

#1136
7.2.2018

In this issue

- [1. Reflections](#)
- [2. FYI](#)
- [3. Joke 1](#)
- [4. Reviews](#)
- [5. TV alert](#)
- [6. Joke 2](#)
- [7. Clips/Websites](#)
- [8. Technology tip](#)
- [9. Joke 3](#)
- [10. A quote I like](#)
- [11. Thought for the day](#)
- [12. Advance planning department](#)

1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: bjnbc@aol.com and put SUBSCRIPTION in the subject line.

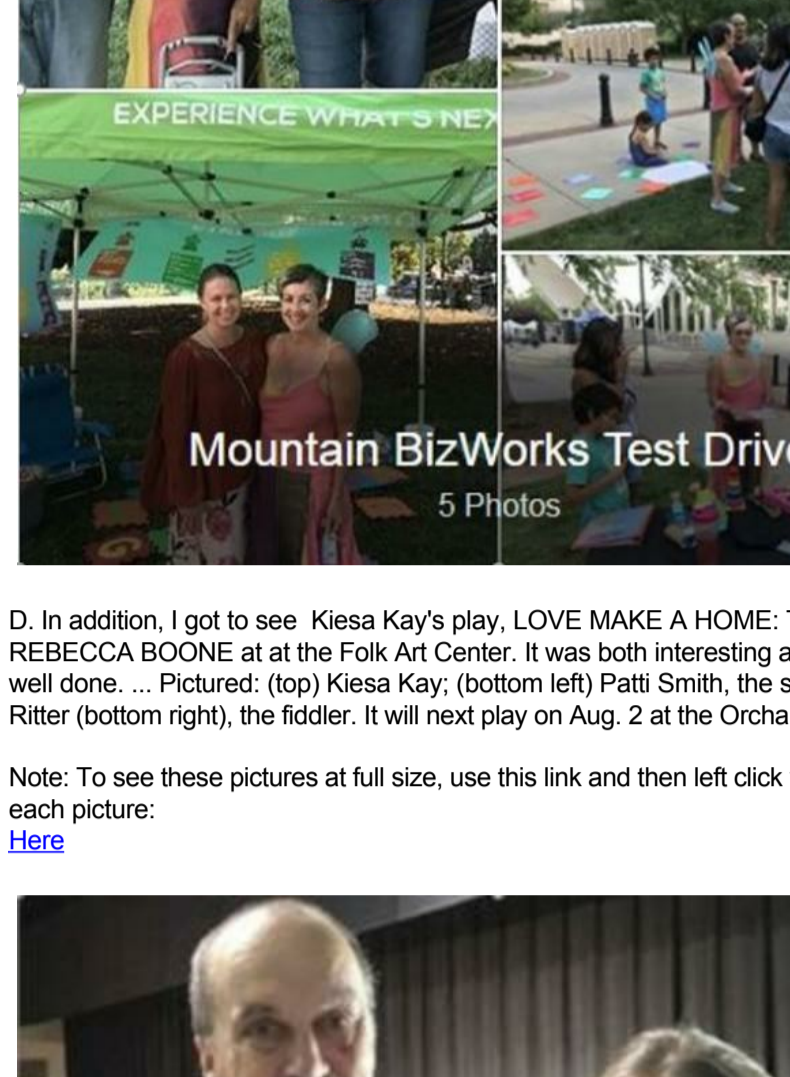
A. Cynthia, my beautiful bride, and I:

(1) Celebrated our participation in the Walk a Mile event by joining our friend Marjorie Lefkowitz-Skvara for a tasty lunch at Twisted Laurel where we received excellent service from Cody.

Note: See BLAINESWORLD BEST AWARD at the bottom of this section for more information about our participation in Walk a Mile.



