

You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not toooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows, movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: [Here](#).

#1396

6/19.2023

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1. Reflections

A. Cynthia, my beautiful bride, and I celebrated my birthday at Hemingway's with our friends Tom and Marcy Gallagher. ... We had a delicious dinner, fine service from Christy and entertainment from the dancing pickle (the big dill on the table) ... And thanks to y'all who remembered my birthday and for being my friend. ... I'd sing that latter thought for you, but didn't want to ruin your day. ... So I'll instead let you listen to it by clicking: [Here](#).



B. On another night, we had a lovely dinner outside at the Local Joint where Sabrina provided friendly service.



C. Please view this week's BLAINESWORLD podcast, featuring Laurie Gardner, the Pet Loving Realtor with Nest Realty. ... To view or listen to the podcast, click: [Here](#) and look for the one dated 6.13.2023. ... You'll then have the option to view it on YouTube or listen to it on your favorite podcast player.



D. That's Kismet, our amazing cat, wondering: "Where's my head?"



E. Congratulations to:

(1) Bill Lewis on being named "Person of the Year" by the Bensalem Rotary.

(2) Glenn Arnette on being named Artistic Director for the Folkmoot Live Theatre located in the Folkmoot Friendship Center in Waynesville. NC.

F. Announcing this week's ...

******* BLAINESWORLD BEST AWARD *******

This week, it goes to Different Strokes! Performing Arts Collective for two reasons.

The first being its excellent production of HAVING OUR SAY; THE DELANEY SISTERS' FIRST 100 YEARS. This was as fine a show as I've ever seen from the company. Candace Taylor (second from right) and Donna Marie McMillan (far right) were superb in the leading roles, and Stephanie Hickling Beckman's direction was spot on.

The second being for receiving the prestigious George A. Parides Professional Theatre Award from the North Carolina Theater Conference. This is presented to a professional theatre company in North Carolina that has demonstrated artistic excellence and community leadership.

That last sentence certainly describes Director Strokes! Performing Arts Collective under the outstanding leadership of Stephanie, Co-Founder and Managing Artistic Director.

Pictured (left) l-r: John Russell, NCTC board member; Stephanie; and Robin Tynes-Miller, NCTC board member. And (right) the award.



2. Invites

A. I'll be making my annual Trek Up North this coming July 27-Aug. 3 and would like to possibly catch up with you. As of now, I'll be in the Bucks County area on Fri., July 28, and Sat., July 29, then In North Jersey from Sun., July 30, to Wed., Aug. 2. If you're around and/or available during that time, send an email to: bginbc@aol.com and put TREK in subject line.

Note: See Sect. 5A for the date I'll be visiting the Yogi Berra Museum in Montclair.

B. Announcing ...

***** CONTEST #9 RESULTS *****

There were nine entries. Kathi Petersen won the prize, a copy of CONFESSIONS OF AN INVESTIGATIVE REPORTER by Matthew Schwartz.

C. Introducing ...

***** CONTEST #10 *****

One lucky reader win win a copy of JOURNEY OF THE HEART: OUR SPIRITUAL MEMOIR OF LOVE AND LOSS by Lynda Saffell and Mel Fergenbaum.

To quote from the book jacket:

When Mel lost his wife of forty-four years to cancer, his life took a 180 degree turn. Guided by an inner knowing, he headed out west in their motorhome-on his own for the first time. Keenly aware that life is short, he vowed to live each day to the fullest. On the road, he found his own way to grieve and to move forward with his life.

When Lynda lost her marriage to alcoholism, she was heartbroken. By the time she enrolled in the Redirect Your Life seminar hosted by Mel, she realized she'd spent a lifetime expecting others to fulfill her. Now she wanted to learn to love herself. That weekend sparked a journey of forgiveness for growing up in a dysfunctional world, transforming her feelings of unworthiness into belief in herself and a newfound trust in the process of life.

