

# BLAINESWORLD

#1094  
9.11.2017

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## 1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put SUBSCRIPTION in the subject line.

A. Cynthia, my beautiful bride, and I:

(1) Couldn't wait very long to try the black-and-white cookies that I had bought (and frozen) from Moish and Itzy's (in Newtown, PA) on my recent trip up North. We were saving them for a special occasion and lo and behold, one came up ... we got hungry. They were soooo good!



B. During the week, I:

(1) Had the pleasure of interviewing two great guests on my BLAINESWORLD radio show on WPVM/FM ... in the first half: Shela Anmuth, long term care insurance specialist. For more information: 828.684.2623 ... in the second half: Laura Jeffords, executive director of The Mediation Center. For more information: <http://www.mediatewnc.org> ... Pictured, l-r: Shela Anmuth, Blaine Greenfield and Laura Jeffords. ... To hear what you missed, please go down to the 9.13.2017 show when you click: [Here](#)



(2) Saw a terrific production of THE PRODUCERS at the newly-renovated Asheville Community Theatre, Pictured with me are just some of the folks who made the show the success that it was: (top left) Jerry Crouch, director, and Shari Azar, choreographer; (top right) Frank Salvo; (bottom left) Carina Lopez, costume designer, and Leslie Lang; (bottom center) Corey Link and Elizabeth Babelay; and (bottom right) Zachary Landolt. ... Kudos, also, to my other friends who were involved in some way or another, including Lynda Ferrell Shuler, musical director; Jill Summers, scenic designer; Jacob Walas, dance captain; Tina Pisano-Foor, tap choreographer; Calintha McClintic, Chelsea St. John Wade, David Bruce; and Misty Theisen, among others.



(3) Had a blast and lots of laughs at UNNECESSARY FARCE at HART. Pictured with me, l-r: Holly Cope, David Krarup and Anna Denson.. They were all great, as were the other members of the talented cast: Chase Wells, Sarah Lipham, David Spivey and Dan Dutterer. Julie Kinter's direction was on target.



(4) Solved all the world's problems over a tasty breakfast with my friend Mark Lieberman at Early Girl Eatery.



(5) Had a great waffle at Waffle House where I was served by my friend Daniel Hensley.





C. To quote Cynthia: "I woke up after Blaine told me last night that my hair always looks good. We decided: NOT ALWAYS! ... OK, now pretend you didn't see this."



D. Condolences to:

- (1) Tracy and Ed Hackett and family on the passing of Phillip Pitman, Tracy's father.
- (2) Kim Stimpson and family on the passing of Joseph William Stimpson, Kim's father.

E. Congratulations to:

- (1) Neil and Kay Crews St. Clair on the birth of William Thomas Iglesia, their grandson.
- (2) Meda Thurston on the birth of her son.
- (3) Katrina Kat Williams and Patrice Boudreaux on their upcoming marriage.
- (4) Scott and Mandy Bean on the birth of Arthur Daniel Bean, their son.
- (5) Judith Loniak on having all of the images she submitted for her very first juried show (CNPA 11th Annual Autumn Members Juried Show) accepted for exhibition. The Title of the exhibition is "Peaceful Appalachians. ." They will be exhibited from Oct 15, 2017-Jan 15, 2018 at Green Sage in West Asheville, NC.
- (6) Mary Elise Jones on being top 5 in The Actor's Project NYC Season 39 Monologue Competition.
- (7) Chris Sofield, winner of Contest #18: a copy of SALES SUCCESS by Brian Tracy. All told, there were only two entries. And that reminds me that it's now time for:

\*\*\*\*\* CONTEST #19 \*\*\*\*\*

One lucky reader will win a copy of NEGOTIATION by Brian Tracy. The author, a popular motivational speaker, believes that, "Negotiations should be seen as an ongoing process. No negotiation is ever final. If you get new information that changes your perspective on the situation, go back and ask to reopen the negotiation." ... I reviewed this book in BLAINESWORLD #981 and enjoyed it. ... To enter the contest, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put CONTEST #19 in the subject line, then include your snail mail address in the body of the email. All entries must be received by 9 p.m. on Monday, Sept. 25.

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

This week, it goes to the Duck Donuts--Asheville's newest donut store located at 182 Merrimon Ave. ... We recently went to the grand opening and came away with the best donuts we've ever had! ... Mine had a maple coating, bacon bits and caramel sauce, and Cynthia had one with Oreo bits... You can either choose some 12 donuts that are regularly featured or make your own. ... The donuts are both fresh and very reasonably priced. ... We also found all the employees to be very friendly, and we enjoyed meeting Beckie McGee, one of the store's owners. ... To find out more about Duck Donuts, please click:

[Here](#)





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## 2. FYI

Please read the following article, then get thee to a dermatologist--especially if you don't go to one on a regular basis.

