
You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not tooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows, movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: [Here](#).

#1348
7.25.2022

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1. Reflections

A. Cynthia, my beautiful bride, and I joined our friends Tom and Marcy Gallagher for a delicious dinner at Dickey's Barbecue Pit in Asheville.

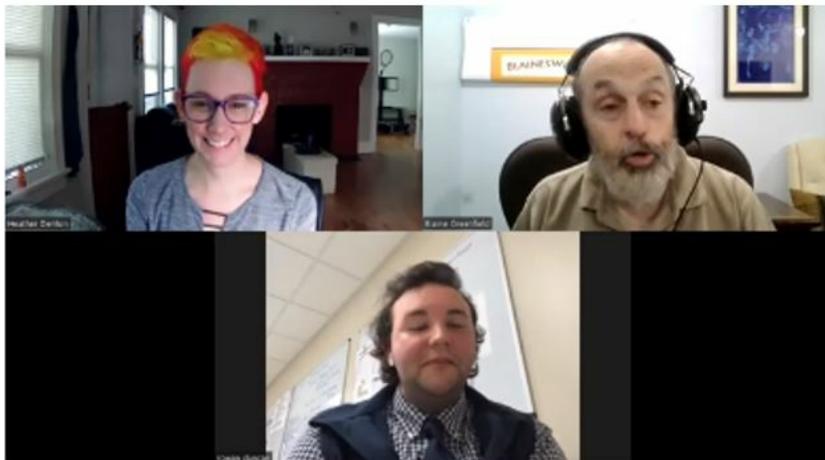


B. GOOD NEWS! ... Even if you are a cacographer (a bad speller), you're going to love THE 25TH ANNUAL PUTNAM COUNTY SPELLING BEE--now playing at Hendersonville Theatre through Aug. 7 ... This fun, tuneful musical features six talented actors playing quirky adolescents competing in the Bee: Rowan Duncan, Allison Starling, Juan Botero, Sahara Calderhead, Beth Norris and Kailey Blasius. ... Three equally talented

and quirky grown-ups run the event: Andrea Dennis, Gary McClain and Welsey Ganey. ... I especially liked the fact that this production also featured excellent musicians on stage: Eric Fricke and David Bruce. That makes such a difference, at least in my opinion, as opposed to using a music track. ... Kudos to Heather Denton for her spot on direction, as well as to Chuck Taft for his music direction and Elizabeth Creamer for her choreography. ...For tickets, click: [Here](#).



C. The above was also featured on my BLAINESWORLD show. ... To view it, click: [Here](#). ... Guests: Heather Denton, director, and Rowan Duncan, actor.



D. There was a second BLAINESWORLD show this week, featuring Bruce Lang. ... To view it, click: [Here](#). ... And when you do, make sure you also go to the 28-minute mark to hear what's arguably the greatest rock song of all time.



E. I love this picture of Cynthia, leading her Move Your Body class. See Sect. 2D for information on how you can join her, either virtually or in person.



F. Congratulations to:

- (1) April Johnson for winning the cover competition sponsored by "Carolina Critters," a Facebook group.
- (2) Allison Scott for her appearance on WLOS. To view it, click: [Here](#).

G. Announcing this week's ...

***** **BLAINESWORLD BEST AWARD** *****

It goes to Five Guys--a chain with two locations in Asheville (182 Merrimon Ave., pictured above, and 1838 Hendersonville Road).

We've gone to both, but more often we go to the one on Merrimon Ave.

The burgers are always so-so delicious, but the best part is that you can get any and/or all of these 15 toppings for free: mayo, lettuce, pickles, tomatoes, grilled onions, grilled mushrooms, ketchup, mustard, relish, onions, jalapenos, green peppers, Bar-B-Que sauce, hot sauce, and A1 steak sauce. American cheese and bacon can also be added at no extra charge.

The French fries never fail to delight.

And whenever you go, you can get unlimited shelled peanuts.

In addition, we like the fact that you can get many flavored Cokes, including vanilla.

For more information about Five Guys, click: [Here](#).



2. Invites

A. CONGRATULATIONS to Pam McNeil, winner Contest #11: a copy of THE SECRET THAT'S HOLDING YOU BACK by Vincent Genna, a spiritual teacher and talented psychic, therapist and medium.

All told, there were eight entries. And that reminds me that it is now time to announce the next contest ...

***** Contest #12 *****

One lucky reader will win a copy of HOW TO MAKE A SPEECH AND INSPIRE YOUR AUDIENCE by Barrie Barton. If you want your speech to be both engaging and memorable, this is the book for you.

To quote one reviewer, "My conference speech was a massive hit. Over 1,300 people heard it, and probably 200 people came up to me and told me how much they enjoyed it. I couldn't have done it without Barrie!"

