

# BLAINES WORLD

#1092  
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## 1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: [bjinbc@aol.com](mailto:bjinbc@aol.com) and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

- (1) Spent a rare week apart, in that I was on my annual trek up North.
- (2) But before I left, we took one of our walks in the neighborhood. We are often delighted when our outdoor cats join us. On the left, that's Nona observing the STOP sign. On the right, that's Bouncer (left) and Archangel following shortly behind.



B. In the New Jersey/Pennsylvania area, I:

- (1) Enjoyed getting to see my daughter Risa and her husband JP at their home in West Orange. That's us smiling about the tasty food we got from the New Bill & Harry Chinese Cuisine restaurant.



- (2) Saw many of my colleagues at Bucks County Community College's InService Day. Pictured with me, l-r: John Murray, Kathy Webb and Jim Freeman.



(3) Joined my friends Natalie Kaye and Ivan Winegar for some great deli food at Moish & Itzy's (top left photo). The restaurant also has the absolute best black-and-white cookies (top right photo) that I brought home to share with Cynthia.

From there, we went to see the Langhorne Players' production of WAIT UNTIL DARK (bottom photo). All were quite good in the cast, but we thought Juliana Long was particularly outstanding in the leading role. ... If you are anywhere near Bucks County, you're in luck, in that the show runs through September 16. For tickets, please click: [Here](#)



(4) Met my friends Herb Spiegel and Lorraine Allen for pizza at DeLorenzo's Tomato Pies--an eatery that Herb introduced me to several years ago. He contends that the pizza there is the absolute best, and I agree ... and make it a point to go every time I'm in the area.



(5) Visited another favorite location, Zebra Striped Whale, for some ice cream served by Tom Donahue.





(6) Saw a very funny show at Comedy Cabaret where I was joined by friends Andy Scarpati (center) and Kevin Jameson.



(7) Hosted a gathering of friends and former students at the Sycamore Grill in Newtown, PA. Bill Lewis was the headliner with his hilarious sit-down comedy. Kudos, also, to John Strauss, for his excellent guitar-playing. And to the Sycamore Grill for its fine food and drink--and especially to Megan Chudzik for her outstanding service. ... To view all in attendance sing "Happy Together," arguably the greatest rock song of all time, click:

[Here](#)

To view Bill Lewis, accompanied by John Strauss, sing "You've Got a Friend" (slightly revised) click:

[Here](#)

And to view Bill's comedy routine, click this link and advance to the 7:48 mark: [Here](#)

To view all 33 pictures, please click:

[Here](#)



Note: Please see the BLAINESWORLD BEST AWARD (below) for one more highlight of my trip.

C. Back in North Carolina, I had the pleasure of interviewing the following guests on my BLAINESWORLD show on WPVM/FM in the first half: Megan Robinson, executive

director of the Collider, and Preston Davitt, a Collider volunteer. For more information:  
[Here](#)

And in the second half: Anthony Cerrato, owner and executive chef, Strada Italiano & Social Lounge. For more information:  
[Here](#)

Pictured, l-r: Megan Robinson, Blaine Greenfield, Preston Davitt, Kathi Petersen (director of communications for The Collider) and Anthony Cerrato. ... To hear what you missed, please go August 30 when you click:  
[Here](#)



D. Congratulations to:

(1) Jane Ellyn Hinz on her retirement.

(2) Eric Phelps for his appearance on WLOS, in which he talked about the good work being done by Brother Wolf. To see him being interviewed, please click:  
[Here](#)

(3) Howard Debs for the publication of his poem, "Waypoints," a response to the Charlottesville tragedy, that was just published in Poets Reading the News. To read it, please click:  
[Here](#)

(4) Jay Ponton on his new position as Sales Manger at Stanton Optical.

(5) Honey Woloff on the birth of Samuel Noah, her new nephew, as well as to Randi Woloff on becoming a grandmother again.

(6) Janery Alban on her new job as Nurse's Assistant at Princeton House Behavioral.

(7) Kiesa Kay for the article that appears about her in the September edition of THE LAUREL OF ASHEVILLE. To read it, please go to p. 30 when you click:  
[Here](#)

(8) Lorraine Allen, winner of Contest #17: a copy of BUSINESS STRATEGY by Brian Tracy. All told, there were three entries. And that reminds me that's now time for:

\*\*\*\*\* CONTEST #18 \*\*\*\*\*

One lucky reader will win a copy of SALES SUCCESS by Brian Tracy. The author, a popular motivational speaker, has drawn from what he has spoken about over the years and put the information down into this short but oh-so-valuable book that covers 21 ideas for selling success that can be immediately implemented. I reviewed it in BLAINESWORLD #996 and enjoyed it. ...To enter the contest, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put CONTEST #17 in the subject line, then include your snail mail address in the body of the email. All entries must be received by 9 p.m. on Monday, Sept. 11.

