

#1133
6.11.2018

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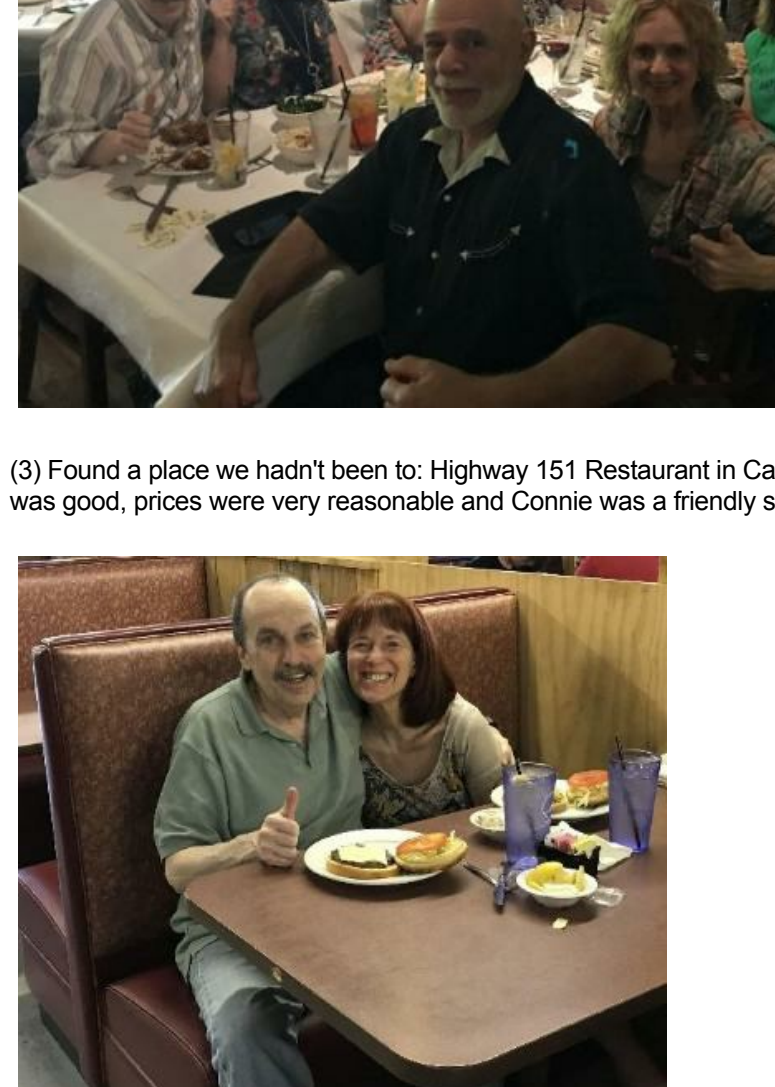
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1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bjnbc@aol.com and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Were delighted to attend the first play of SART's 2018 season: DON'T DRESS FOR DINNER, a zany farce by Marc Conetti (who wrote BOEING-BOEING). You'll love both the play and the new look of Owen Theatre. The shows runs through June 17. Tickets can be obtained by clicking: [Here](#)

