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1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bginbc@aol.com and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

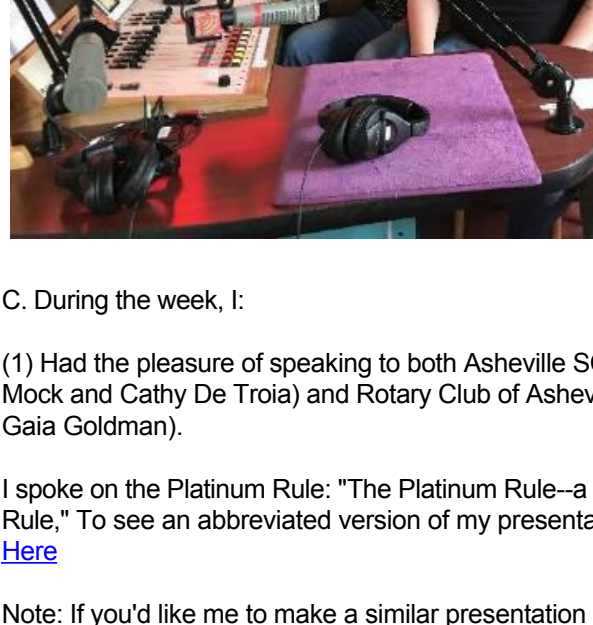
(1) Were dismayed to be photobombed by the animals on display at the Green Sage on Hendersonville Road.



(2) Enjoyed our dinner with Tom and Marcy Gallagher) at Cornerstone Restaurant where we received fine service from Michael.



(3) Had great pizza on our first visit to Del Vecchios. It won't be our last. The staff (especially Kenny, the manager) was very friendly.



B. WPVM/FM invites you to listen to the BLAINESWORLD show from Wednesday, May 30 Guests (first half): Rodney Smith and Jason Phillips, discussing FULL-TILT BOOGIE AT THE BIG BANG DINER; for more information: [Here](#) ... Guest (second half): Aaron Wesley Means, CEO of ACTIVATE; for more information: [Here](#) ... To view the show via Facebook Live, click: [Here](#); to listen to the radio broadcast, please click: [Here](#) ... Pictured, l-r: Rodney Smith, Jason Phillips, Blaine Greenfield and Aaron Wesley Means.