To enter the contest, send an email to: bginbc@aol.com and put CONTEST #12 in the subject line. In the body of your email, include your name and mailing address. All entries must be received by 9 p.m. on Monday, Aug. 1

B. Want to be a guest on my BLAINESWORLD show, now seen on Facebook YouTube and LinkedIn? If you have news you'd like to share and/or a story to tell, send an email to: bginbc@aol.com and put GUEST in the subject line. In the body of the email, include both your name and phone number.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evenings.

For more information about the show, click: [Here](#).

And please click "Like" when you do check out this link.

C. Are you interested in shows, concerts, movies, TV, etc.? ... If so, I encourage you to join a new group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: [Here](#).

D. Come join Cynthia for the two courses she'll be teaching for Arms Around ASD this week via Zoom: Meditation on Monday and Move Your Body on Wednesday (that you can also attend in person). To attend

these and/or any of the other courses, scroll down to Calendar when you click: [Here](#).

Note: For others, see Sect.13 (at the bottom of this issue).

3. FYI

Failure to Stand on One Leg for 10 Seconds Linked to Increased Risk of Death
by Vaswani Simran Vinod

Middle-aged people who can't stand on one leg for at least 10 seconds appear to be at higher risk of dying within a decade, according to a study published in the British Journal of Sports Medicine.

Researchers found volunteers who struggled with the simple balancing test were 84% more likely to die in the next 10 years than those who could stand unsupported, after taking into account variables like age and illness. The results stem from a study of fitness and health among 1,702 people over age 50 in Brazil, starting in 2009.

For the rest of this informative article, click: [Here](#).

4. Joke 1

When I found it, I then used it as a remote for my TV. It didn't work. Go figure! (Thanks, Mike Martinelli, for sharing.)



5. Reviews

A. Cynthia and I very much enjoyed WHERE THE CRAWDADS SING, a mystery adapted from the best-selling novel of the same title. It tells the story of Kya, an abandoned girl who raised herself to adulthood in the dangerous marshlands of North Carolina. She is attracted to two young men from town and when one of them is found dead, she is named as the main suspect. ... Daisy Edgar-Jones is terrific in the leading role, as is the always-excellent David Strathairn as her lawyer. ... There's a great ending. ... Rated PG-13.

B. We also liked FATHERHOOD, a fact-based dramedy, which we saw on Netflix. The story is about a

widowed dad who copes with doubts, fears, heartache and dirty diapers as he sets out to raise his daughter on his own. Kevin Hart is outstanding as the leading man. He is both touching and funny, but doesn't go overboard as he sometimes does in movies. We also liked the work of Alfred Woodard and DeWanda Wise. But the real scene-stealer is Melody Hurd who plays Hart's daughter. Rated PG-13.

6. TV alert

A. EYE OF THE NEEDLE: Now on Amazon Prime

A well-crafted thriller from 1984 about a lonely lighthouse keeper's wife (Kate Nelligan) wooed by a lonely, shipwrecked visitor (Donald Sutherland) who is also a Nazi spy.

B UNCOUPLED: Original series starting Fri., July 29, on Netflix

Neil Patrick Harris stars as a man who has had his life turned upside down after his partner walks out on him after 17 years.

C. A SPLASH OF LOVE: Movie premiere on Sat., July 30, at 8 p.m. on Hallmark Channel

A marine biology student travels to the Pacific Northwest to track orcas--and finds her soulmate. The scenery is spectacular.

D. LOVE LIFE: Sun., July 31, at 10 p.m. on TBS

This romantic comedy anthology makes its cable debut after streaming on HBO Max.

7. Joke 2

What hypocrisy! Did you notice what kind of tape she used to make her sign?



8. Clips/Websites

A. The Turtles are arguably the greatest rock group of all time!

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: bginbc@aol.com and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please view this cover from a group called Slick Town: [Here](#).

B. Video of the week

Thanks, Cynthia Greenfield, for finding this one:

Cue Laughter! These Hysterical News Bloopers Are Here To Brighten Your Day: [Here](#).

C. And also check out these other clips at your convenience:

(1) Bonnie Tyler - "Total Eclipse of the Heart," one of my all-time favorites: [Here](#).

(2) Howard Smith: Sunday hymns (7.24.22): [Here](#).

(3) Neil Ratner Rock Doc: Jason Bonham: [Here](#).

(4) And if you'd like to see Jason perform in concert, click: [Here](#).

(5) Judy Chadwick: Yankee Doodle Dancer -- Celtic Tiger: [Here](#).

(6) Jonathan Berg: Fosse Dance Tutorial: [Here](#).

D. Here's a website that you might want to check out:

If you want to surf the internet in a semi-productive way – but not so productive that you actually have to leave the house – then check out Supercook by clicking: [Here](#).

Here's how it works: You tell it which ingredients you have in stock in your home, and it'll give you a big list of recipes you can make using just those ingredients.

It's a fun way to stay thrifty, clean out the fridge and make sure food doesn't go to waste.

I gave it a try and used these ingredients: chocolate and coconut. Within seconds, it came up with 97 recipes. I liked the one for toasted coconut bark: [Here](#).