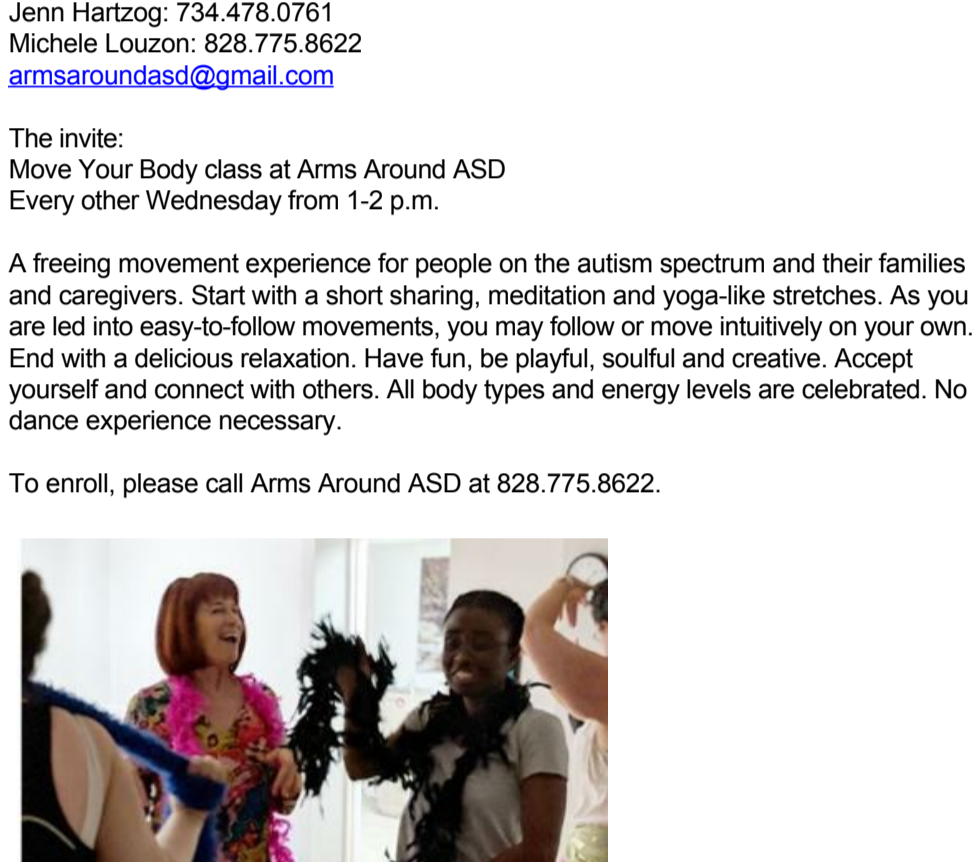
(2) Also had a great breakfast recently at Hemingway's Cuba Asheville where it is always a pleasure to be greeted by Daphne Fox-Chinea, the restaurant supervisor. Take a look at my plate on the left. I ordered chocolate chip pancakes and received three of the largest pancakes I've ever seen. I could barely finish one.



B. WPVM/FM invites you to listen to the BLAINESWORLD show from Wednesday, July 4, 2018 ... Guests (first half): Jeff Bachar Executive Director, Parkway Playhouse; for more information: [Here](#) and Mike Yow, Actor, Acting Coach and Author; for more information: actormikey@gmail.com ... Guest (second half): Dr. Robert Przynosch, Podiatrist/Foot Surgeon and owner of Smoky Mountain Foot Clinic; for more information: [Here](#) ... Pictured, l-r: Jeff Bachar, Mike Yow, Blaine Greenfield and Dr. Robert Przynosch ... To listen to the show, click [Here](#)