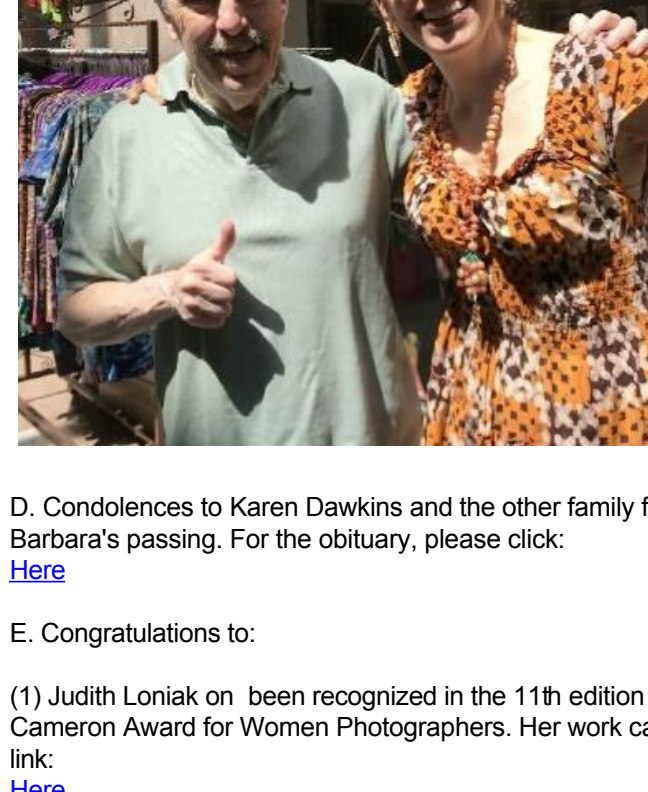


Afterward, we wanted to go across the street to The Original Papa Nicks (a place I often enjoyed when I was on the SART Board), but it was closed just for that evening. So instead we returned to the Candler area to have a tasty dinner at Yao Buffet where we received great service from Gift.

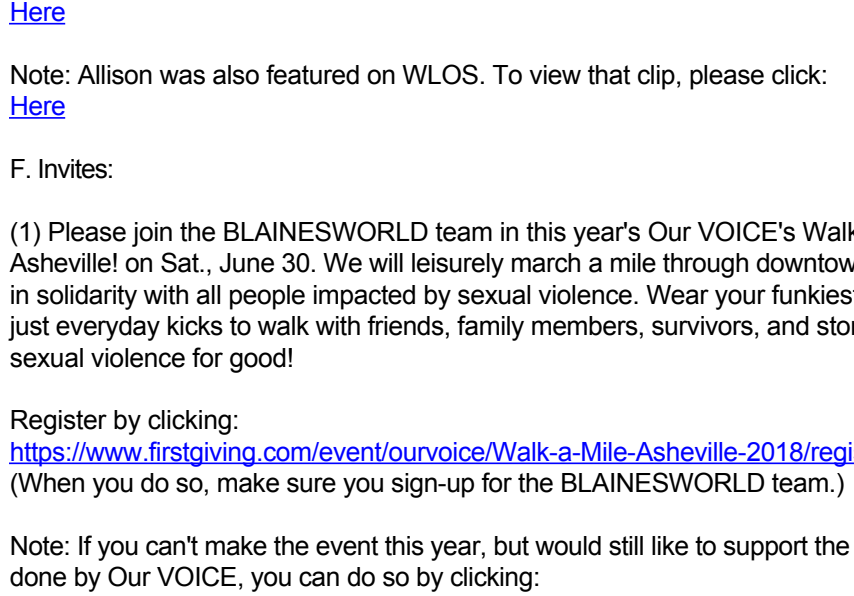
(2) Recently joined members of our family for dinner at Bonefish Grill. The food there is terrific, and our server Matt always takes care of us in a fine fashion.



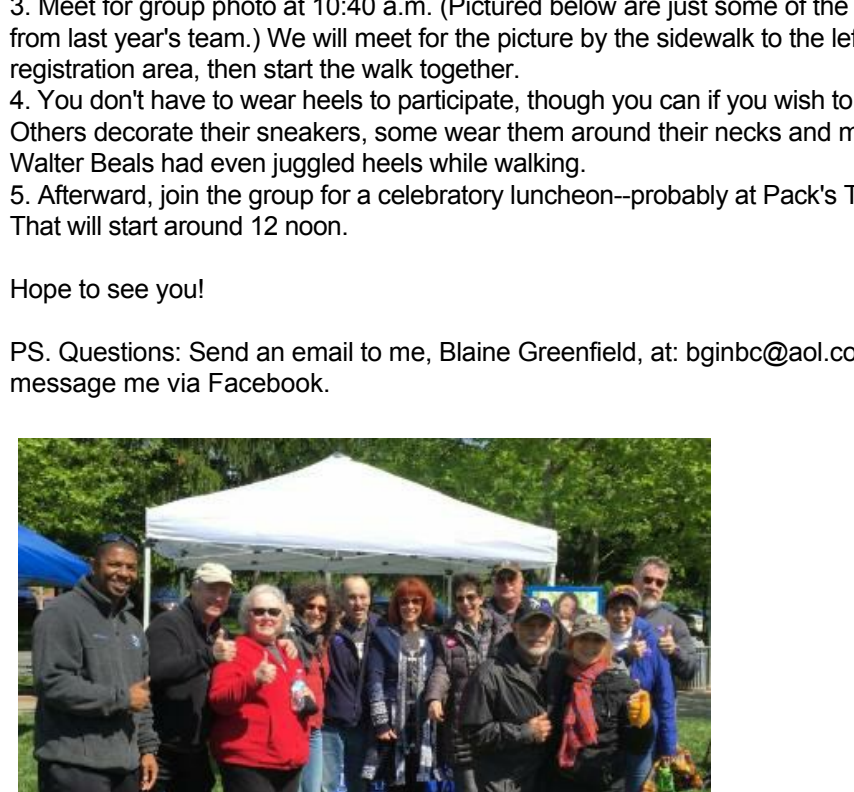
(3) Found a place we hadn't been to: Highway 151 Restaurant in Candler. The food was good, prices were very reasonable and Connie was a friendly server.