Join Mel and Lynda on their adventure as two paths become one. In a community divided by opposing opinions, Mel and Lynda must learn to remain positive and stand in their power—all while interpreting supportive messages received from the other side. *Journey of the Heart* is an inspiring memoir of hope and courage, love lost and found, and compelling, intertwining relationships.

To enter the contest, send an email to: bginbc@aol.com and put CONTEST #10 in the subject line. In the body of your email, include your name and mailing address. All entries must be received by 9 p.m. on Monday, June 26.

D. Please LIKE and SHARE the Facebook page for *At the Café*, the new musical written by Marcy Gallagher with music by Sarah Kohrs that will have its world premiere at The Tina McGuire Theater at The Wortham Center for the Performing Arts on August 18-20 and 25-27. For more information, click: [Here](#).

E. Want to be a guest on my BLAINESWORLD podcast, now seen on YouTube or you can listen to it on your favorite podcast player? If you have news you'd like to share and/or a story to tell, send an email to: bginbc@aol.com and put GUEST in the subject line. In the body of the email, include both your name and phone number.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evening.

For more information about the podcast, click: [Here](#).

F. Are you interested in shows, concerts, movies, TV, etc.? ... If so, I encourage you to join a group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: [Here](#).

G. Come join Cynthia for the one course she'll be teaching for *Arms Around ASD* this week: *Move Your Body* on Wednesday via Zoom or in person. To attend this and/or any of the other courses that are offered, scroll down to Calendar when you click: [Here](#).

3. FYI

I'm A Neuroscientist. Here Are 3 Everyday Habits I Never Do

by Amy Glover

For me, it's: coffee, work, unbelievably aggressive Zumba (I think my instructor has a death wish), bad reality TV, sleep.

For you, it could be getting the kids up, driving to work, and somehow feeding everyone at the end of the day (I still have no idea how parents do any of it).

But the point is, we're all stuck in our routines – and most of us never really wonder how good our day-to-day life is for our long-term brain health.

Thankfully, we have neuroscientist Emily McDonald to do all the thinking for us. She recently posted a TikTok explaining the three everyday habits she avoids to keep her brain healthy – and I happen to feel massively called out.

4. Joke 1

Reminds me of our cat ...