Over a decade ago, the excellent dermatologist I then used in New Jersey (Dr. Judit Stenn) discovered that I had melanoma between my toes. Fortunately, she discovered it early, and I'm fine now.

But as a result, I continue to get regular checkups by the outstanding dermatologist I now use in North Carolina (Dr. Todd Wilkinson; <http://www.advancedskindoctor.com/>). I also make sure he checks between my toes!

The Real Reason We Should All Be Checking Regularly Between Our Toes

Nobody wants to seem like a hypochondriac, but it's tough to ignore that we're constantly vulnerable to countless health problems if we leave them unchecked. Still, few issues are as justifiably feared as cancer.

Luckily, doctors have one method for checking for signs of the disease that could help people. Some of them might seem odd, like checking between your toes, but they could save your life.

For the rest of this informative article, please click:

[Here](#)

FYI, part 2

To read each of the following contributions in full, please click:

[Here](#)

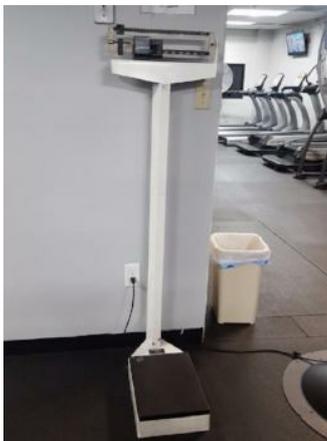
(1) At Irma's Winds Rise, So Does a Debate Over TV Storm Reporting. (2) Carol Saich: Click here to support Lora's car for work. (3) Preventing Dementia by Moving Your Body. (4) Alyson-Miller-Greenfield: Are you ready to take a deep dive into the mystic? An introduction to the basic teachings of the Kabbalah.

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## 3. Joke 1

This statue offends me. I want it removed. (Thanks, Lyn Donley, for sharing.)



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## 4. Reviews

A. Saw HOME AGAIN, a formulaic romantic comedy about recently separated-woman who opens her house to three aspiring filmmakers. Though I usually like Reese Witherspoon, she does nothing for me in this film that's not very romantic or funny. I wouldn't even bother seeing it when it becomes available via on disc/streaming. Rated PG-13.

B. Now available via on disc/streaming is WONDER WOMAN. Here was my available from BLAINESWORLD #1075:  
Saw WONDER WOMAN and realize I may be in the minority, but must admit to not

loving it. The first half was good. I enjoyed watching Gal Gadot kick a lot of ass. But then the film fell apart for me in the second part. The villains became less and less believable, and when they started flying all over the place, I decided that I will probably miss the many sequels that are sure to follow. Rated PG-13.

C. Heard **HOW WILL YOU MEASURE YOUR LIFE?** (HarperAudio) by Clayton M. Christensen, James Allworth and Karen Dillon and read by Jeff Woodman. ... The book grew out of a powerful speech that Christensen, an innovation expert, gave to Harvard Business School's graduating class in 2010. In it, he offered a series of guidelines for finding meaning and happiness in life centered around these questions: How can I be sure that I'll find satisfaction in my career? How can I be sure that my personal relationships become enduring sources of happiness? How can I avoid compromising my integrity-and stay out of jail? ... I liked the use of examples from some of the world's top businesses, as well as how Christensen related it to his own life that had recently changed when he had to deal with the same type of cancer that had taken his father's life.

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## 5. TV alert

A. 69TH PRIMETIME EMMY AWARDS: Sunday, Sept. 17, at 8 p.m. on CBS  
Stephen Colbert hosts TV's biggest awards night.

B. THE VIETNAM WAR: Sunday, Sept. 17-Thursday, Sept. 21, at 8 p.m. on PBS  
(check local listings at <http://www.pbs.org/>)  
Ken Burns presents his latest opus over 18 hours and 10 nights (continuing Sept. 24-28) about the war that split the nation apart.

C. DANCING WITH THE STARS: returns on Monday, Sept. 18, at 8 p.m. on ABC  
The 25th trip around the dance floor will feature 80s pop star Debbie Gibson and a grow-up Frankie (MALCOLM IN THE MIDDLE) Munoz.