B. WPMV/FM invites you to listen to the BLAINESWORLD show from Wednesday, June 13, 2018. ... Guests (first half): Simone Bernhard and David Hopes, both with Cantaria, the Gay Men's Chorus of Asheville; for more information: <http://cantaria.org>; ... Guest (second half): Tracy Schmidt, Photographer/Poet; for more information: <http://www.traceyschmidt.com> ... To listen to the show, click: <https://tinyurl.com/ybh43m9g> to view the show via Facebook Live, click: <https://youtu.be/-XOCugZP-k> (note: the first five minutes are low on volume)... Pictured, top, l-r: David Hopes, Blaine Greenfield and Simone Bernhard; bottom, Blaine Greenfield and Tracy Schmidt.



C. During the week, I got to visit my friend Lisa Stendig a her cool store, The Goddess Shop. We even got to take a video of her, showing me around the place. To view it, please click: [Here](#)



D. Condolences to Karen Dawkins and the other family friends of Barbara Miller on Barbara's passing. For the obituary, please click: [Here](#)

E. Congratulations to:

(1) Judith Loniak on been recognized in the 11th edition of the Julia Margaret Cameron Award for Women Photographers. Her work can be seen by checking this link: [Here](#)

(2) Dr. Claudine Siegert, the doctor who performed my recent hernia surgery, on having her informative article on hernias, published in the ASHEVILLE CITIZEN-TIMES. To read it, please click: [Here](#)

(3) Stephanie Hickling Beckman on receiving the 2018 Evan Mahaney Champion of Civil Liberties Award for her leadership of Different Strokes! Performing Arts Collective.

(4) Allison Scott on being chosen as one of 50 "Faces of Pride" people by USA TODAY. To read more, please click: [Here](#)

Note: Allison was also featured on WLOS. To view that clip, please click: [Here](#)

F. Invites:

(1) Please join the BLAINESWORLD team in this year's Our VOICE's Walk a Mile Asheville! on Sat., June 30. We will leisurely march a mile through downtown Asheville in solidarity with all people impacted by sexual violence. Wear your funkiest shoes or just everyday kicks to walk with friends, family members, survivors, and stomp out sexual violence for good!

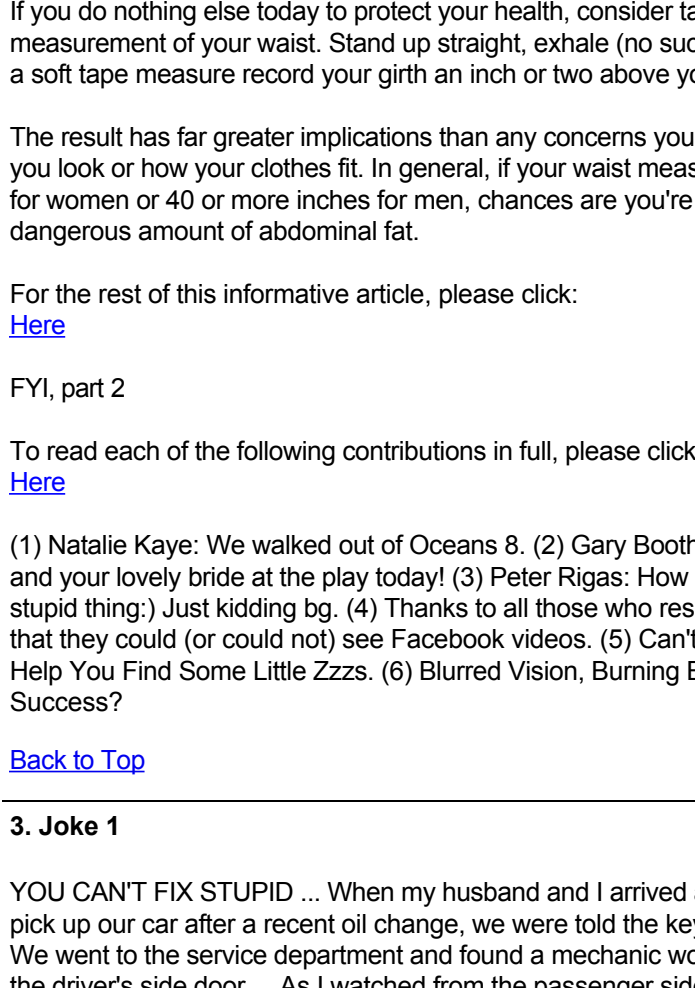
Register by clicking: <https://www.firstgiving.com/event/ourvoice/Walk-a-Mile-Asheville-2018/register> (When you do so, make sure you sign-up for the BLAINESWORLD team.)

