

#1079  
5/29/2017

In this issue

1. Reflections
2. FYI
3. Joke 1
4. Reviews
5. TV alert
6. Joke 2
7. Clips/Websites
8. Technology tip
9. Joke 3
10. A quote I like
11. Thought for the day
12. Advance planning department

---

**1. Reflections**

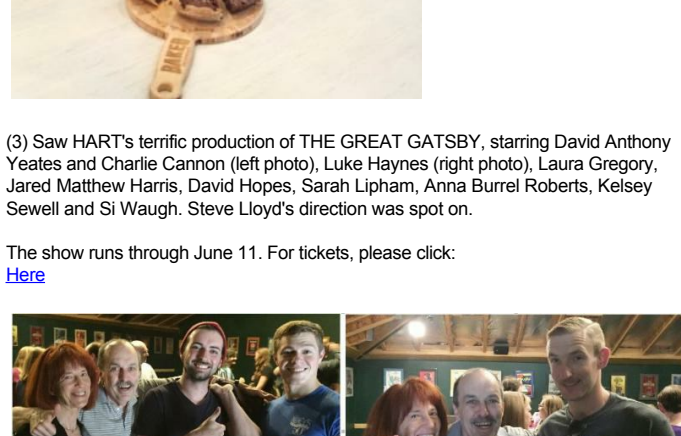
If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to [blainbc@aol.com](mailto:blainbc@aol.com) and put SUBSCRIPTION in the subject line.

---


A. Cynthia, my beautiful bride, and I:

(1) Participated in the Asheville kickoff of the Dementia Society of America's Step2Raise campaign. A bunch of folks (and dogs, too) joined us at the event that was held at Fletcher Community Park. Special thanks to Dr. Mablethy Trumbull and Apex Brain Centers for being a co-sponsor, along with the BLAINESWORLD blog and radio show, as well as to Anthony Alherton for having his McGuire, Wood and Bisette law firm provide the bottled water that all the walkers received. ... For other pictures, please click:  
[Here](#).

For those not able to join us, there's GOOD NEWS! ... You can still have your steps "counted" as part of this effort. There's no charge, nor is there any fundraising involved. To find out how to participate, please click:  
[Here](#).




(2) Afterward, we went to the Baked Pie Company in Arden for a delicious pie sampling of their chocolate chip cookie, fudge brownie and blueberry crumb pie, accompanied by salted caramel ice cream. It's a tough life, but someone has to live it ... so it might as well be us!



(3) Saw HART's terrific production of THE GREAT GATSBY, starring David Anthony Yesler and Charlie Carver (left photo), Luke Hoynes (right photo), Laura Gregory, Jared Matthew Harris, David Hopes, Sarah Lipham, Anna Burnett Roberts, Kelsey Sewell and Si Waugh. Steve Lloyd's direction was spot on.

The show runs through June 11. For tickets, please click:  
[Here](#).

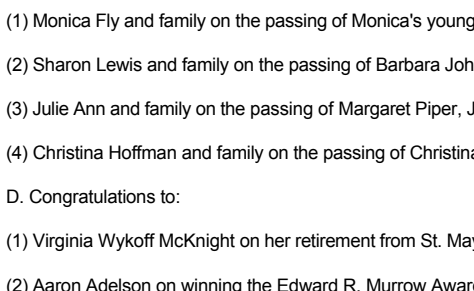


(4) Felt like we were in a foreign country when dining at Wild Wok, one of our favorite Asian eateries, where the food is always good-as is the service we receive from Kendra.