Now if anybody wants to make the above and get them to me (hint, hint), they'd get my appreciation, along with a possible BLAINESWORLD BEST AWARD in the future.

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#).

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

9. Technology tip

Nothing is free these days ...



“The WiFi password is:
‘buysomethingorgetout’.”

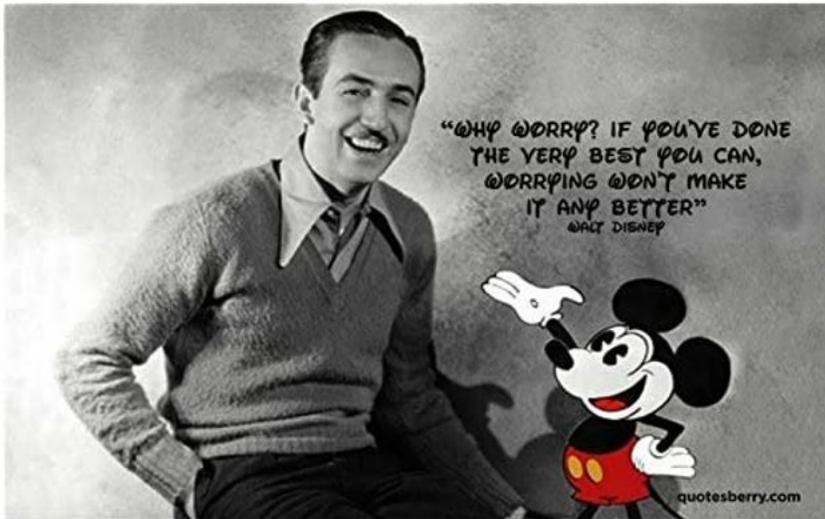
10. Joke 3

Finally, I've found it ... the pot at the end of the rainbow! (Thanks, Linda Williams, for sharing.)



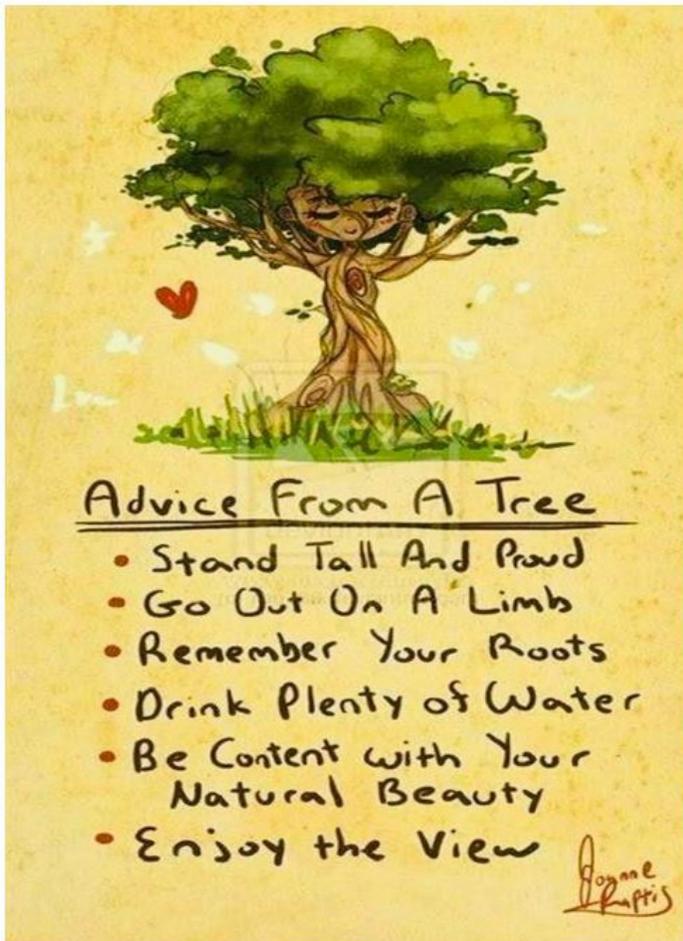
11. A quote I like

Walt Disney (1901-1966) was an American animator, film producer and entrepreneur, famous as a pioneer of animated cartoon films and as the creator of such cartoon characters as Mickey Mouse and Donald Duck. He also planned and built Disneyland, a huge amusement park that opened near Los Angeles in 1955, and before his death he had begun building a second such park, Walt Disney World, near Orlando, Florida.



12. Thought for the day

And lest you forget, stay grounded. (Thanks, Jimmy Ferraro, for sharing.)



13. Advance planning department

For more information about the following events, please click: [Here](#).

A. Jeff Catanese: Montford Park Players Showcases Diversity with Much Ado About Nothing. B. Cathy Jewell Fisher: Auditions coming up for PUMP BOYS AND DINETTES. C. Jeff Catanese: Tricky, Tricky Trickster Tales. D. Erinn Dearth: FOOTLOOSE.

PS. Make it a great week!
