
You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not tooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows, movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: [Here](#).

#1351
8.15.2022

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1. Reflections

A. Cynthia, my beautiful bride, and I got a big kick out of Parkway Playhouse's SHERWOOD: THE ADVENTURES OF ROBIN HOOD, the enduring story of the hero who took on the ruthless powers in charge! ... Jered Shults was dashing as Robin Hood, and Lilly Mills was the perfect Maid Marian. ... All the other leading players were equally outstanding: Strother Stingley, Jason Phillips, Morgan Miller, Zak Hamrick, Dakota Whitehead and Noah Summers. ... Daniel Moore's direction was spot on, as was the music from Zach Knox.



B. Afterward, we went to Little Tokyo--one of our favorite Asian fusion eateries in the Burnsville area. They no longer have indoor eating, but it was a nice night, so we enjoyed eating outdoors. Our meals were quite good.



C. This week's BLAINESWORLD podcast featured the following guests: (first half) Chuck Fink and Ray Christian, storytellers; and (second half) Wyatt Grant, artist and designer. To view it, click: [Here](#).



D. A second BLAINESWORLD podcast this week featured Mark Tuomenoksa and Sarah Kohrs, two extraordinarily talented musicians who make up the duo Tumo Kohrs. They discuss their music and play three songs. ... To view it, click: [Here](#).



E. Condolences to Garney Morris and family on the passing of Mary Beth, Garney's wife. For her obituary, click: [Here](#).

F. Congratulations to:

(1) Jesse and Rachel Balasco on the birth of Jason, their son. (And congratulations to grandparents Bill and Diane Lewis, as well as to uncle Bill Lewis.)

(2) John Murray on his retirement from Bucks County Community College.

(3) Badi and Carmen Mirheli on their marriage.

(4) Judith Loniak on becoming an Endorsed Chaplain for the Centers for Spiritual Living and, also, to Dix (her dog) on becoming a Canine Chaplain.

(5) Bruce Katsiff and family on the birth of Zephaniah, Bruce's great grandson.

(6) Katie Jones on her appearance on WLOS. To view it, click: [Here](#).

G. Announcing this week's ...

***** **BLAINESWORLD BEST AWARD** *****

This week, it goes to HART Theatre in Waynesville.

When we moved to Western North Carolina 14 years ago, we saw our first play there, and we have been to many fine performances since then.

Steve Lloyd has been a fantastic Executive Director, and Candice Dickinson is the talented Artistic Director. They are ably aided by the rest of the hardworking staff: Shelia Sumpter, Education Director; Julie Kinter, Operations Manager; Nichole Sumpter, Graphic Designer; and Kristen Hedberg, Box Office Manager.

I recently had the pleasure of seeing HART's current production, **THE BOOK OF WILL**, which runs through Aug. 28. ... This delightful play tells the story of two friends who decide to publish the works of William Shakespeare so the world can won't forget the scripts. ... Dillon Giles and Will Ezzell play these roles to perfection, and they are ably backed up by the other members of the ensemble cast: David Spivey, Emily Dake, Kathy O'Connor, Brandi Andrade, Cheyenne Morris, Dakota Mann, Aaron Ybarra and James Cloninger. ... Kudos, also, to Steve Lloyd for his spot on direction. ... For tickets, click: [Here](#).



2. Invites

A. CONGRATULATIONS to Jack Bowen, winner Contest #12: a copy of HOW TO MAKE A SPEECH AND INSPIRE YOUR AUDIENCE by Barrie Barton.

All told, there were six entries. And that reminds me that it is now time to announce ...

***** CONTEST #13 *****

One lucky reader will win a copy of BACK IN CONTROL: A SURGEON'S ROADMAP OUT OF CHRONIC PAIN by David Hanscom, MD.

To quote from the Amazon description:

Seattle spinal surgeon Dr. David Hanscom focuses on an aspect of chronic pain that the medical world has largely overlooked: you must calm your nervous system in order to get better. More than any other book about pain, Back in Control reveals how to quiet a turbocharged central nervous system and make a full recovery, with or without surgery. ... This book will enable those suffering from chronic pain to regain control of their care and life.