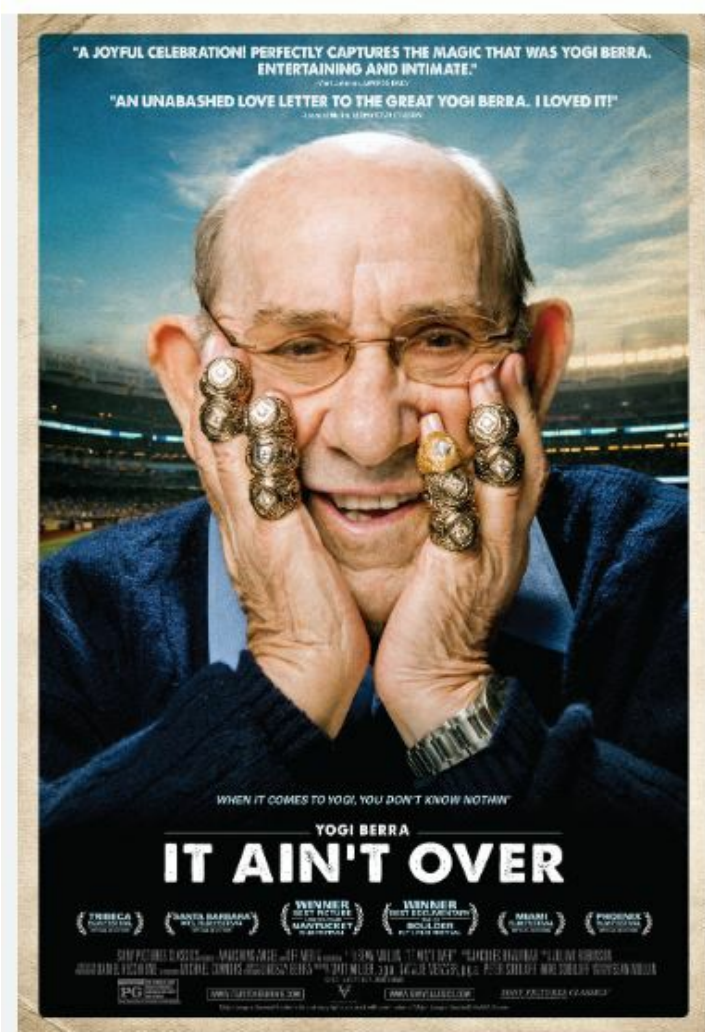


5. Reviews

A. Cynthia and I just got back from seeing IT AIN'T OVER at the Grail Moviehouse in Asheville. Cynthia liked this uplifting documentary about Yankee great Yogi Berra; I loved it. ... Even if you are not a baseball fan, you'll come away with an appreciation of his career both on and off the field. I've already added it to my list of favorite films. ... For a preview, click: [Here](#). ... Rated PG.

To note:

1. It is slated to be at the Grail through June 22 and possibly longer if more folks come see it.
2. For a list of my favorite films, send an email to: bginbc@aol.com and put FAVORITES in the subject line.
3. I now want to go to the Yogi Berra Museum & Learning Center when I'm in North Jersey from July 31-Aug. 2. If interested in joining me on Aug. 2, send an email to: bginbc@aol.com and put MUSEUM in the subject line.



B. Saw REALITY on Max. This 2023 drama/thriller is a fact-based story about 25-year-old who is arrested at her Georgia home by the FBI for printing out classified information and sending it to a news outlet. It is almost all talk and very little action, but I found it both interesting and worth watching. Sydney Sweeney is terrific in the leading role. Not rated, but appropriate for anybody over the age of 12.

6. TV alert

A. THE RIGHTEOUS GEMSTONES, Season 3: Now on Max

Need a rich family's power-struggle drama to scratch that Succession itch, only with broader comedy? Try the saga of televangelist Dr. Eli Gemstone (John Goodman) and his three rather spoiled children (Danny McBride, Edi Patterson and Adam Devine). Steve Zahn also stars.

B. EXTRACTION 2: Now on Netflix

Chris Hemsworth's mercenary Tyler Rake is back, this time rescuing the battered family of a Georgian gangster.

C. BEING MARY TYLER MOORE: Now on Max

Get a deeper understanding of the TV titan, from her start as Happy Hotpoint, the dancing elf selling refrigerators; to her smash-hit shows with Dick Van Dyke and Ed Asner and her work in movies like Ordinary People, which showed her darker side; and Flirting With Disaster, which revealed a more irreverent comedic style.

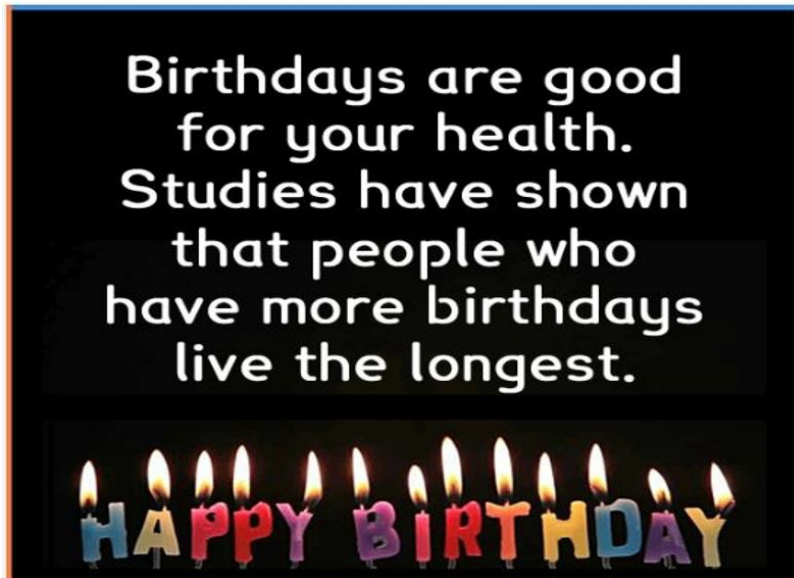
D. POLICE ACADEMY: Now on Max

Five out of seven Police Academy movies—aka America's most beloved film franchise—are now streaming on this service.

