

You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not toooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows, movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: [Here](#).

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#1400

7.17.2023

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## 1. Reflections

A. Cynthia, my beautiful bride, and I were truly blessed when we get to celebrate another HAPPY ANNIVERSARY on Monday, the 10th. ... That's us, pictured below, when we got married in NYC. As for how many years we've been together, our answer remains: "Not long enough." ... And we continue to live by this mantra that we started following since our wedding; i.e., to live every day with love, joy and ease! (Thanks to my friend Patrick Hannigan for coming to the Big Apple that day and taking this terrific picture.)



B. We got to see a fabulous preview of AT THE CAFE, an original musical by our friend Marcy Gallagher with music by Sarah Kohrs at The Weaverville Center for Creative and Health Living.

GET PSYCHED! ... Please view this video to see Karen Covington-Yow, Roberta Whiteside, Madison Brightwell and Jan Robbins sing one of the songs from the show: [Here](#). ... It will run at The Tina McGuire Theatre at the Wortham Center for the Performing Arts from Aug. 18-20 & Aug. 25-27. ... For tickets, navigate to: [Here](#).



C. I wanted to express my appreciation for the following two reasons:

(1) For your reading this milestone issue and any of the previous 1,399 issues you may have been on board to get.

Issue #1, then called STUFF, came out on October 13, 1996. Since then, I don't think I've missed publishing even one week.

My goal remains to bring you some jokes, hopefully not tooo risqué; reviews; quotes; inspirational articles; computer tips; contests; and information about what's been happening in my world--aka BLAINESWORLD.

And lest I forget, special thanks to Cynthia for being my ace proofreader.

MR. CURIOUS HERE: If you've been a reader since the first issue, drop me a note to tell me how you are doing. Send it to: [bginbc@aol.com](mailto:bginbc@aol.com) and put UPDATE in the subject line.

(2) For sticking with me on Facebook.

As you probably know by know, my account got hacked.

The good news is that I believe I'm up and running again, in large part due to the assistance I got from my friend Daniel Brice--aka "Digital Handyman" at TechyTech. His email is: [Dan@TechyTech.support](mailto:Dan@TechyTech.support), and his phone is 828.483.0209.

He rocks!

Note: Please record my Facebook profile: <https://www.facebook.com/blainegreenfield/>. Kindly friend me there and/or re-friend me if we lost contact with each other.



D. Watching and enjoying Travis Lowe's SOME NOTES ON DATING DURING OUTBREAK, I kept thinking about some dates from Hell that I had way back in my dating days. You will do the same thing, too, if you are lucky enough to get to see this wild, dark comedy. ... Lauren Otis, Alex McDonald Villarreal and Olivia Stuller are all outstanding in their respective roles, and Steve Samuels' direction is spot on. ... For tickets, click: [Here](#).



E. I hosted four BLAINESWORLD podcasts this past week. To view and/or listen to them, click: [Here](#) and go to the indicated date:

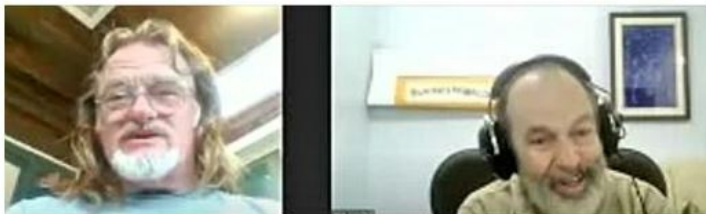
(1) Top picture: 7.10.2023 - David Carr--Owner, Carrpediem and Trainer, Educator, Facilitator

(2) Bottom picture: 7.11.2023 - Debbie Sprouse, Executive Director of Meals on Wheels of Asheville Buncombe County



(3) Top picture: 7.12.2023 - Tom Godleski, musician

(4) Bottom picture: 7.13.2023 - Stephanie Hickling Beckman, Zoe Zelonky and Eli Cunningham



F. Condolences to Sherry Luttrell and family on the passing of Steven Trent, Sherry's younger brother.

G. Congratulations to:

(1) Jenna Biro and Quentin Shaffer on their engagement. To find out more, see what her father (my friend Brian Biro) had to say about the happy occasion: [Here](#).

(2) Jessica Curry-Ellison on earning her Bachelor of Science degree in English and Writing from Liberty University.

H. Announcing this week's ...

\*\*\*\* **BLAINESWORLD BEST AWARD** \*\*\*\*

This week, it goes to Halo Top Coconut Fruit Pops.

