, please do share them with me. This experience is making me even more appreciative of all my acting friends who often have to memorize not just lines of dialogue, but several pages!





G. Condolences to Steve Jencks and family on the passing of Steve's mom, Sally Hoover Jencks.

H. Congratulations to:

(1) Corneilia Powell on being named to the WPVM Board of Directors.

(2) McKayla A Reece on her new job with the North Carolina State Judicial System.

(3) Sara D Stender and Eddie Delaney on their marriage.

(4) Stephen Forbus on his new job as Church Development Officer for the Asheville Buncombe Community Christian Ministry.

I. Reminder ...

There's still time to enter ...

***** CONTEST #11 *****

One lucky reader will win two tickets to the Rotary Foundation's concert: David LaMotte and Friends (see below) on Sunday, June 9, at 4 p.m. at the Diana Wortham Theatre.

To enter the contest, send an email to: bginbc@aol.com and put CONTEST 11 in the subject line. In the body of the email, make sure you include your name and snail mail address, as well as your phone number for this particular contest. All entries must be received before 9 p.m. on Monday, May 27.

***** BLAINESWORLD BEST AWARD *****

Thanks, Ginny Plaisted, for this week's nomination:
I would love to nominate Kathryn for the BLAINESWORLD Best Award!

Kathryn Long is much more than an interior decorator. She is so friendly, honest and organized.

On top of that, she knows the best craftsmen and sub-contractors in town. Her superior work ethic is seen in all the people she recommends to complete a project.

Kathryn takes the time to find out her clients' tastes and needs. We had a small, but multi-faceted project with many sub-contractors involved. The project went smoothly and was completed in a timely manner.

My husband Grant and I had a wonderful time working with her, and we miss working with her.

Kathryn is truly an wonderful example of her profession.

Note: Kathryn recently announced that she will be moving her office from downtown Asheville to her home in the Biltmore Lake community. Her primary focus will be color/paint consultation, general updates and small renovations. She will also be partnering with other designers to make sure all your design needs are met.

In the meantime, though, she can still be reached at: kathryn@ambianceasheville.com or via phone, 828.253.9403.

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2. FYI

How is a country [Norway] that's home to just 5.2 million people so successful [in the winter Olympics]? One possible answer: Norway doesn't keep score

This might sound bizarre, but it's a strategy that clearly works, according to Tore Øvrebø, Norwegian Olympic Committee director of elite sports. The idea involves encouraging children to play sports without letting them keep score or count who's winning and losing until they reach the age of 13.

For more information about this incredible idea, please click: [Here](#).

Note: If you have HBO, see Section 5C for a segment on the above.

FYI, part 2

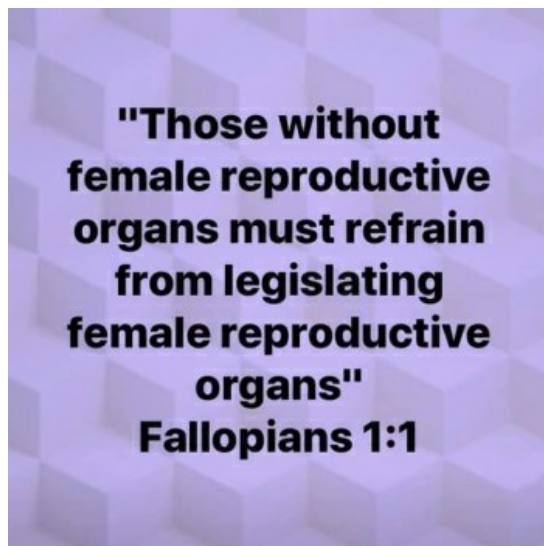
To read each of the following contributions in full, please click: [Here](#).

(1) Cappy Tosetti: So enjoy your weekly updates. (2) Ed Hackett: Dinosaurs Get Extinct Because They Liked Pineapple on Pizza. (3) Mary O'Shannon: Scientists Show How Gratitude Literally Alters The Human Heart & Molecular Structure Of The Brain. (4) HBO's 'Real Sports' Examines Racing Fatalities. (5) Jean Ryersbach: Pennsylvania plans day of kind acts to honor Mister Rogers. (6) Trissa King: Lifting Weights As You Age Cuts Your Risk Of Early Death By 46%.

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3. Joke 1

Amen--and awomen, too! (Thanks, Amber Riddle, for sharing.)



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4. Reviews

A. If you're a dog lover, you're going to love A DOG'S JOURNEY, a follow-up to 2017 A DOG'S PURPOSE. But methinks that even if you don't fit into that category, you're still going to like this sweet tale of Bailey who passes through several lives filled with love, friendship and devotion. ... I actually thought the plot was better in this film. Josh Gad again does a fine job as the voice-over talent, and Dennis Quaid is as earnest and believable as ever. ... Rated PG.