I read the book and found a lot of useful ideas in it. You will, too.

To enter the contest, send an email to: bginbc@aol.com and put CONTEST #13 in the subject line. In the body of your email, include your name and mailing address. All entries must be received by 9 p.m. on Monday, Aug. 22.

B. Want to be a guest on my BLAINESWORLD podcast, now seen on Facebook YouTube and LinkedIn? If you have news you'd like to share and/or a story to tell, send an email to: bginbc@aol.com and put GUEST in the subject line. In the body of the email, include both your name and phone number.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evenings.

For more information about the show, click: [Here](#).

And please click "Like" when you do check out this link.

C. Are you interested in shows, concerts, movies, TV, etc.? ... If so, I encourage you to join a new group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: [Here](#).

D. Come join Cynthia for the two courses she'll be teaching for Arms Around ASD this week via Zoom:

Meditation on Monday and Move Your Body on Wednesday (that you can also attend in person). To attend these and/or any of the other courses, scroll down to Calendar when you click: [Here](#).

3. FYI

Can You Pass the 10-Second Balance Test?

by Hilary Achauer

Published Aug. 12, 2022 in THE NEW YORK TIMES

Updated Aug. 13, 2022

Len Kaplan began having difficulty walking in a straight line when he was in his 50s. Scoliosis combined with compressed discs in his back were causing his balance to deteriorate. “Physical therapy, regular exercises, just wasn’t getting the job done. I needed something different,” Len, now 80, said.

Around that time Len and his wife, Ginny, took a cruise with twice-daily Tai Chi classes. Ginny, 77, said they loved Tai Chi — which consists of slow, controlled movements and deep breathing — so much they found a class in nearby Yorba Linda, Calif., when they returned home. The habit stuck.

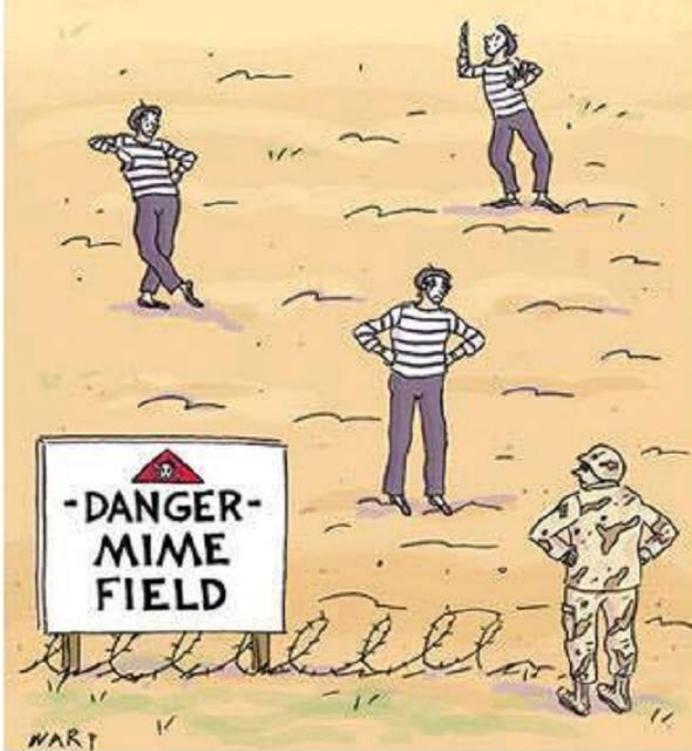
Len and Ginny have now been taking Tai Chi and balance classes regularly for more than 15 years. Len is able to easily walk in a straight line and his balance has improved. Last September while visiting Greece, Len and Ginny decided to hike the nearly 100 steps to the top of the Acropolis. Up they went, over slippery, uneven steps with no hand rails. They made it to the top and were rewarded with ancient ruins and sweeping views of Athens below.

For the rest of this informative article, click: [Here](#).

Note: If a paywall prevents you from reading it, click: [Here](#).

4. Joke 1

Consider yourself forewarned ...