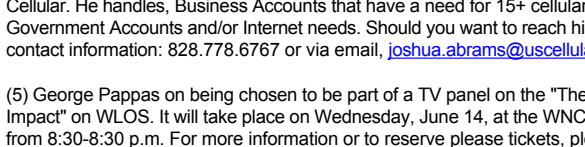


B. During the week I:

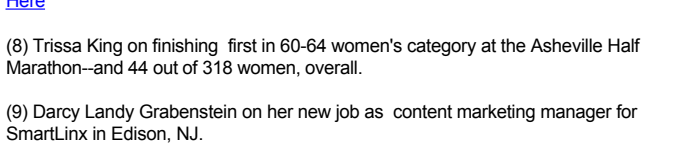
(1) Hosted the BLAINESWORLD radio show on WPVM that featured David Weiner (on the left in photo), Executive Director of DMH Solutions, in the first half ... and Chris Faisak (on the right in photo), L.L.C. & Group Leader, Greater Asheville Business Network, in the second half. ... Also, congratulations to Irene and Tino Prochida, fundraisers extraordinaire for many non-profit organizations in the Asheville area, on winning last week's BLAINESWORLD BEST AWARD. ... To listen, please click: <https://wpvmfm.org/show/blaineworld/> and scroll down to the 5.31.2017 show.



(2) Joined my friend Mike Martinelli (on the right) and his friends Richard and Barbara MacKendrick (on the left) for lunch at Fatz in Hendersonville where we celebrated Barbara's birthday. It was nice of Garrett, our server, to bring out a sundae that we all shared to honor the occasion.



(3) Then went with Mike to see A TUNA CHRISTMAS at Flat Rock Playhouse, a hilarious comedy starring Scott Treadway and Preston Dyer (right). Kudos to Paige Posey for her excellent direction that had Treadway and Dyer play some 22 different characters.



C. Condolences to:

(1) Monica Fly and family on the passing of Monica's younger brother.

(2) Sharon Lewis and family on the passing of Barbara Johnson, Sharon's sister.

(3) Julie Ann and family on the passing of Margaret Piper, Julie Ann's mother-in-law.

(4) Christina Hoffman and family on the passing of Christina's uncle.

D. Congratulations to:

(1) Virginia Wykoff McKnight on her retirement from St. May's Church.

(2) Aaron Adelson on winning the Edward R. Murrow Award for his Feature Reporting on WLOS.

(3) Caleb Owolabi on having his company, Mon Jean-Pierre, win a best in show award at the Queen City Sneaker convention for its display.

(4) Josh Abrams on his new job as Business Account Sales Executive for U.S. Cellular. He handles, Business Accounts that have a need for 5+ cellular lines and Government Accounts and/or Internet needs. Should you want to reach him, here's his contact information: 828.778.6767 or via email, [josuaa.abrams@uscellular.com](mailto:josuaa.abrams@uscellular.com)

(5) George Pappas on being chosen to be part of a TV panel on the "The Immigration Impact" on WLOS. It will take place on Wednesday, June 14, at the WNC Ag Center from 8:30-8:30 p.m. For more information or to reserve please tickets, please click:  
[Here](#).

(6) Andrew Jones on his appearance on WLOS. To catch it, please click:  
[Here](#).

(7) Brian Morris on his appearance on WLOS. To view it, please click:  
[Here](#).

(8) Trissa King on finishing 31st in 60-64 women's category at the Asheville Half Marathon--and 44 out of 318 women, overall.

(9) Darcy Landy Grabenstein on her new job as content marketing manager for SmartLux in Edison, NJ.

E. Invitations:

(1) There's still time to enter ...

\*\*\*\*\* CONTEST #11 \*\*\*\*\*

One lucky reader will win an autographed copy of B.J. Elderman's CD. It's fantastic, as can be heard by listening to some samples when you click:  
[Here](#).

You can also view the first video from the above by clicking:  
[Here](#).

To enter: Send an email to [blainbc@aol.com](mailto:blainbc@aol.com) and put CONTEST #11 in the subject line. In the body of the email, put down your name and snail mail address. All entries must be received by 9 p.m. on Monday, June 5.

(2) Please feel free to join me at ...

Member Appreciation Night of the Asheville Jewish Business Forum

"Reflections of the Past and a Preview of the Future" is the topic for the Asheville Jewish Business Forum's monthly meeting Thursday, June 22, at Yao Buffet, 153 Smokey Park Highway, Asheville.