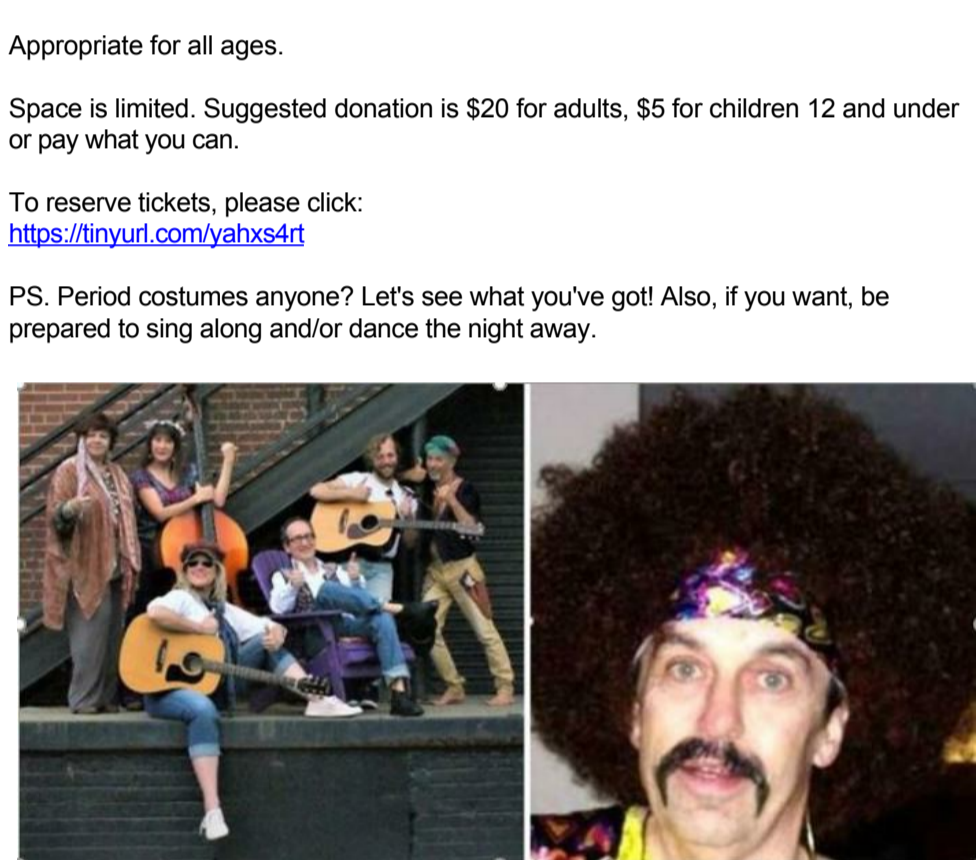
C. I had the good fortune of attending the Mountain BizWorks Test Drive at Shindig on the Green, featuring Walela Dobroski and The Toybrary.

Note: To see these pictures at full size, use this link and then left click your mouse over each picture:
[Here](#)



D. In addition, I got to see Kiesa Kay's play, LOVE MAKE A HOME: THE LIFE OF REBECCA BOONE at at the Folk Art Center. It was both interesting and extremely well done. ... Pictured: (top) Kiesa Kay; (bottom left) Patti Smith, the star; and William Ritter (bottom right), the fiddler. It will next play on Aug. 2 at the Orchard at Altapass.

Note: To see these pictures at full size, use this link and then left click your mouse over each picture:
[Here](#)



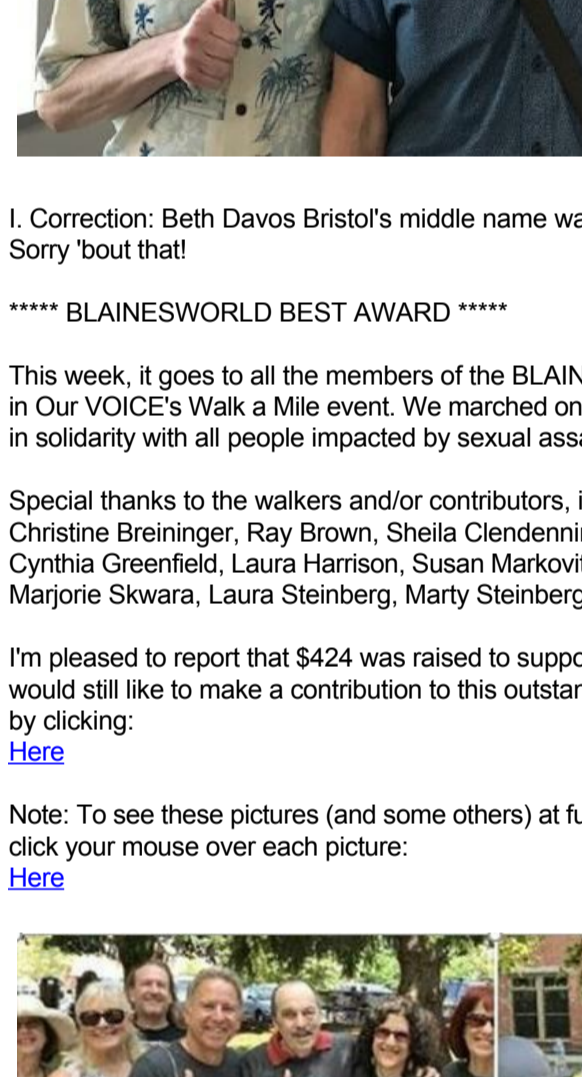
E. Cynthia volunteers for an amazing group in Asheville, Arms Around ASD. See below for some more information about it, followed by an invite: Arms Around ASD is a resource center providing services for people on the autism spectrum and their families and caregivers regardless of age, ability or income. The mission is to facilitate the growth and healing of the family as a whole. Some activities that are offered are: Buti yoga, pilates, Tai Yi, Tai Chi, acupuncture, consults with Dr. Janet, zumba, music listening group, yoga, healing touch, reflexology, move your body and talk therapy. A small donation for services based on 10% of the market value of the service is suggested. No one is turned away for inability to contribute.