5. Reviews

A. Saw *THE ADAM PROJECT* on Netflix. The film is about a time-traveling fighter pilot who after accidentally crash-landing in 2022, teams up with his 12-year-old self for a mission to save the future. The beginning was terrific, but fell apart about halfway through. ... Ryan Reynolds was funny, and Walker Scobell was quite good as his younger version. Jennifer Garner also stars, along with Mark Ruffalo, Zoe Saldana and Catherine Kenner. ... Rated PG-13.

B. Saw *BAREFOOT* on Netflix. Evan Rachel Wood and Scott Speedman star in the quirky romantic comedy from 2014 about an L.A. hustler who pairs up with a young woman who has escaped from a mental hospital and takes her to his brother's wedding, hoping to pass her off as his girlfriend. It is not especially believable, but it was fun to watch nevertheless. Rated PG-13.

6. TV alert

A. *THIRTEEN LIVES*: Now on Amazon Prime

Ron Howard's 147-minute docudrama tells the story about the rescue of 12 members of a Thai boys soccer team and their coach from a flooded mountain cave. Colin Farrell, Viggo Mortensen and Joel Edgerton star in this production that AARP's *TV FOR GROWNUPS* calls "simultaneously spooky, poignant and thrilling."

B. *THE LAST MOVIE STARS*: Now on HBO Max

George Clooney and Laura Linney play the voices of Paul Newman and Joanne Woodward in a six-part documentary about their 50-year marriage that's directed by Ethan Hawke and produced by Martin Scorsese.

C. *A LEAGUE OF THEIR OWN*: Now on Amazon Prime

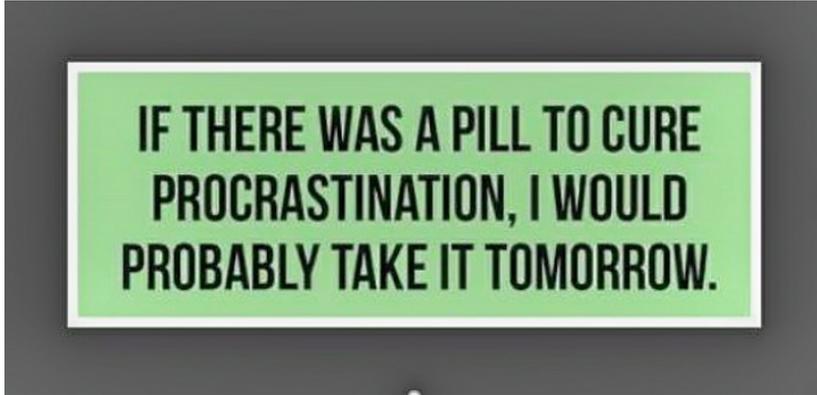
This is a serio-comic twist on the beloved 1992 movie about the pioneering All-American Girls Professional Baseball League during wartime in the 1940s. According to *TV GUIDE*, "The series comes alive on and off the baseball field with a vivid mix of colorful personalities taking wild swings at life. convincing themselves that it's

OK to want something and live your dream.

D. DATING THE DELANEYS: Movie premiere on Saturday, Aug. 20, at 8 p.m. on Hallmark Channel
A charmer about two pals--a divorced baker and a widowed PR exec--who go on a "pretend date" as practice.

7. Joke 2

I would next think about starting a Procrastinator's Club in Asheville ... but only after I decided on an appropriate name for the club and then chose a photo for the Facebook page ... I'll probably do that next week; i.e., if I've completed my 2015 tax return by then. (Thanks, Gayle Rosen, for sharing.)



8. Clips/Sites

A. The Turtles are arguably the greatest rock group of all time.

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: bginbc@aol.com and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please view this version from Susan Wong: [Here](#).

B. Video of the week

Benefits of Tequila: [Here](#). (Thanks, Ken Greenfield, for sharing.)

Note: If you're a Tequila fan, plan to come to the Happy Together show this coming November 18 and 20 at Attic Salt. You'll see why when you come to the show and you might even get to see yours truly perform. Details to follow.

C. And also check out these other clips at your convenience:

(1) Bonnie Tyler - Total Eclipse of the Heart, one of my all-time favorites: [Here](#).

(2) Howard Smith: Hymns (8.14.2022): [Here](#).