Registration and networking start at 5:30 p.m., with the program beginning at 6 p.m., followed by additional networking opportunities from 7-7:30 p.m.

Past members of the organization are encouraged to attend and to share their stories at the Member Appreciation Night program. Attendees will participate in a special focus group to help determine the future direction of the organization.

There is no charge for current members of the Jewish Business Forum to attend but registration is required. Guests are always welcome.

To pre-register, send an email to: [ashvilleJBF@aol.com](mailto:ashvilleJBF@aol.com) and put June 22 in the subject line and in the body of the email, include your name and if you'll be bringing any guests. (If so, please advise how many).

For additional information, contact Blaine Greenfield, AIBF president, at [blainbc@aol.com](mailto:blainbc@aol.com) or 828.633.1049.

\*\*\*\*\* Please RSVP \*\*\*\*\*

So we can have an idea on count. To do so, just hit REPLY to this email and include your name, as well as the number of guests you will be bringing. If you are reading this invitation via Facebook, please send an email to: [ashvilleJBF@aol.com](mailto:ashvilleJBF@aol.com) and include your name, as well as the number of guests you will be bringing. Guests are ALWAYS welcome. And you don't have to be Jewish to attend.

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

This week, it goes to Angelo's Family Pizza & Pasta, 166 Walnut Street in Waynesville, NC 28782.1888. ... We often go there after seeing a show at HART (as we did after seeing the aforementioned THE GREAT GATSBY). The food is always tasty, prices are reasonable, portions are ample, and service is most attentive. ... Though we haven't yet had the pleasure of having the servers pictured on the restaurant's wall below, Caitlin did a fine job on this particular visit ... and Alicia, in the past, has also helped make our dining experiences so enjoyable. But something she did the other day really had us smiling. Cynthia wanted a Footsie Roll pop that was being sold as a fundraiser. We didn't have any quarters, so I went to the front and asked for change. Nobody was at the register, but we saw Alicia and asked her if she had change of a dollar. She checked her pockets, found only 50 cents and told us to just take it. ... We declined, wound up putting the buck into box and getting two pops. We then gave one of them to Alicia for having been so nice!



[Back to Top](#)

**2. FYI**

Just reading something on the Internet doesn't necessarily make it true. ... A friend recently sent me a warning on "How to Survive a Heart Attack" that I've seen before. It sounded like it made sense, and I was all set to run the information here. ... But before I did, I decided to check it out first (as I usually do). What I found was the advice wasn't all that great-especially since the most important thing to do was left: i.e., you should first seek medical advice. ... For more information, please click:  
[Here](#).

FYI, part 2

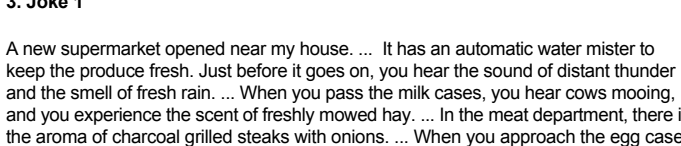
To read each of the following contributions in full, please click:  
[Here](#).

(1) Marisa Mills: This Is the Only Thing You Should Do if a Tick Lands on You. (2) A 1-Hour Walk, 3 Times a Week, Has Benefits for Dementia. (3) Making a Marriage Magically Tidy. (4) John Grisham's Do's and Don'ts for Writing Popular Fiction. (5) Michael Dequina: Please help save my home.

[Back to Top](#)

**3. Joke 1**

A new supermarket opened near my house. ... It has an automatic water mister to keep the produce fresh. Just before it goes on, you hear the sound of distant thunder and the smell of fresh rain. ... When you press the milk cases, you hear cows moing, and you experience the scent of freshly mowed hay. ... In the meat department, there is the aroma of charcoal grilled steaks with onions. ... When you approach the egg case, you hear hens cluck and cackle, and the air is filled with the pleasing aroma of bacon and eggs frying. ... The bread department features the tantalizing smell of fresh baked bread and cookies. ... Sounds great, right? But they've gone too far. Let's just say I don't go down the toilet paper aisle anymore.