Contact information:
Jenn Hartzog: 754-478-0761
Michele Louzon: 828-775-8622
armsaroundasd@gmail.com

The invite:
Move Your Body class at Arms Around ASD
Every other Wednesday from 1-2 p.m.

A freeing movement experience for people on the autism spectrum and their families and caregivers. Start with a short sharing, meditation and yoga-like stretches. As you are led into easy-to-follow movements, you may follow or move intuitively on your own. End with a delicious relaxation. Have fun, be playful, soulful and creative. Accept yourself and connect with others. All body types and energy levels are celebrated. No dance experience necessary.

To enroll, please call Arms Around ASD at 828.775.8622.



F. Come join the talented cast members (left picture) of THE HAPPY TOGETHER REVUE, l-r: Ellen Pappas, Ruth Planey, Carol Duermitt, Richard Shulman, Ryan Garcia and Philippe Cocquet, along with producer/remcee Blaine Greenfield (right picture, taken when he had a bit more hair) ...

In: a fundraiser for Pisgah Legal Services & Attic Salt Theatre

Dates: Sun., July 22, from 7-8:30 p.m. & a second performance on Sun., July 29, from 7-8:30 p.m.

Location: Attic Salt Theatre, 2002 Riverside Drive, Suite 42-O, Woodfin, NC (The Mill at Riverside)
Ample FREE parking in the back.

Appropriate for all ages.

Space is limited. Suggested donation is \$20 for adults, \$5 for children 12 and under or pay what you can.

To reserve tickets, please click:
<https://tinyurl.com/yahxs4rt>

PS. Period costumes anyone? Let's see what you've got! Also, if you want, be prepared to sing along and/or dance the night away.



G. HELP NEEDED: For the above production, we need a loan of the following items (unless you don't need them back):
1 tricycle
2 sailor hats
1 police officer's hat
1 cowboy hat
5 bar stools

Note: If you have any and/or all of the following items, please let me know by sending an email to: bjnbc@aol.com and putting PROPS in the subject line. Many thanks!

H. Congratulations to:

- (1) George Pappas on his appearance on WLOS. To view it, please click: [Here](#)
- (2) Dominic Michael Aquilino and Clara Ray Burrus on their marriage.
- (3) Katherine Morosani on her selection as a member of the 2018-2019 Asheville Downtown Rotary Board.
- (4) Sharon Bigger on her new full-time, tenure-track position at Mars Hill University.
- (5) Karyn Panek is with Kyle Shepard on their engagement.
- (6) Kristi Wilson, winner of Contest #14. She won a copy of LESSONS FROM LIFE: FOUR KEYS TO LIVING WITH MORE MEANING, PURPOSE, AND SUCCESS by Steve Darter.