Made from real coconut cream, these pops offer nutty, sweet flavor and a creamy texture. This refreshing pick-me-up is just 90 calories per pop and made with 50% less sugar than other leading fruit bars.

They taste even better than what I just wrote.

Cynthia and I often have them as a snack before we go to bed.

Try them. You won't be disappointed. We get them at our local Ingles. You should be able to find them at the supermarket where you shop.

They also come in Strawberry, Mango, Lime, Pineapple and other flavors.

For more information, click: [Here](#).

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## 2. Invites

A. There's still time to enter ...

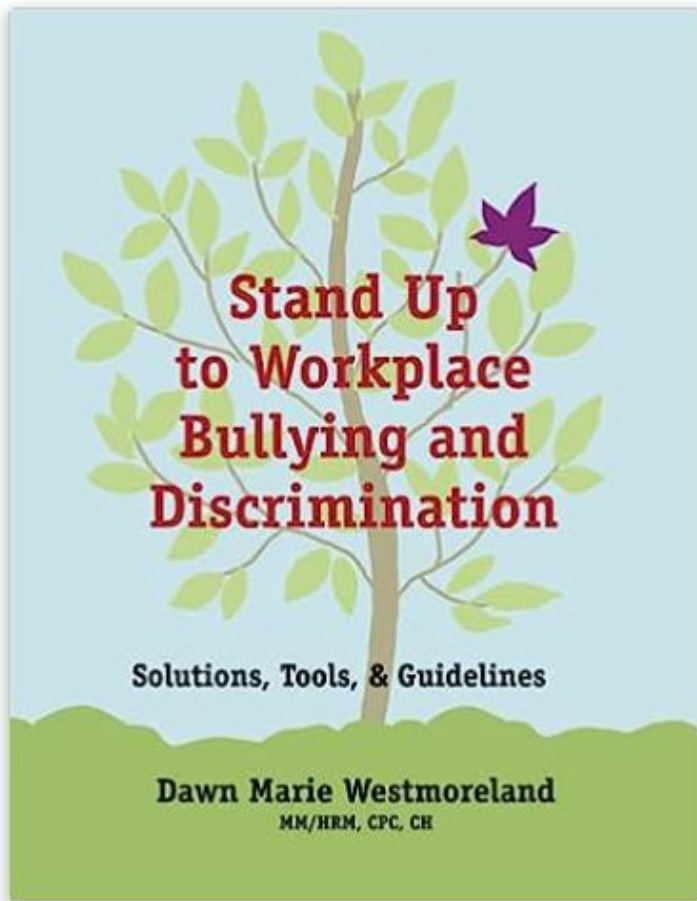
\*\*\*\* **CONTEST #11** \*\*\*\*

One lucky reader will win a copy of **STAND UP TO WORKPLACE BULLYING AND DISCRIMINATION: SOLUTIONS, TOOLS, & GUIDELINES** by my friend Dawn Westmoreland.

To quote one reviewer:

Work place bullying can take many forms. This is such an important book for anyone who has ever experienced any type of workplace bullying whether by a supervisor or a colleague. Many employees have no idea of their many rights. This remarkable book clearly explains what those rights are and provides a variety of resources to help us prevail if we are faced with bullying or a hostile work environment.

To enter the contest, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put **CONTEST #11** in the subject line. In the body of your email, include your name and mailing address. All entries must be received by the new deadline of 9 p.m. on Mon., July 17.



B. I'll be making my annual trek up North this coming July 27-Aug. 3. So if you're around during that time and would like to possibly get together, let me know by sending an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and putting TREK in the subject line.

Right now, I will probably be in Bucks County on Friday, July 28, and Saturday, July 29 and visiting Zebra Striped Whale for ice cream on Saturday from 2-4 p.m. Then in North Jersey on Mon., July 31, and Tues., Aug. 1. On Wed., Aug. 2, I'll be visiting the Yogi Berra museum in Montclair in the afternoon.

C. Want to be a guest on my BLAINESWORLD podcast, now seen on YouTube or you can listen to it on your favorite podcast player? If you have news you'd like to share and/or a story to tell, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put GUEST in the subject line. In the body of the email, include both your name and phone number.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evening.

For more information about the podcast, click: [Here](#).

D. Are you interested in shows, concerts, movies, TV, etc.? ... If so, I encourage you to join a group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: [Here](#).

E. Come join Cynthia for the course she'll be teaching for Arms Around ASD this week: Move Your Body on Wednesday via Zoom or in person. To attend this and/or any of the other courses that are offered, scroll down to Calendar when you click: [Here](#).