[Back to Top](#)

**4. Reviews**

A. Now out on DVD is UNITED KINGDOM, film reviewed in BLAINESWORLD #1068. Saw UNITED KINGDOM, an excellent account about the true story of Seretse Khama, the King of Botswana, who met and fell in love with Ruth Williams, a London office worker. They were a perfect match, yet their proposed marriage was challenged not only by their families but by the British and South African governments. David Oyelowo and Rosamund Pike were outstanding in the leading roles. Not rated, but certainly appropriate for any teenager.

B. Also out on DVD is BEFORE I FALL, a film reviewed in BLAINESWORLD #1067. Saw BEFORE I FALL, a drama about a young woman who keeps having the same day over and over again. It's sort of a cross between GROUNDHOG DAY, without the humor, and IT'S A WONDERFUL LIFE. Zoey Deutch is fine in the leading role, and the film held my interest. If you're a teenage girl, you will probably like it a lot. Personally, I wouldn't rush out to see it, but when it comes out on DVD, you might want to give it a shot. Rated PG-13.

C. Read THE SPEECHWRITER: A BRIEF EDUCATION IN POLITICS (Simon & Schuster) by Barton Swain, a staffer for Mark Sanford when he was governor of South Carolina. ... It is the engrossing story of one politician's rise and fall--and what it is like to work for an unreasonable boss in a dysfunctional office. ... According to the book: Everyone who worked for the governor had one goal: It wasn't to please him with your superior work, because that would never happen. The goal was to "take away any reason he might have to bitch at you." It was then too that Nat explained that my job wasn't to write well, it was to write like the governor. I wasn't hired to come up with brilliant phrases. I was hired to write what the governor would have written if he had had the time. ... I also found out: The governor's Christmas gifts were a yearly joke. In his congressional days, his wife had bought gifts for the staff, spending a modest sum, \$200 or so, according to the legend. When he discovered this, he denounced his wife's improvidence so forcefully that she vowed to leave the task to him. The result was a comedy that, in its way, was more valuable than actual gifts: the governor would regret items that had been given to him by grateful constituents throughout the year. My first year in the office I received a T-shirt advertising a hardware store. (A family business since 1972?). The next year I received several cans of shoe polish wrapped in cellophane. Mack got a three-year-old jar of preserves. Another staffer received a Christmas ornament bearing the words "Merry Christmas! Love the Parkins.". ... Even if you're not a political junkie, you'll find this book highly readable. It will also make you wonder how Sanford was ever able to come back into office as a U.S. Representative.

D. Heard HUNGRY HEART: ADVENTURES OF LIFE, LOVE, AND WRITING (Simon & Schuster Audio), written and read by Jennifer Weiner. ... The author, a novelist and contributor to THE NEW YORK TIMES, tells her life story via a series of essays that are both funny and touching. I especially enjoyed reading about how her first novel, GOOD IN BED, got published and then made into a movie that didn't become a box office success. ... I also liked the chapter, "A Few Words About Bodies," that should be read not only by women, but also by the men in their lives. To quote from part of it: You are never as fat as you think you are. Seriously, you're not. ... Every time you judge another woman's appearance, an angel gets a gallstone. ... And remember--no man ever said, on his deathbed, I wish I'd eaten less cake. ... I've long admired Jennifer Weiner as a writer. You will, too, if you read this engaging memoir.

[Back to Top](#)

**5. TV alert**

A. HOUSE OF CARDS: Returns for Season 5; now available on Netflix. According to TV GUIDE: "The show is more coolly astute than ever." I'm in the middle of watching with it, and I agree!

B. LONG STRANGE TRIP: Available via Amazon, starting on June 2. This documentary accounts the Grateful Dead's road to jam-band immortality.

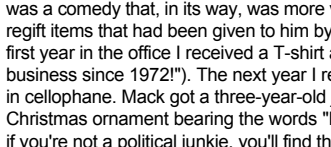
C. WOULD OF DANCE: Tuesdays at 10 p.m. on NBC. Jennifer Lopez, Derek Hough and Ne-Yo are the judges in the competition that has a \$1 million top prize. I liked the part of the first show that I saw.