Note: If you can't make the event this year, but would still like to support the great work done by Our VOICE, you can do so by clicking: <https://www.firstgiving.com/team/375489> (If you do this, click "donate directly to BLAINESWORLD.")

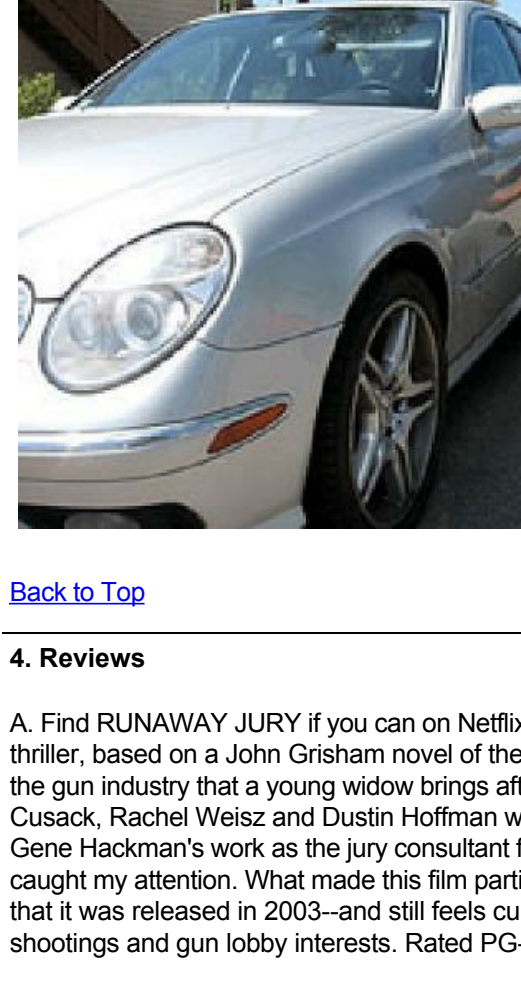
- Details:
- 1. Location: Pack Square Park, 80 Court Plaza, Asheville.
 - 2. Plan to arrive by 10:30 a.m. for registration
 - 3. Meet for group photo at 10:40 a.m. (Pictured below are just some of the members from last year's team!) We will meet for the picture by the sidewalk to the left of the registration area, then start the walk together.
 - 4. You don't have to wear heels to participate, though you can if you wish to do so.
 - Others decorate their sneakers, some wear them around their necks and my friend Walter Decaris had even juggled heels while walking.
 - 5. Afterward, join the group for a celebratory luncheon--probably at Pack's Tavern. That will start around 12 noon.

Hope to see you!

PS. Questions: Send an email to me, Blaine Greenfield, at: bjnbc@aol.com or message me via Facebook.



(2) Plan to come to the HAPPY TOGETHER REVUE on July 22 or July 29. More details will be forthcoming, but if you can't wait for tickets, please click: https://www.brownpaperickets.com/event/34507357cookie_header=1



(3) Enter if you haven't done so already ...