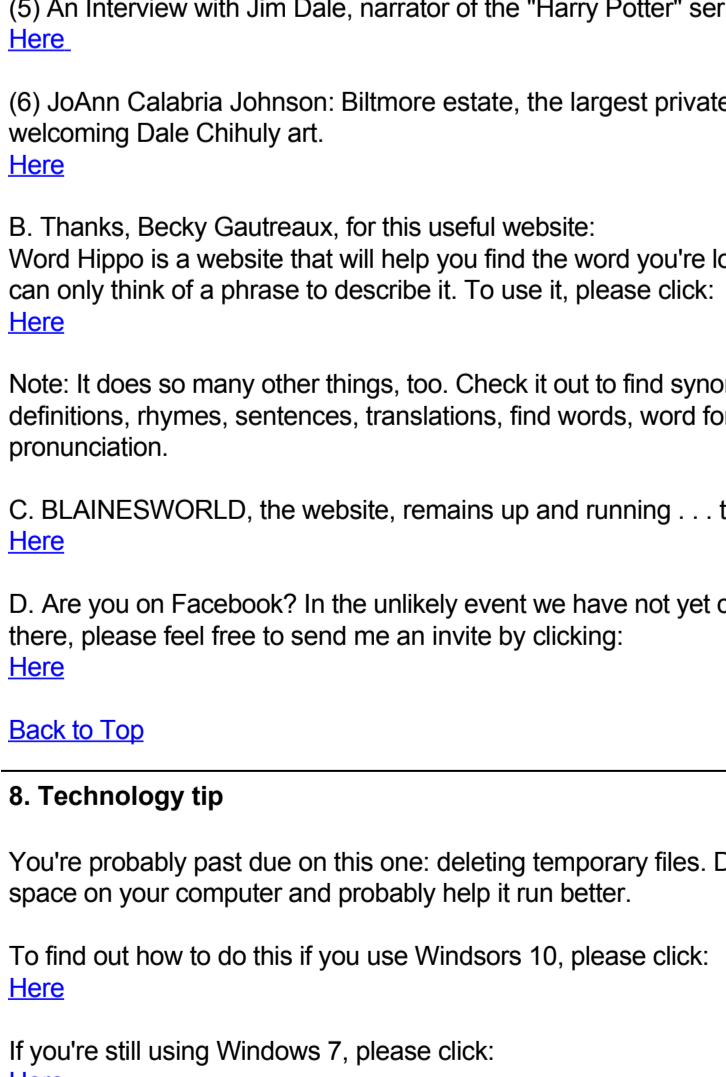
Note: For those who didn't win and/or enter the above, you can still get hold of this excellent book by clicking:
[Here](#)

All told, there were six entries. And that reminds me it is time to introduce ...

**** CONTEST #15 ****

One lucky reader will get a copy of the CD, SONGS FROM SEEGER: A SOLO WORK WRITTEN AND PRODUCED BY RANDY NOOJIN ... I recently had the pleasure of seeing Randy perform these songs and others at a show at SART. (See picture below.) Methinks you'll enjoy them as much as I did.

To enter the contest, send an email to: bjnbc@aol.com and put CONTEST #15 in the subject line, then include your name, snail mail address in the body of the email.... All entries must be received by 9 p.m. on Mon. July 16, 2018.



I. Correction: Beth Davos Bristo's middle name was misspelled in last week's issue. Sorry 'bout that!

**** BLAINESWORLD BEST AWARD ****

This week, it goes to all the members of the BLAINESWORLD team who participated in Our VOICE's Walk a Mile event. We marched one mile through downtown Asheville in solidarity with all people impacted by sexual assault.

Special thanks to the walkers and/or contributors, including Brian Biro, Carole Biro, Christine Greening, Ray Brown, Sheila Clendenning, John Dilcher, Blaine Greenfield, Cynthia Breinfield, Laura Harrison, Susan Markovitz, Ann Rabush, Tammy Schaffer, Marjorie Skvara, Laura Steinberg, Marty Steinberg, Linda Williams and Zuzu Welsh,

I'm pleased to report that \$424 was raised to support the efforts of Our VOICE. If you would still like to make a contribution to this outstanding organization, you can do so by clicking:
[Here](#)

Note: To see these pictures (and some others) at full size, use this link and then left click your mouse over each picture:
[Here](#)

[Back to Top](#)

2. FYI

I Did a Terrible Thing. How Can I Apologize?
by Cris Beam

As we scroll through the latest apologies in our news feeds (I'm sorry if anyone was offended; it was the culture back then; I'm mostly sorry but not for THAT one), it's easy to see what apologies are not. But I've been thinking a lot about what apologies are, and why we make them.

A few months ago, I flew from New York to Wisconsin to say I'm sorry to my ex-wife. We had been together for college. They share their love for music in weekly jam sessions, and these soon become songs that gain popularity on the internet. I liked Nick Offerman's performance, as well as Toni Collette's in a smaller role. The music was the best part of the film. The rest was just so-so. Wait until it becomes available via Netflix. Rated PG-13.

B. Heard YEAR OF YES: HOW TO DANCE IT OUT, STAND IN THE SUN AND BE YOUR OWN PERSOIN (Simon & Schuster), written and read by Shonda Rhimes... The talented author, the creator of GREY'S ANATOMY and SCANDAL, and executive producer of HOW TO GET AWAY WITH MURDER, tells how saying "yes" for one year changed her life--and how it can also change yours ... Rhimes had lots of good reasons for saying "no" to unexpected invitations in her life. Aside from her three hit shows on television, she was raising three children at home. But then her sister challenged her to say "yes" for just one year to requests that came her way, and when she decided to do so, the results were amazing.