D. IF YOU'RE NOT THE OBIT, EAST BREAKFAST: Mon., June 5, at 8 p.m. on HBO. 95-year-old Carl Reiner seeks out friends in their nineties, including Mel Brooks (90), Norman Lear (94), Betty White (95), Dick Van Dyke (91), Tony Bennett (crooning "The Best Is Yet to Come" at 90), Stan Lee (94) and Douglas (just prior to his 100th birthday).

[Back to Top](#)

**6. Joke 2**

Glad I never sang with these guys! (Thanks, Ginger Heskest, for sharing.)



[Back to Top](#)

**7. Clips/Websites**

A. Check out these clips at your convenience:

(1) Sandy Howard: Maj. Sullivan Ballou's Final Letter to His Wife, 1861.  
[Here](#).

(2) Bonnie Sibner: Watch autistic boy's reaction to a dog.  
[Here](#).

(3) Gill Calderwood: Eve Removes Her Wig During Dinner.  
[Here](#).

(4) Jerry Crouch: New Zealand parrot found to have a contagious laugh.  
[Here](#).

(5) Ed Hackett: Owner pretends to eat his cat's foot.  
[Here](#).

(6) Dan Becker: Angry Old Man Karma.  
[Here](#).

(7) The things dogs teach us.  
[Here](#).

B. If you want to check whether politicians are lying, please click:  
[Here](#).

To quote from the website:  
We are a nonpartisan, nonprofit "consumer advocate" for voters that aims to reduce the level of deception and confusion in U.S. politics. We monitor the factual accuracy of what is said by major U.S. political players in the form of TV ads, debates, speeches, interviews and news releases. Our goal is to apply the best practices of both journalism and scholarship, and to increase public knowledge and understanding.

Some recent pieces included the following:  
FactChecking Trump's Climate Speech  
The Facts on E-Cigarettes  
NASA Won't Pay You to Smoke Weed  
Can Opioid Addiction Be Cured?

C. BLAINESWORLD, the website, remains up and running. ... to view it, please click:  
[Here](#).

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking:  
[Here](#).

[Back to Top](#)

**8. Technology tip**

Why Your Next Wi-Fi Setup Should Be a Mesh Network  
by Brian X. Chen

The next time you upgrade your Wi-Fi equipment, take a bold step: Throw out your stand-alone router and instead consider investing in a so-called mesh system.


A mesh network could solve most, if not all, of your Wi-Fi problems. It's basically a system of multiple Wi-Fi stations that work together to blanket every corner of your home with a strong wireless data connection.

For the rest of this informative article, please click:  
[Here](#).

[Back to Top](#)

**9. Joke 3**

Heads up! (Thanks, Channah Mohler, for sharing.)



[Back to Top](#)

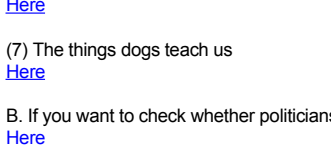
**10. A quote I like**

"When you go into court, you are putting your fate into the hands of twelve people who weren't smart enough to get out of jury duty."--Norm Crosby (born 1927), American comedian known for his use of malapropisms

[Back to Top](#)

**11. Thought for the day**

INTERESTING IDEA. ... what if we could get all restaurants to implement this? (Thanks, Zuzu Welsh, for sharing.)



[Back to Top](#)

**12. Advance planning department**

To read about each of the following events in full, please click:  
[Here](#).

A. NC events

(1) HARRY POTTER: Advancing Your Skills in Motivational Interviewing. (2) Sally Williams: The Color of Dance. Collaborative Performances by ACTD and CHAC. (3) CONSTELLATIONS.

B. PANU events

1) ActorsNET: AN INSPECTOR CALLS. (2) Eddie Weinstein: Participate in a free Hugs Stroll.

PS. Make it a wonderful week!

[Back to Top](#)

[Join Our Mailing List](#)