(3) Neil Ratner Rock Doc: House of the Rising Sun: [Here](#).

(4) To listen to the above song from The Animals, click: [Here](#).

(5) Or if you'd like to listen to the Bob Dylan version, click: [Here](#).

(6) Jason Colacino and Katie Boyle - Honky Tonk: [Here](#). (Thanks, Jonathan Berg, for sharing.)

Note: When you watch this clip, make sure you watch the crowd reaction.

D. Here's a website that you might want to check out:

Imgur is one of the largest image-sharing sites on the internet. To view it, click: [Here](#).

You'll find lots of cool stuff to look at, including those for cats and dogs. And my favorite: Most viral.

For example, if found this one at the latter location: The crowd that's been obsessed with emails, laptops and text messages suddenly doesn't think removing and destroying top secret documents is a big deal.

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#).

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

9. Technology tip

This ever happen to you ... you have a dozen tabs open in your browser and then accidentally close the wrong one? You could open up your browser's history and reopen the tab from there.

Or methinks you'll find this simpler: Hit Ctrl+Shift+T on your PC or Command+Shift+T on your Mac to automatically reopen the tab you just closed.

10. Joke 3

Gift idea for your pup. (Thanks, Carole Biro, for sharing.)

The wife said: "Here's \$20, get the dog a jacket. If there's any money left over, get yourself a beer!"

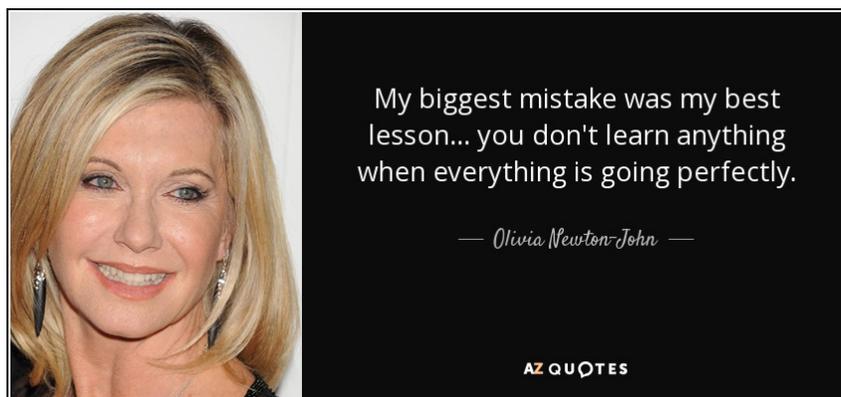


11. Four quotes I like

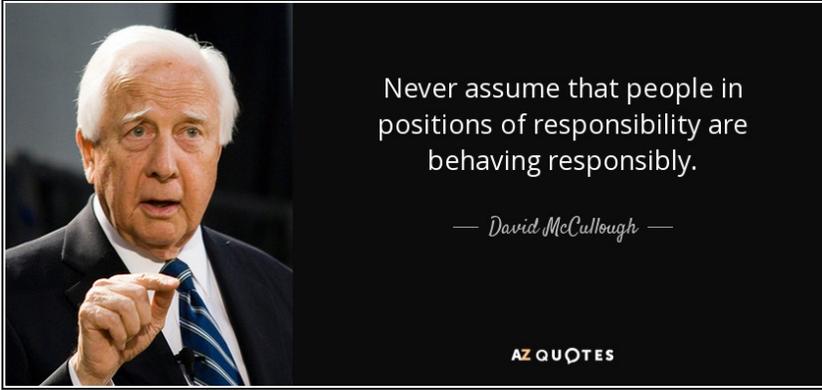
Note: I'm not a happy camper writing this week's section, in that I usually try to find quotes from two people who passed recently. They are often (but not always) folks that you may have heard about and/or grown up with.

But lately, I am finding way too many people who fit this category. Hence, I've had to include four quotes this week. And I already have two for next week. My hope is that this number doesn't grow.