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

This week, it goes to Dotty Mastripolito--Invest Coordinator at The Memory Care Unit of Brandywine. I met her when I visited Murray Raphel, my longtime marketing guru, and his wife Ruth. (They are in the left photo on the left, Dotty is to the right of Murray.)

Thanks, Ruth, for the nomination. To quote her:  
The employee you liked is Dotty Mastripolito, the favorite person of all the residents who reside in The Memory Care Unit of Brandywine where Dotty plans programs and leads them in activities. She brings the outside world to the residents with her reports to them of her daily life, their stories and discussing with them current events in the newspaper. There are always exercises and singing and fun questions from her big book of general questions that lead to back and forth talks on gardening, cooking, etc.

Every year, Brandywine celebrates the community with a special theme. This year it is the Olympics/Greece. Dotty has her group plan for the event with her and create and make the costumes together. She decided to supplement the fun with a band of instruments made by her group that will create music. And since she heads the glee club for the community, there will be singing.

Dotty is always aware of keeping everyone involved and happy. She is high energy and "her friends" in all the activities love her.

Note: After meeting with Murray and Dotty, I got to take Ruth out for lunch (right photo)



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## 2. FYI

Thanks, Nelson Sartoris, for sharing the following. My take: Say it ain't so, please ...

Just smelling food can make you fat, UC Berkeley study says  
by Allison Graham

On the bustling streets of San Francisco, people can sense what's grilling, baking and frying in restaurants from North Beach to Noe Valley without even looking at the menus, as myriad cuisines serve up a smorgasbord of aromas for the nostrils.

But what most foodies and waist-watchers strolling by don't realize is that just smelling burgers, pizza, sushi, falafel or any of the other sweet and savory offerings could be causing them to gain weight.

For the rest of this informative but scary article, please click:  
[Here](#)

FYI, part 2

To read each of the following contributions in full, please click:  
[Here](#)

(1) With a Simple DNA Test, Family Histories Are Rewritten. (2) Memorize That Poem! (3) Want to Take Great Travel Pictures? Jimmy Chin Has Advice. (4) Blind Football Player Snaps for Extra Point in U.S.C. Win.

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## 3. Joke 1

What bugs me about the coverage, so far, is that the media hasn't bothered to tell us the truth behind the storm; i.e., it is all fake science! ... But regardless of your opinion about the cartoon, my hope is that if you live in Texas and/or know people who do that you pay attention to the news--and stay safe. .... My prayers are with you. (Thanks, John Worthington, for sharing.)



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## 4. Reviews

A. Now available on disc or via streaming is a 2001 film, I AM SAM, that I recently revisited. It is the story about a mentally challenged father who raises his daughter with the help of an extraordinary group of friends. When his situation comes under the scrutiny of a social worker, he must go to court to prevent his daughter from being placed into the foster care system. Sean Penn is superb in the leading role. He was nominated for an Oscar in the Best Actor category, but lost out to Denzel Washington. Michelle Pfeiffer was equally outstanding and though she was not nominated for an Oscar, she should have been. Dakota Fanning knocked my socks off in her first major role as the 7-year-old Lucy. She deservedly won several awards for best youth performance of the year. And look for fine work from Richard Schiff as a lawyer you'll hate even though he is just doing his job. There's also an amazing soundtrack, featuring many songs from the Beatles. Rated PG-13.

Note: As you might well imagine, I AM SAM is one of my favorite films. If you'd like to

my entire list, send an email to: bginbc@aol.com and put FAVORITES in the subject line.

B Read LISTEN OUT LOUD: A LIFE IN MUSIC--MANAGING MCCARTNEY, MADONNA, AND MICHAEL JACKSON (Lyons Press) by Ron Weisner with Alan Goldsher. ... Weisner has managed several superstars and has also spent decades producing television shows and events for the likes of Beyonce and Chaka Khan. This engaging memoir tells how he worked his way up from the mailroom to becoming one of the most influential individuals in the music industry. I liked the many behind-the-scenes stories, as well as the short memories penned by Gladys KNIGHT, Steve Windwood and Quincy Jones, among others. In addition, I found the epilogue with advice for up-and-coming stars quite interesting.

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## 5. TV alert

A. BIGGIE: THE LIFE OF NOTORIOUS B.I.G.: Monday, Sept. 4, at 8 p.m. on A&E  
This three-hour profile of the influential rapper has been authorized by his estate.