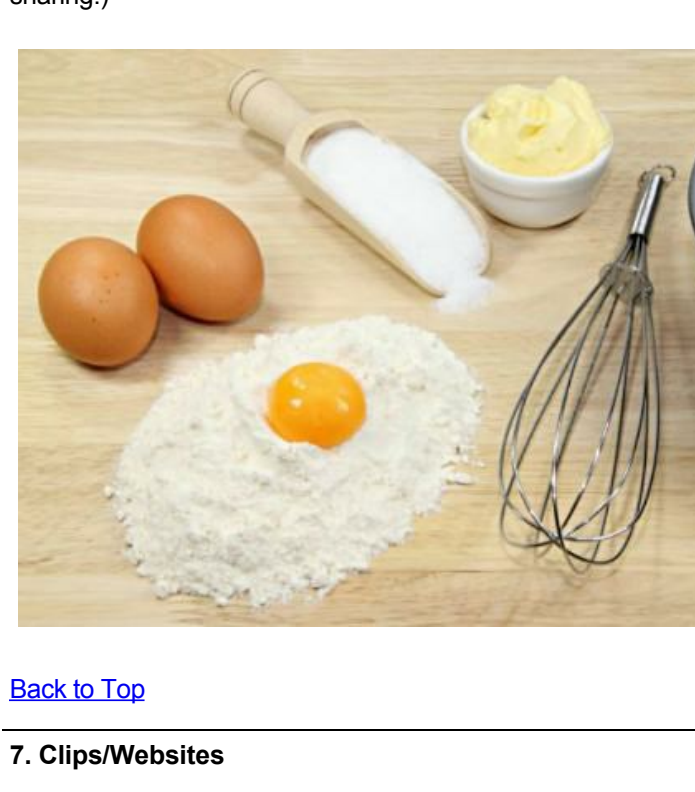
***** CONTEST #13 *****

Emily Shaules was soooo impressed with the interest in her company's new product, Shift Bars, that she has decided to sponsor the contest in this week's issue. One lucky reader will get a chance to win a box of these great-tasting, healthy chocolate bars. ... To enter the contest, send an email to: bjnbc@aol.com and put CONTEST #13 in the subject line, then include your snail mail address in the body of the email, along with your choice of flavors (dark chocolate enhancement, raspberry rhapsody or almond butter blessing). All entries must be received by 9 p.m. on Mon., June 17, 2018.

***** BLAINESWORLD BEST AWARD *****

This week, it goes to SART--the Southern Appalachian Repertory Theatre at Mars Hill University. As indicated above (Section 1A), SART is back in a big way. I was thrilled, not only by the production, but also by how fantastic the place looked. ... Kudos to those pictured: Amanda Sayles and Michael Mattison, artistic director and house manager, respectively, for their hard work in again making professional theatre in the Blue Ridge Mountains a reality. ... In addition, thanks to all the members of the SART Board for all their efforts: Dr. Jim Brown, president; Patty Higgins, secretary; Jennie Matthews, Dorothy Rapp and Charlotte Summers.

Note: Please join me in catching the rest of the SART season. For more information and/or to get tickets, please click: [Here](#)



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2. FYI

The Dangers of Belly Fat
by Jane E. Brody

If you do nothing else today to protect your health, consider taking an honest measurement of your waist. Stand up straight, exhale (no sucking in that gut!) and with a soft tape measure record your girth an inch or two above your hip bones.

The result has far greater implications than any concern you might have about how you look or how your clothes fit. In general, if your waist measures 35 or more inches for women or 40 or more inches for men, chances are you're harboring a potentially dangerous amount of abdominal fat.

For the rest of this informative article, please click: [Here](#)