7. Joke 2

MENTAL PABLUM ... And as you ponder the statement below, my hope is that you made it a fantastic Flag

Day as you also celebrated my birthday. ... I'm now officially 74, though I know it's hard to believe. ... Most folks don't think I'm a day over 73!



8. Clips/Websites

A. The Turtles are arguably the greatest rock group of all time!

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: bginbc@aol.com and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please view this 2023 cover from Benjamin del Shreve: [Here](#).

(3) Update on The Turtles:

The Turtles' Mark Volman Reveals Lewy Body Dementia Diagnosis: 'I Want the Most Out of Every Day' (Exclusive)
by Eileen Finan

The Turtles' founding member Mark Volman, 76, is opening up for the first time about his diagnosis with Lewy body dementia in an exclusive story in this week's issue of PEOPLE. The "Happy Together" singer learned he had the progressive neurological disorder in 2020 after experiencing hallucinations, tremors and struggles with concentration. But with a new book out and a tour, Volman is continuing to live a full life despite the devastating disease, the same illness that Ted Turner and Robin Williams were diagnosed with.

At his home outside Nashville, Mark Volman pauses for a moment to examine a red floral sofa across the room. "Do you see a woman with her head bleeding?" he asks, eyeing the sofa. No, he's told, it's just a couch.

Volman, a founding member of the '60s rock band The Turtles, has a history with this particular piece of furniture: During the isolation of the pandemic, his mind began to distort the crimson floral pattern into the alarming vision he's just seen. To obscure the design that triggers the illusion, the sofa is usually hidden under a plain duvet cover. But on this day, for a PEOPLE photo shoot, the duvet cover has been removed, and the "woman" has reappeared. Volman wants to make certain she isn't real. "You don't see the woman with her head bleeding?" he says again. No, he's reassured. "OK," he says, matter-of-factly, and then returns to posing for the camera.

For the rest of this article, click: [Here](#).

B. Video of the week

Thanks, Jonathan Berg, for the following submission:

"A Thousand Years" is a song recorded by American singer and songwriter Christina Perri and written by Perri

and David Hodges. It was the signature song for one of the five vampire-themed romance-fantasy "Twilight" films.

I never saw any of them, but I've loved this song for a long time. And so have a lot of other people--it has 2.3 billion views!

To view it, click: [Here](#).

C. And also check out these other clips at your convenience:

(1) Al Hibbler, "Unchained Melody, one of my all-time favorites: [Here](#).

Note: There have been many other versions of this song, but this has always been the one I liked best.

(2) Howard Smith: Hymns (6.18.2023): [Here](#).

(3) Neil Ratner Rock Doc: This Father and Son by Cat Stevens is a conversation between a father and son, with the father counseling his son to stay home, settle down and find a girl, telling him this is the path to happiness - after all, it worked for him. The son, though, feels compelled to leave and is frustrated because his dad makes no effort to understand why he wants to go or even hear him out. Stevens made up the story, but his relationship with his own father, Stavros Georgiou, was an influence on the song. His dad owned a restaurant in London, and Cat (known to his dad as Steve Georgiou) worked there as a waiter right up until he signed a record deal at age 17. Stavros was hoping his son would join the family business. This is the song that got Stevens signed to Island Records. His first two albums were issued on Deram, a division of Decca. Stevens met with Island boss Chris Blackwell to talk about the musical he wrote this song for, but when Blackwell heard the song, he set his sights on getting Stevens on his label as an artist. For all the fathers out there!

To view the video of this song, click: [Here](#).

(4) Backyard Squirrel Maze 2.0- The Walnut Heist: [Here](#). (Thanks, Carol Latsch, for sharing.)