B. Heard AMERICAN HEIRESS: THE WILD SAGA OF THE KIDNAPPING, CRIMES AND TRIAL OF PATTY HEARST (Random House Audible), written by Jeffrey Toobin and narrated by Paul Michael. ... I followed this case closely when it happened back in the 1970s, in large part because I had been a neighbor of Steven Weed--Hearst's then boyfriend at the time of her kidnapping. ... It was a fascinating story, too, and it kept the nation engrossed for several years. ... Toobin's book is a page turner. You'll enjoy it--even if you're not familiar with Hearst. It will also make you wonder what you would have done had you been placed in a similar situation.

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5. TV alert

A. WHAT/IF: Available on Netflix, starting on May 24.
Renée Zellweger stars as a venture capitalist who has an indecent proposal for a struggling young couple. TV GUIDE calls it "a tawdry melodrama" that "is yummy junk food."

B. THE HOT ZONE: Mon.-Wed., May 27-29, on National Geographic Channel
This six-part (over three nights) docudrama is about Lt. Col. Nancy Jaax, played by Julianna Margulies who puts her reputation on the line in 1989 to convince officials that an outbreak at a monkey quarantine facility near Washington, D.C. is serious.

C. REAL SPORTS with BRYANT GUMBEL: Tues., May 28, at 8:45 a.m.
This particular episode has an eye-opening examination of why thousands of horses die while racing in the United States every year. ... I also liked the report on why Norway is producing incredible sporting results, as well as the part where WNBA superstar Elena Delle Donne discusses her relationship with her developmentally disabled sister, Lizzie, and why she turns down lucrative overseas contracts in the off-season to stay at home.

Note: Also see Section 2 for more information on how Norway is as successful as it is.

D. AMERICA'S GOT TALENT: Returns on Tues., May 28, at 8 p.m.
Terry Crews is the new host, and there are two new judges: Gabrielle Union and Julianne Hough. Hopefully, the quality and variety of the jaw-dropping and crowd-rising acts hasn't changed.

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6. Joke 2

DIET TIP: If you feel hungry, you could just be really thirsty. ... Drink a pitcher of margaritas and see how you feel. (Thanks, Ginger Heskett, for sharing.)



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7. Clips/Websites

A. Check out these clips at your convenience:

(1) Jeffrey Crespo: How to be Fearless in a Violent World: [Here](#).

(2) Elsten Torres: Here's a little sneak peak to our new song/video, "I'll be gone" from the new album #attheendoflovedropping this month at a digital store near you: [Here](#).

(3) Tom Giraldi: A Love for Life: [Here](#).

(4) Paul Marks: Imagine by World Leaders: [Here](#).

Note: The video clip can be seen at the beginning of the article. It could still be seen at the time of this writing, but watch it soon because methinks that it may be soon be taken down because of a possible copyright violation. Also, read the article if you want to find out more about how it the clip was made.

(5) Roberta Gurwood: Honoring fallen soldiers: [Here](#).

B. Would you like to learn something useful about history or technology without feeling

like you are in school? Then check out the Smithsonian site by clicking: [Here](#).

The articles are both interesting and not too technical. Among recent ones:
How Hollywood Encouraged Recruitment for World War II
A Total Solar Eclipse 100 Years Ago Proved Einstein's General Relativity
A Deep Dive Into the Plans to Take Tourists to the 'Titanic'
What You Didn't Know About the Apollo 11 Mission

C. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#).

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

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8. Technology tip

If you get a message on your computer that tells you that there's a problem and/or gives you a number to call, it is often a scam--or worse. One thing you should do at once: Type the phone number you're given into your browser. It will often show you if there is a problem with the number.

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9. Joke 3

An elderly couple return to a Mercedes dealership where the salesman has just sold the car they were interested in to a beautiful, leggy blonde. "I thought you said you would hold that car till we raised the \$75,000 asking price," said the man. "Yet I just heard you closed the deal for \$65,000 to that lovely young lady there. You insisted there could be no discount on this model." "Well, what can I tell you? She had the ready cash and, just look at her. How could I resist?" replied the grinning salesman. Just then the young woman approached the aged couple and gave them the keys. "There you go," she said. "I told you I would get that dope to reduce it. See you later, grandpa." (Thanks, Lucille Eckert, for sharing.)



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10. A quote I like

Thanks, Paul Marks, for sharing:
"If you are depressed, you are living in the past.
If you are anxious, you are living in the future.
If you are at peace, you are living in the present."
Lao Tzu (601 BC- Unknown), ancient Chinese philosopher and writer

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11. Thought for the day

Wager: It Matters (MHU Commencement Address)
by Guy Sayles

This morning, I make, and elaborate on, a simple but contestable claim: It matters.

It matters: your life, their lives, and the life of the earth; who you are and who you become; what you do and what you leave undone. It matters how you spend or waste time; how you earn, invest, and squander money; and how you use or misuse your influence. It really does matter that you live intentionally, not haphazardly-living with awareness in each moment but not merely for the moment.

For the rest of this inspiring speech, please go to Section when you click: [Here](#).

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12. Advance planning department

To read about each of the following events in full, please click: [Here](#).

A. NC events

(1) Susan Harper: ACT's A GALA IN WONDERLAND. (2) Stu Helm: Asheville Pie Fight.

B. PA/NJ event

At Kelsey Theatre at Mercer County Community College: INHERIT THE WIND.

PS. Make it a wonderful week!

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