FYI, part 2

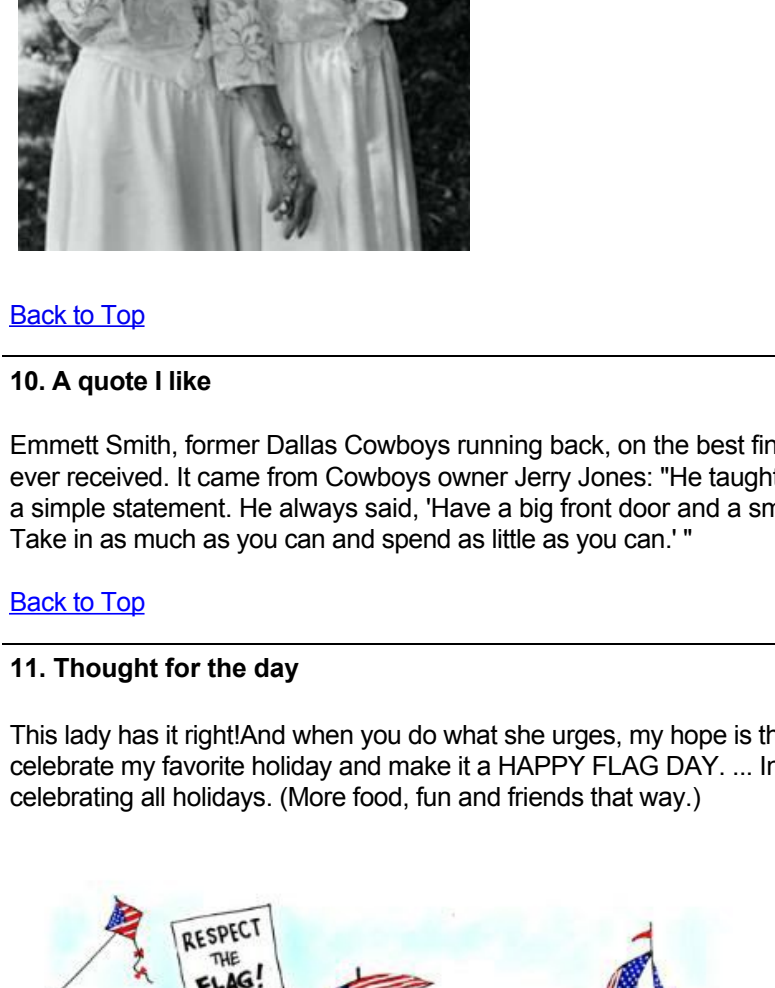
To read each of the following contributions in full, please click: [Here](#)

- (1) Natalie Kaye: We walked out of Oceans 8.
- (2) Gary Booth: Nice to have seen you and your lovely bride at the play today!
- (3) Peter Rigas: How do I unsubscribe to this stupid thing? Just kidding by.
- (4) Thanks! to all those who responded to let me know that they could (or could not) see Facebook videos.
- (5) Can't Sleep? Let Bob Ross Help You Find Some Little Zzzs.
- (6) Blurred Vision, Burning Eyes: This is a Lasik Success?

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3. Joke 1

YOU CAN'T FIX STUPID ... When my husband and I arrived at the car dealership to pick up our car after a recent oil change, we were told the keys had been locked in it. We went to the service department and found a mechanic working feverishly to unlock the driver's side door.... As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked." "Hey," I announced to the technician, "It's open!" ... His reply: "I know. I already did that side." (Thanks, Sharon Butler, for sharing.)



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4. Reviews

A. Find RUNAWAY JURY if you can on Netflix or via some other option. This legal thriller, based on a John Grisham novel of the same name, is about a civil suit against the gun industry that a young widow brings after her husband is murdered. John Cusack, Rachel Weisz and Dustin Hoffman were all excellent in the leading roles, but Gene Hackman's work as the jury consultant from hell was the performance that really caught my attention. What made this film particularly worthwhile for me was the fact that it was released in 2003--and still feels current with its discussion of both mass shootings and gun lobby interests. Rated PG-13.

Note: I've just added the film to my list of favorites. If you'd like to see the entire list, send an email to: bjnbc@aol.com and put FAVORITES in the subject line.

B. Heard A TORCH KEPT LIT: GREAT LIVES OF THE TWENTIETH CENTURY (Blackstone Audio), written by William Buckley, Jr., edited by James Rosen and read by Tony Pasqualini. ... The author, founder of NATIONAL REVIEW and host of FIRING LINE, was also a master of eulogies. This book presents more than 50 of his best ones, drawing on his personal memories and personal correspondences. ... Among those presented: Winston Churchill, Ronald Reagan, Elvis Presley, John Lennon, Truman Capote and Martin Luther King, Jr. They were all quite interesting; however, I got a special kick out of reading about Alard K. Lowenstein--perhaps my all-time favorite politician. ... Though the narration was fine, I would have liked the book even more so had I been able to hear Buckley's unique voice reading it.

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5. TV alert

A. TOLIATH: Returns for second season on Fri., June 15, via Amazon Prime Video Bill Bob Thornton reprises his Golden Glob-winning performance and takes the case of a friend's teenage son who was framed for a drug-related double murder.