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### 3. FYI

Harvard psychologist shares 9 toxic phrases 'gaslighters' always use—and how to respond  
by Dr. Cortney Warren

“Gaslighting,” or the experience of being manipulated into doubting your feelings and perceptions of reality, can happen to anyone.

This behavior is often used to gain power and control in relationships. Being on the receiving end of it can be damaging to your self-esteem, and can even lead to anxiety or depression.

As a Harvard-trained psychologist who specializes in trauma and relationships, I’ve observed this firsthand. If someone uses any of these nine phrases, they may be gaslighting you

1. ‘You’re being crazy.’

For an explanation of the above, as well as the other phrases, click: [Here](#).

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#### 4. Joke 1

If he did this today, I'd go there. And hope you would, too, because it is NATIONAL ICE CREAM DAY--and if you're like me, you celebrate all holidays (because there's more food, fun and friends that way).

**“When I'm not longer rapping, I want  
to open up an ice cream parlor  
and call myself Scoop Dogg.”—Snoop Dogg**



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#### 5. Reviews

A. Three women search for miracles in THE MIRACLE CLUB, a film that's billed as a dramedy. They venture from Ballygar, a hard-knocks community in Dublin, to the sacred French town on Lourdes and not much happens during their trip. Maggie Smith, Kathy Bates and Laura Linney are the name actors in the film, but I most liked the work of Agnes O'Casey who I was watching for the first time. Cynthia liked it more than I did. Rated PG-13.

B. Thanks, Jeff Marcus, for this recommendation:  
Must see movie: SOUND OF FREEDOM. True compelling, heart-rending story about the child sex trafficking, billion door industry. Rated PG-13.

Media attempts to dissuade customers from going to see it in theaters failed as it has become a grassroots success and a vital current day problem. Please post in your blog.

Note: When I last looked, Rotten Tomatoes showed a 72% rating based on 36 reviews and an incredible 100% audience score based on 10,000+ verified ratings.

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## 6. TV alert

### A. WHAM!: Now on Netflix

This 92-minute documentary draws on archival interviews and footage to track Andrew Ridgeley and George Michael's friendship, climb and brief chart reign before the charismatic Michael broke away for his solo career.

### B. THE LINCOLN LAWYER, Season 2: Now on Netflix

In David E. Kelley's fun TV adaptation of Michael Connelly's legal thriller novels, Mickey Haller (Manuel Garcia-Rulfo) defends a chef accused of murdering the banker who tried to make her homeless. I'm in the middle of the series and am enjoying it.

### C. ALL IN THE FAMILY: Now on Prime videos ad-supported Freeware

Norman Lear cemented his reputation by creating this classic sitcom about a working-class guy bristling at the fast-changing society all around him. It ran from 1971-79.

### D. WHITE HEAT: Mon., July 17, at 8:30 a.m. on TCM

A government agent infiltrates a gang run by a mother-fixated psychotic. James Cagney gives one of his best performances ever, and I also liked the performances of Virginia Mayo, Edmond O'Brien and Steve Cochran.

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## 7. Joke 2

They're even greater that you'll be humming this song ... [Here](#). (Thanks, Linda Williams, for sharing.)



## 8. Clips/Websites

### A. The Turtles are arguably the greatest rock group of all time!

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: [bginbc@aol.com](mailto:bginbc@aol.com) and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please view cover from Michael Andreas: [Here](#). (Thanks, Martin Steinberg, for sharing.)

### B. Video of the week



If you've never seen Jacques Brel is Alive and Well and Living in Paris, you can do so now by clicking: [Here](#).

This was a fabulous 2015 co-production between ACT Theatre and 5th Avenue Theatre in Seattle Washington. In the cast: Kendra Kassebaum, Louis Hobson, Eric Ankrim, Cayman Ilika and Timothy McCuen Piggee.

It has me thinking that maybe it is time for somebody to bring the show to Asheville.

C. And also check out these other clips at your convenience:

(1) Dee Clark, "Raindrops," one of my all-time favorites: [Here](#).

(2) Howard Smith, Hymns (7.16.2023): [Here](#).

(3) Neil Ratner Rock Doc: This week in July 1966 Eric Clapton Ginger Baker and Jack Bruce formed the band Cream. During their brief three-year career, the band released four albums, Fresh Cream (1966), Disraeli Gears (1967), Wheels of Fire (1968), and Goodbye (1969). Beginning with Disraeli Gears, the band was joined in the studio by producer and multi-instrumentalist Felix Pappalardi, who became an important influence on the band's sound. Tensions between Bruce and Baker led to their decision in May 1968 to break up, though the band were persuaded to make a final album, Goodbye, and to tour, culminating in two final farewell concerts at the Royal Albert Hall on 25 and 26 November 1968 which were filmed and shown in theatres, then in 1977 released as a home video, Farewell Concert. ... To view Cram's performance of "Sunshine of Your Love," click: [Here](#).