Overall, I liked the book. In particular, this one tidbit struck home as something that should be done in many situations:
"When I'm asked by one of my children, 'Wanna play?' I say, 'Yes, Yes, I do.' ... And if my 12-year old comes into my room and lies down, I stop whatever I'm doing."

[Back to Top](#)

5. TV alert

- A. COMEDIANS IN CARS GETTING COFFEE: Season 10 is now on Netflix! Guests include Kate McKinnon, Alec Baldwin, Ellen DeGeneres, Dave Chappelle and Jerry Lewis before he passed away.
- B. LEVEL LIVE: Sun., July 8, at both 8 p.m. and 11 p.m., on History's This Live-Three hour event is an homage to Evel Knievel, as motorsports star Travis Pastrana attempts to recreate, and perhaps top, the famed daredevil's most dangerous leaps.
- C. SHARP OBJECTS: Sun., July 8, at 9 p.m. (and other times) on HBO Amy Adams stars in this 8-part adaptation of Gillian Flynn's first mystery page-turner. If you liked GONE GIRL, also from a Flynn book, you'll probably like this.
- D. BOBCAT GOLDTHWAIT'S MISFITS & MONSTERS: Wed., July 11, at 10 p.m. on truTV According to tv minute, "Horror and humor commingling in a cheerfully cheesy anthology from onetime stand-up provocateur Goldthwait."

[Back to Top](#)

6. Joke 2

Regardless of what's the reason you celebrate today, my hope is that you also join me in commemorating this holiday (more food, fun and friends that way)--and make it a HAPPY FOURTH OF JULY!

[Back to Top](#)

7. Clips/Websites

- A. Check out these clips at your convenience:
 - (1) Ms. Charlie Ianni: "People Need the Lord" [Here](#)
 - (2) Find Your Own Calcutta | William Murdock [Here](#)
 - (3) Lois Rosenthal: Top 5 Most Dangerous Popular Pet Treats [Here](#).
 - (4) Roberta Gurwood: Enjoy every moment of life [Here](#).
 - (5) An Interview with Jim Dale, narrator of the "Harry Potter" series [Here](#).
 - (6) JoAnn Calabria Johnson: Baltimore estate, the largest private home in America, is welcoming Dale Chihuly art. [Here](#)
- B. Thanks, Becky Gautreaux, for this useful website: Word Hippo is a website that will help you find the word you're looking for when you can only think of a phrase to describe it. To use it, please click: [Here](#)

Note: It does so many other things, too. Check it out to find synonyms, antonyms, definitions, rhymes, sentences, translations, find words, word forms and pronunciation.

C. BLAINESWORLD, the website, remains up and running ... to view it, please click: [Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking:
[Here](#)
[Back to Top](#)

8. Technology tip

You're probably past due on this one: deleting temporary files. Doing so will free up space on your computer and probably help it run better.

To find out how to do this if you use Windows 10, please click:
[Here](#)

If you're still using Windows 7, please click:
[Here](#)
[Back to Top](#)

9. Joke 3

Jewelry customer: "Do you wrap?" ... Me: "My name is Carol, and these are the jewels. Those who are missing these bargains are nothing but fools." (Thanks, Carol Seuffer, for sharing this great response that she actually told a customer.)

[Back to Top](#)

10. A quote I like

"The only person you should strive to be better than is the person you were yesterday."
- Matty Mullins (born 1988), American musician and lead-vocalist of metalcore band Memphis May Fire

[Back to top](#)

11. Thought for the day

My friend Marvin Sadovsky shared this advice that he got from his dad when he was younger:
A dog was walking across a rail road track. A train passed by and cut off the dog's tail. The dog turned to see what happened and the train cut off his head. The motto: Never loose your head over a piece of tail.

Marvin then added: "No good for us animal lovers, nor the WE Movement!"

Note: For more information about the WE Movement, please click:
[Here](#)
[Back to Top](#)

12. Advance planning department

To read about each of the following events in full, please click:
[Here](#)

- A. NC events
 - (1) Totally Awesome 80s Party. (2) David J. Miller presents OPEN MIC SPOKEN WORD.
- B. PANJ events
 - (1) THOROUGHLY MODERN MILLIE. (2) ROMEO & JULIET.

PS. Make it a wonderful week!
[Back to Top](#)

[Join Our Mailing List!](#)