(5) Are You Suffering from Par*ent*ing?: [Here](#). (Thanks, Jonathan Bert, for sharing.)

D. Here's a website that you might want to check out:

Make the most of your free time and cross something off your bucket by becoming fluent in a different language with the help of Duolingo! This fun website also doubles as a fun free app on your phone so you never miss a lesson.

To check it out for yourself, click: [Here](#).

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#).

F. I'm back on Facebook after having been hacked. So even if we had been friends there before, please friend me again if we haven't yet reconnected. To do so, click: [Here](#).

9. Technology tip

There's a New Threat Targeting iPhones—What You Need to Know
by Lucas Coll

There's a new piece of malware that's threatening iPhone users. Here's what you need to know about it—and what you need to do about it.

Antivirus company Kaspersky has recently discovered a piece of malware that poses a significant threat to iPhone users. This iPhone virus targets models running up to iOS 15.7 through the iMessage app and exploits a security vulnerability in the form of a text message attachment.

Thankfully, it's easy to avoid. Below, we'll explain the nature of this malware and its potential impact, show you how to protect yourself and offer up a few other iPhone security tips for iOS users to secure their devices.

For the rest of this informative article, click: [Here](#).

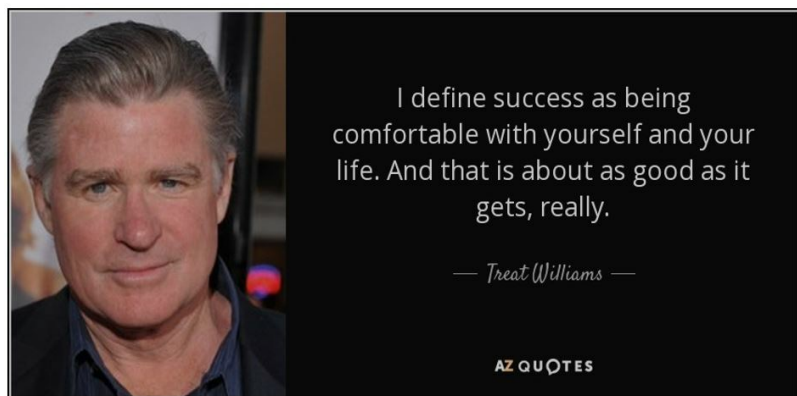
10. Joke 3

Soooo true. ... And today, if you're like me, and you celebrate all holidays (because there's more food, fun and



11. Two quotes I like

A. Thanks, Treat Williams (1951-2023), for your career as an America actors. He came to prominence with his appearances in two 1979 films: the musical Hair and Steven Spielberg's 1941. His subsequent credits included roles in such films as Prince of the City, Once Upon a Time in America, The Phantom, Miss Congeniality 2 and 127 Hours. He also starred as as Dr. Andy Brown on The WB's Everwood and as Mick O'Brien on Hallmark's Chesapeake Shores, as well as in several shows. For more information about his life, click: [Here](#).



B. Thanks, Glenda Jackson (1936-2023), for your career as an an English actress and politician. She was one of the few performers to achieve the American version of the Triple Crown of Acting, having won two Academy Awards, three Emmy Awards and a Tony Award. For more information about her life, click: <https://www.bbc.com/news/uk-65916692>.



12. Thought for the day

A sportsmanship example that all athletes should follow!

Nikola Jokic is officially an NBA champion, and he could not have handled the moment any better.

The Denver Nuggets won their very first title in franchise history on Monday night with a 94-89 victory over the Miami Heat. As the final buzzer sounded, the Nuggets star Jokic pulled an extremely classy move.

Before even doing any sort of celebrating, Jokic immediately went straight to the Heat and shook their hands one by one. It was an incredible show of sportsmanship as Jokic embraced with Heat star Jimmy Butler, veteran big Kevin Love, the retiring Udonis Haslem, rookie Nikola Jovic (who is Jokic's Serbian countryman) and several other Miami players.

To read more and to see the accompanying video clip, click: [Here](#).



PS. Make it a great week!

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