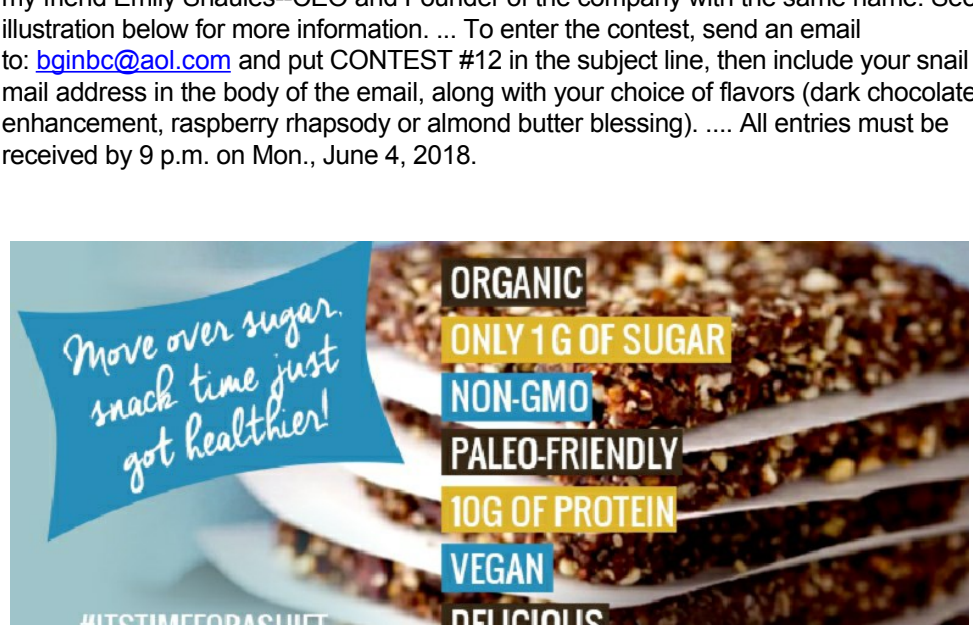


C. During the week, I:

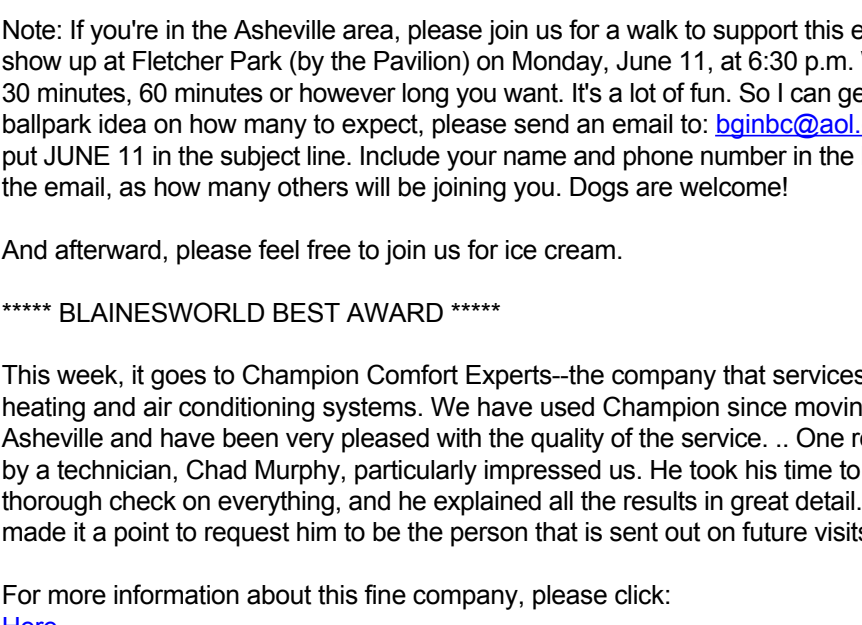
(1) Had the pleasure of speaking to both Asheville SCORE (left, pictured with Tom Mock and Cathy De Troia) and Rotary Club of Asheville South (right, pictured with Gaia Goldman).

I spoke on the Platinum Rule: "The Platinum Rule—a Better Alternative to the Golden Rule." To see an abbreviated version of my presentation, please click: [Here](#)

Note: If you'd like me to make a similar presentation to your company or organization, please send an email to: bginbc@aol.com and put PRESENTATION in the subject line.



(2) Got to see FULL TILT BOOGIE AT THE BIG BANG DINER, written and directed by Rodney Smith. This comedy of super-heroic productions is now at the Magnetic Theatre and runs through June 9. For tickets, please click: [Here](#)



D. Condolences to Katie Kasben and family on the passing of Kathleen Lockhart Valley, Kate's grandmother.

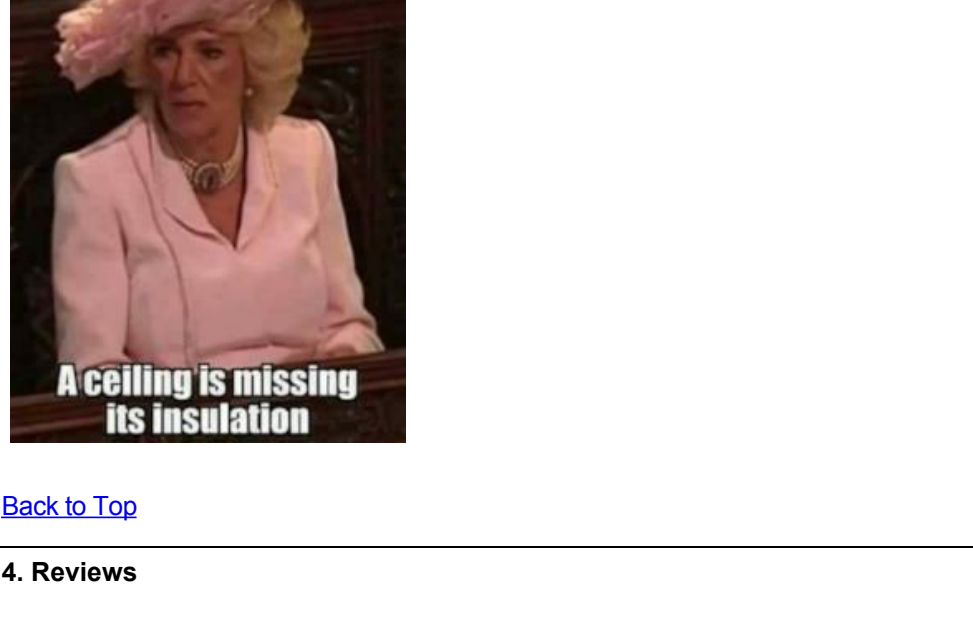
E. Congratulations to Cheryl Fishman on passing her DELE Spanish exam, proving that she is proficient in speaking that language. This means she can now validate her PT title in Spain.