B. MAN IN AN ORANGE SHIRT: Sun., June 17, at 9 p.m. on PBS (check local listings at <http://pbs.org>) SHIRT opens during WWII, when two soldiers fall in passionate through secret love until the realities of 1940s society drive them apart. In present-day London, the widow (Vanessa Redgrave) of one of the men comes to terms with this history with the help of her gay grandson.

C. LILI: Tues., June 19, at 6 a.m. on TCM A French orphan gets a job with a carnival puppet. The Oscar-winning score includes the classic song, "Hi Lili, Hi Lo."

D. WHOOP! GOLDBERG PRESENTS MOMS MABLEY: Wed., June 20, at 11:45 a.m. on HBO Filmmaker Whoopi Goldberg examines the life and work of stand-up comic Moms Mabley. I just saw this documentary and liked it a lot.

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6. Joke 2

Happy 75th Birthday, IKEA! Here's your cake. (Thanks, Traci Holtzman Stewart, for sharing.)

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7. Clips/Websites

A. Check out these clips at your convenience:

(1) Misty Theisen: Adagio from Mozart's Divertimento No. V [Here](#)

(2) Bob Harris: I would not share it if it was not special. It makes me want to finally go get my pilot's license and get off the ground. [Here](#)

(3) Andre Rieu on his violin: My Way [Here](#)

B. If you'd like to see an amazing collection of over 160 National Geographic photographers, please click: [Here](#)

To quote from the website: There are a number of specialists--underwater photographers with different skills--one works in very deep water, a couple photograph at all depths and temperatures; one dives in caves, another holds his breath under whales; and then there is a guy who just works in puddles. One photographer travels all over the world to strap a big fan on his back to shoot aerials. There is a bug guy, an archeology specialist, and a number of folks that photograph critters. There are climbers, conflict photographers, portrait photographers and landscape specialists." Then I usually end with how amazed I am that I can survive in this crowd as a generalist... in such esteemed company.

C. BLAINESWORLD, the website, remains up and running. . . . to view it, please click: [Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#)

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8. Technology tip

This free online PDF to DOC converter allows you to save a PDF file as an editable document in Microsoft Word DOC format, ensuring better quality than many other converters. To use it, please click: [Here](#)

Also at the same site, you can do any of the following tasks: PDF to DOCs, PDF to Test, PDF to JPG, PDF to PNG, XPS to PDF, PDF Compressor, Combine PDF, JPG to PDF and Any to PDF.

Note: I've looked at similar companies, and they provide the same services for a charge. And you have to set up an account. You don't have to with this one. It is very cool!

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9. Joke 3

Jane and Arlene are outside their nursing home, having a smoke, when it starts to rain. Jane pulls out a condom, cuts off the end, puts it over her cigarette and continues smoking. ... Arlene: What in the hell is that? Jane: A condom. This way my cigarette doesn't get wet. ... Arlene: "Where did you get it?" Jane: "You can get them at any pharmacy. ..." The next day, Arlene goes into the local pharmacy and announces that she wants a box of condoms. The pharmacist, obviously embarrassed, looks at her strangely. And then very delicately, he asks what size, texture and brand of condom she prefers. "Doesn't matter, Sorry, as long as it fits a Camel." (Thanks, Kathy Webb, for sharing.)

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10. A quote I like

Emmett Smith, former Dallas Cowboys running back, on the best financial advice he ever received. It came from Cowboys owner Jerry Jones: "He taught me finances with a simple statement. He always said, 'Have a big front door and a small back door. Take in as much as you can and spend as little as you can.'"

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11. Thought for the day

This lady has it right! And when you do what she urges, my hope is that you'll also celebrate my favorite holiday and make it a HAPPY FLAG DAY. ... In fact, join me in celebrating all holidays. (More food, fun and friends that way.)

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12. Advance planning department

To read about each of the following events in full, please click: [Here](#)

A. NC events

(1) Issues With Mike Grell, hosted by Jeff Messer. (2) Love Makes a Home: Life of Rebecca Boone, wife of Daniel Boone.

B. PA/NJ events

(1) Shakespeare '70 to Present 'Merry Wives of Windsor' at MCC's Kelsey Theatre. The Plumstead Historical Society.

PS. Make it a wonderful week!

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