B. THE NUTTY PROFESSOR: Monday, Sept. 4, at 8 p.m. on TCM  
Some of the late comedian's best films will be shown in this night of tribute, including this 1963 classic. Others to be featured include THE KING OF COMEDY, THE STOOGES, THE BELLBOY and THE DISORDERLY ORDERLY.

C. HIDDEN FIGURES: Saturday, Sept. 9, at 9 p.m. on HBO  
If you missed this captivating film about three real-life computing geniuses who had to fight racism while working at the Langley Research Center in 1960s Virginia, now is the time to catch it.

D. THE DEUCE: Premieres Sunday, Sept. 10, at 9 p.m. on HBO  
A bartender hustles to improve his situation in the 1970s in a multi-layered depiction of the porn industry that stars Maggie Gyllenhaal and James Franco. According to Dominic Patten in DEADLINE HOLLYWOOD, "The Deuce is damn good, and I can't wait for it to return."

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## 6. Joke 2

The mother of a problem child was advised by a psychiatrist, "You are far too upset and worried about your son. I suggest you take tranquilizers regularly." ... On her next visit the psychiatrist asked, "Have the tranquilizers calmed you down?" ... "Yes," the boy's mother answered. ... "And how is your son now?" the psychiatrist asked. ... "Who cares?" the mother replied.

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## 7. Clips/Websites

A. Check out these clips at your convenience:

(1) Ginger Heskett: PSA for hard-working teachers

[Here](#)

(2) Yatasha Izmarriednow Holt; Steve Harvey -Keep On Faith Street Or Miss Your Blessing

[Here](#)

(3) Paul Marks: 3-year-old plays piano

[Here](#)

(4) The Captain & Tenille "LOVE WILL KEEP US TOGETHER"

[Here](#)

B. Louise Hay (1926-2017), R.I.P. She was an American motivational author and the founder of Hay House. She authored several New Thought self-help books, including YOU CAN HEAL YOUR LIFE.

For information about her life, please click:

[Here](#)

Also, the above website has this link for daily affirmations that can uplift your day:

[Here](#)

You can choose any one of several categories to reveal positive affirmations for creating your best life. For example, under love, here were just some of the ones that I found:

I am worth loving. There is love all around me.

I deserve the best, and I accept it now. All my needs and desires are met before I even ask.

I am comfortable looking in the mirror, saying, "I love you, I really love you."

C. BLAINESWORLD, the website, remains up and running . . . to view it, please click:

[Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking:

[Here](#)

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## 8. Technology tip

Lois Rosenthal: Check this out. This is what goes with Facebook messenger. Too much ...not private at all?

[Here](#)

My thinking: I'm not overly concerned, in that if I was, I probably wouldn't be on Facebook. I then did some research on the topic and found the following that gives more information on the subject:

[Here](#)

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### 9. Joke 3

My hope is that y'all don't labor a lot on Monday, Sept. 4. In fact, instead join me in thinking about the following question ...



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### 10. A quote I like

"Follow your heart but take your brain with you."--Alfred Adler (1870-1937), Austrian medical doctor, psychotherapist, and founder of the school of individual psychology. (Thanks, Janet Zofchak, for sharing.)

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### 11. Thought for the day

You've Got to Be Carefully Taught: How to Explain Hatred to Your Children  
by Edie Weinstein, MSW, LSW  
(reprinted with Edie's gracious permission from her blog entry that initially appeared in Psych Central)

With world events occurring at lightning/frightening speed, adults who may be bewildered themselves, may feel at a loss to answer the questions their young ones may have about topics they see broadcast on television or hear about on the school bus. In the wake of the virulent rally in Charlottesville and those that have followed since, it is an even more important topic for parents to address. Children will ask questions and it is crucial for answers to be available and not brushed under the rug, as it might seem easier to do.

One such parent is Stefanie Nicolosi, a Philadelphia area photographer. In an article for Newsworks, she explains why she feels it is important to educate children about bigotry in order to create more caring human beings and a just society. The question remains about whether by sheltering our children from the news about what is going on in the world, we are doing them a disservice.

For the rest of this informative piece, please go to Section 11 when you click:

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### 12. Advance planning department

To read about each of the following events in full, please click:

[Here](#)

#### A. NC events

(1) Ed Hackett: Mix 96.5's Dog Day Afternoon. (2) Laressa Griffin: Night of the Child fundraiser for Safelight.

#### B. PA/NJ events

(1) MEMPHIS at Kelsey Theatre at Mercer County Community College. (2) From Nature to Nurture with Richie Parrella at Princeton Center for Yoga & Health.

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**PS.** Make it a wonderful week!

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