G. Reminders:

(1) There's still time to enter ...

***** CONTEST #12 *****

One lucky reader will win a box of Shift Bars, the delicious organic bar developed by my friend Emily Shaules—CEO and Founder of the company with the same name. See illustration below for more information. ... To enter the contest, send an email to: bginbc@aol.com and put CONTEST #12 in the subject line, then include your snail mail address in the body of the email, along with your choice of flavors (dark chocolate enhancement, raspberry thosbody or almond butter blessing). All entries must be received by 9 p.m. on Mon., June 4, 2018.



(2) to join me in participating in Step 2 Rise, an event sponsored by the Dementia Society of America. Registration is already underway and is open to anybody in the country. All you need to do is walk or run over the next month and have your steps counted.

For more information, please click: [Here](#)

To register for the BLAINESWORLD team (and there is no charge to do so), please click: [Here](#)

Note: If you're in the Asheville area, please join us for a walk to support this effort. Just show up at Fletcher Park (by the Pavilion) on Monday, June 11, at 6:30 p.m. Walk for 30 minutes, 60 minutes or however long you want. It's a lot of fun. So I can get a ballpark idea on how many to expect, please send an email to: bginbc@aol.com and put JUNE 11 in the subject line. Include your name and phone number in the body of the email, as how many others will be joining you. Dogs are welcome!

And afterward, please feel free to join us for ice cream.

***** BLAINESWORLD BEST AWARD *****

This week, it goes to Champion Comfort Experts—the company that services our heating and air conditioning systems. We have used Champion since moving to Asheville and have been very pleased with the quality of the service. ... One recent visit by a technician, Chad Murphy, particularly impressed us. He took his time to do a thorough check on everything, and he explained all the results in great detail. We have made it a point to request him to be the person that is sent out on future visits.

For more information about this fine company, please click: [Here](#)

2. FYI

6 Things You're Recycling Wrong

by Livia Albeck-Ripka

We have all done it: a greasy pizza box, a disposable coffee cup, the odd plastic bag. Sometimes, we want things to be recyclable, so we put them in the recycling bin.

Waste managers often call this wishful or aspirational recycling. But, unfortunately, putting these objects in with the rest of the recycling can do more harm than good. While rules differ in every municipality (check your local recycling website to find out what's acceptable), we have picked out some key offenders to keep in mind.

For the rest of this informative article, please click: [Here](#)

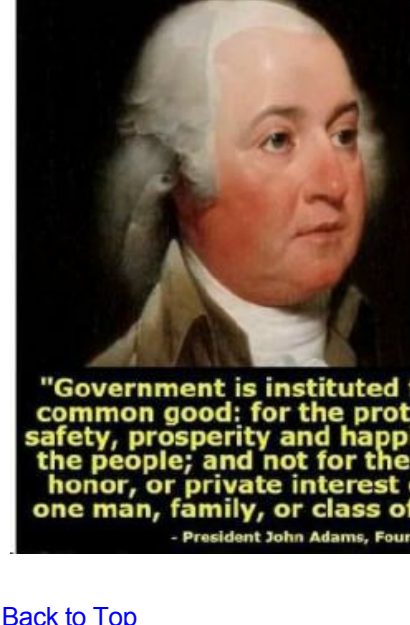
FYI, part 2

To read each of the following contributions in full, please click: [Here](#)

(1) Steve Rizzo: Here are [the movies] that stick out now.
 (2) Mike Yow: I love that old pic from 1976, sirl.) (3) Laura Beyer: I know you like movies as much as I do, (4) Zuzu Welsh: Surf in and vote Zuzu Welsh Band - The Tavern. (5) Ilene Logelin: Didn't know about your heroine operation. (6) How a Common Interview Question Fuels the Gender Gap (and How to Stop It).

3. Joke 1

Ever since May 19, the date of the Royal Wedding, my house hasn't been as cool it should be. Now I know why! (Thanks, Ed Nasta, for sharing.)



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4. Reviews

A. RBG is an amazing documentary about Ruth Bader Ginsburg, the U.S. Supreme Court Justice, who has become an unexpected pop culture icon at the age of 84. It is also a beautiful love story about the long marriage she had with her husband. At the end of the film, the audience stood and applauded. You will, too. Rated PG.

Note: I've just added RBG to my list of favorite documentaries. If you want to see the entire list (that contains other movies, too), send an email to: bginbc@aol.com and put FAVORITES in the subject line.