(4) Renee Dominique: Can't Take My Eyes Off You: [Here](#).

Note: After this song, other covers from this talented singer immediately follow.

D. Here's a website that you might want to check out:

Codeacademy offers lessons in coding and lots of other subjects. Among the free courses: Intro to ChatGPT, Learn HTML, Learn JavaScript.

How cool is this? Very! ... To find out more, click: [Here](#).

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#).

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

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## 9. Technology tip

A friend recently saw a warning on her computer screen. (See below.)

It looked real to her, and so she clicked it.

She was then told to make a call.

She did.

She said the person she spoke to sounded legitimate. He even gave her some numbers to call, which also sounded legitimate.

To make the long story short, she spent many hours on the phone with this person and others, and after being told to go to her bank (by herself and not to tell anybody else), she was eventually scammed out of \$13,000. She was also told not to tell the bank about any of this because "they may be in on it."

This apparently is happening to lots of others. My friend was told this when she reported her story to the police.

So you don't have anything like this happen to you, I urge you follow the advice from Sgt. Esterhaus of HILL STREET BLUES fame: "Let's be careful out there." And to please read the following article ...

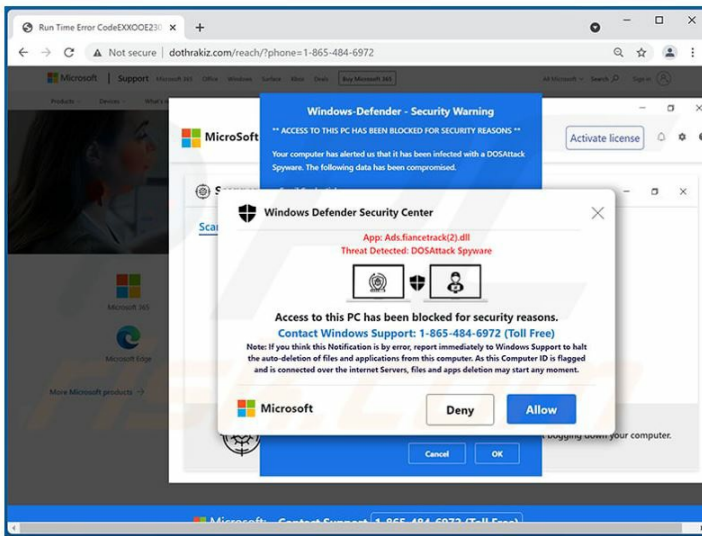
Avoid getting scammed by fake "Windows Defender Security Center" alerts  
by Thomas Meskauskas

What is Windows Defender Security Center?

"Windows Security Center" is a fake error message displayed by various websites. Users visit often these sites inadvertently - they are redirected by potentially unwanted programs (PUPs) or intrusive advertisements delivered by other rogue sites.

Research shows that many PUPs infiltrate systems without users' permission. As well as causing redirects, they deliver intrusive advertisements, record user-system information, and run unwanted background processes.

For the rest of this eye-opening article, click: [Here](#).



## 10. Joke 3

I'm not so sure that this would work, but still ... a better idea than proposed by one Pennsylvania school district to deal with the problem of gun violence ... arm students with rocks. (Thanks, Jean Dolan, for sharing.)



## 11. A quote I like

Thanks, Peter Nero (1934-2023), for your career as an American pianist and pops conductor. He directed the Philly Pops from 1979 to 2013, and earned two Grammy Awards, including the award for Best New Artist in 1962. For more information about his life and a clip of one of his performances, click: [Here](#).

"My right hand will be playing 'Tea for Two,' while my left hand will play Tchaikovsky's Fifth. My left foot will be fiercely tapping out the traditional rhythm to the Tahitian fertility dance. My right foot will not be doing too much. It will just be excited."--Peter Nero (delivering his own primer for audiences)



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## 12. Thought for the day

Swimming Alone, a news clip  
by Eric Johnson, KOMO News

Her body says, "No, you can't."  
She says, "Watch me."  
The rest of us are speechless.  
Abby McDaniel is my Hero.

To view it, click: [Here](#).

Eric's Heroes airs every Wednesday night at 6pm on KOMO News.

To see all of our Eric's Heroes stories, go to: [Here](#).

(Thanks, Cappy Tosetti, for sharing.)

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**PS. Make it a great week!**

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