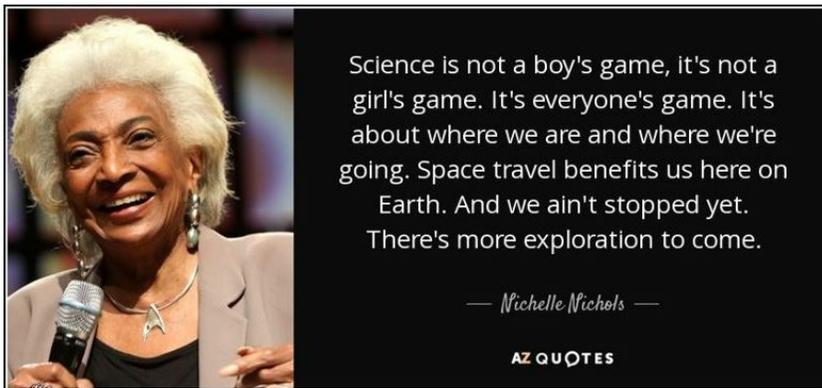
A. Thanks, Olivia Newton-John (1948-2022) for your career as a a British-Australian singer, songwriter, actress, entrepreneur and activist. ... She was a four-time Grammy that I'll most remember for her starring role in the musical film GREASE that became highest-grossing musical film ever at the time and whose soundtrack remains one of the world's best-selling albums of all time. ... For a clip of her singing two songs on her first appearance on the TONIGHT show, click: [Here](#). ... And for more information about her life, click: [Here](#).



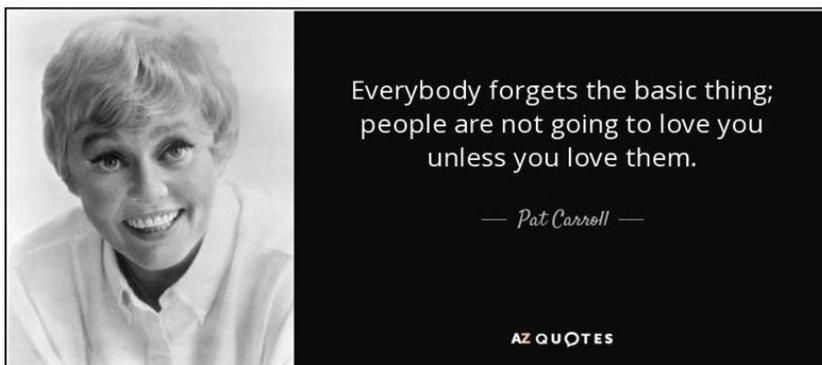
B. Thanks, David McCullough (1933-2022) for your career as an American author, narrator, popular historian and lecturer. ... I was a big fan of his two Pulitzer Prize-winning books, TRUMAN and JOHN ADAMS, as well as for your narration of numerous documentaries, such as THE CIVIL WAR, and the 2003 film SEABISCUIT. ... For more information about his life, click: [Here](#).



C. Thanks, Nichelle Nichols (1932-2022), for your career as an actress, singer and dancer best known for your portrayal of Nyota Uhura in STAR TREK and its film sequels. ... From 1977 until 2015, she volunteered her time to promote NASA's programs and to recruit diverse astronauts, including women and ethnic minorities. ... For more information about her life, click: [Here](#).



D. Thanks, Pat Carroll (1927-2022), for your career as an actress, voice actress and comedian. ... She was best known for voicing Ursula in THE LITTLE MERMAID, as well as having a long acting career that included appearances in CBS's THE DANNY THOMAS SHOW, ABC's LAVERNE AND SHIRLEY and NBC's ER. ... For more information about her life, click: [Here](#).



12. Thought for the day

The Story:

During the gold rush, a man who had been mining in Colorado for several months quit his job, as he hadn't struck gold yet and the work was becoming tiresome. He sold his equipment to another man who resumed mining where it had been left off.

The new miner was advised by his engineer that there was gold only three feet away from where the first miner stopped digging.

The engineer was right, which means the first miner was a mere three feet away from striking gold before he quit.

The Moral:

When things start to get hard, try to persevere through the adversity.

Many people give up on following their dreams because the work becomes too difficult, tedious, or tiresome—but often, you're closer to the finish line than you may think, and if you push just a little harder, you will succeed.

Source: [Here](#).

PS. Make it a great week!