B. Find A MONSTER CALLS via Netflix, a grim but moving tale about a young boy overwhelmed by his mother's illness who begins to understand human complexity through the tales of a tree monster. The description didn't make it seem like my kind of film, but I was surprised to find out that it was. 12-year-old Lewis MacDougall is outstanding in the leading role. Rated PG-13.

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5. TV alert

A. BOBBY KENNEDY FOR PRESIDENT: Now available via Netflix
 Ten thousand reels of film and one hundred sources were used for this comprehensive, four-hour documentary.

B. SUCCESSION: Sun., June 3, at 9 p.m. on HBO
 According to TV GUIDE, "Fans of Billions, who love seeing rich jerks behaving badly, will dig this slick and thinly veiled parody of the Murdoch media empire."

C. DIETLAND: Mon., June 4, at 10 p.m. on AMC
 A veteran of many a failed diet works in anonymity until she catches the eye of a secret society of radical feminists whose violent tactics of reprisal include tossing men accused of sexual assault out of airplanes. The always watchable Julianna Margulies is one of the stars.

D. SWING TIME and TOP HAT: Thurs., June 7, at 6 p.m. and 10 p.m., respectively, on TCM
 If you're a Fred Astaire fan, like I am, you won't want to miss these two classic films.

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6. Joke 2

A man is talking to his horse, trying to get it to do some work. . . "You do good work, Bessie. I really appreciate all that you do for me." . . . The horse doesn't move. The guy continues. . . "You are the best, Bessie. I don't know what I would do without you." . . . The horse still doesn't move. Finally, the horse has to respond. . . "You know," Bessie says, "the word is feedbag—NOT feedback."

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7. Clips/Websites

A. Check out these clips at your convenience:

- (1) Cynthia Greenfield: I Think You're Wonderful [Here](#)
- (2) Ed Nasta: Desktop Punching Bag [Here](#)
- (3) Kay Galvin: Les Misérables Flash Mob - Orlando Shakespeare Theater [Here](#)
- (4) Zurcaroh: Golden Buzzer Worthy Aerial Dance Group Impresses Tyra Banks - America's Got Talent 2018 [Here](#)

B. For ideas for your dream home, check out HomeDSGN by clicking: [Here](#)

From \$100,000 homes to multi million dollar properties, HomeDSGN is the temporary or pure traditional home.

I especially enjoyed a recent post on 10 Homes With Unbelievable Views.

C. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#)

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8. Technology tip

Mr. Curious here: Anybody using Google Assistant? If so, what do you think about it?

I'm reading lots of good thing about the Assistant, including this article: The future of the Google Assistant: Helping you get things done to give you time back by Scott Huffman

We announced our vision for the Google Assistant just two years ago at I/O, and since then, we've been making fast progress in bringing the Assistant to more people around the world to help them get things done. As of today, the Google Assistant is available on more than 500 million devices, it works with over 5,000 connected home devices, it's available in cars from more than 40 brands, and it's built right into the latest devices, from the Active Edge in the Pixel 2 to a dedicated Assistant key in the LG G7 ThinQ. Plus, it'll be available in more than 30 languages and 80 countries by the end of the year.

Today at I/O, we're sharing our vision for the next phase of the Google Assistant, as we make it more naturally conversational, visually assistive, and helpful in getting things done.

For the rest of this informative article, please click: [Here](#)

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9. Joke 3

When I was young in the 1970s, I decided I wanted to be a doctor. So I took the entrance exam to go to medical school. . . . One of the questions asked us to rearrange the letters PNEIS into the name of an important human body part which is most useful when erect. . . . Those who answered "spine" are doctors today. . . . The rest of us are posting jokes on the internet. (Thanks, Helene Peyton, for sharing.)

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10. A quote I like

Methinks we need more politicians to take heed of these words ...

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11. Thought for the day

Soooo true about never forgetting! And if you're like me and celebrate all holidays (more food, fun and friends that way), HAPPY MEMORIAL DAY! ... My hope is that you get to enjoy the day, but that you also remember the men and women who died while serving in our country's armed forces.

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12. Advance planning department

To read about each of the following events in full, please click: [Here](#)

A. NC events

(1) David Joe Miller: The Friends of the Buncombe County Library present Storyteller and Producer, David Joe Miller on Thursday evening June 21st. (2) Kimberly Hughes: FEMININE FACES OF GOD.

B. PANJ event

Laugh-Out-Loud Tribute to Wild '70s in Disaster! A Musical,' Coming to MCCC's Kelsey Theatre

PS. Make it a wonderful week!

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