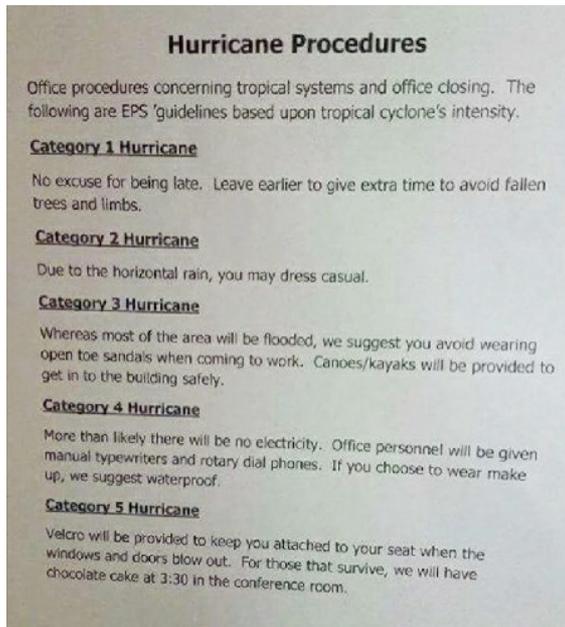
D. THE STATE: Monday-Tuesday, Sept. 18-19, at 9 p.m. on National Geographic  
The four-hour miniseries immerses us in the dark journeys of four young British men and women who head into Syria to pledge themselves to ISIS. According to TV GUIDE, this is "a terrifying look at the making of terrorists."

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## 6. Joke 2

MR. HELPFUL HERE: I want you to have this in advance of any future storm ...



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## 7. Clips/Websites

A. Check out these clips at your convenience:

(1) Joe Hodgson: "Pretty Woman," sung by Roy Orbison  
[Here](#)

(2) Paul Marks: AI Franken Takes on Climate Change  
[Here](#)

(3) Tom Orr: "Boogie Woogie Bugle Boy"  
[Here](#)

(4) Chandler Smith: You're never too old to start a new life  
[Here](#)

(5) Ted Ross Woizeski: Two Scientists dump 12,000 tons of oranges  
[Here](#)

(6) Lucille Eckert: Destiny Road Musical Tribute to Michael Jackson  
[Here](#)

B. It's Nice That is a website that has championed creativity since 2007. To check it out, please click:  
[Here](#)

You'll find such articles as the following:

Infringe documents Redhead Days, an annual festival celebrating the hair colour Jon Burgerman's music to doodle to  
Photographer Emma Hardy captures the tender and quirky moments of family life  
The makings of Roald Dahl's My Golden Ticket, a new book revisiting Wonka's fantastical world

C. BLAINESWORLD, the website, remains up and running . . . to view it, please click:  
[Here](#)

D. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking:  
[Here](#)

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### 8. Technology tip

Ever find something on your iPhone or iPad that you wanted to save; e.g., when searching the internet? If so, here's how you can take a screenshot:

1. Press and hold the Sleep/Wake button on the top or side of your device.
2. Immediately press and release the Home button.
3. To find your screenshot, go to the Photos app > Albums and tap Camera Roll.

Thanks, Jensen Gelfond, for showing me this technique. For those not recognizing Jensen's name, he is my amazing computer/technology guru. You can find out more about him by clicking:

[Here](#)

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### 9. Joke 3

TODAY'S HISTORY LESSON ... According to the Jewish calendar, the year 5778 begins at sundown on Wednesday, Sept. 20. According to the Chinese calendar, the current year is 4715. This means that the Jews will have gone without Chinese food for 1,063 years--a period in history known as the Dark Ages. ... And if you're like me and celebrate all holidays (more food, fun and friends that way), here's my Rosh Hashanah wish for you: Shannah Tovah, which translated from Hebrew means "[have] a good year."



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### 10. A quote I like

"You start worrying about everything, you'll go crazy and you won't enjoy life."-- Jim Gorski, a former Navy pilot who lives in Alaska, on the likelihood of the state being hit by a North Korean missile.

For more information on what Gorski and others think about a nuclear threat, please click:  
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### 11. Thought for the day

Great words to live by! (Thanks, Roberta Whiteside, for sharing.)





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## 12. Advance planning department

To read about each of the following events in full, please click:

[Here](#)

### A. NC events

(1) Jeff Catanese: THE COMPLETE WORKS OF WILLIAM SHAKESPEARE ABRIDGED. (2) Rodney Smith: The SuperHappy Radio Hour!

### B. PA/NJ events

(1) At Kelsey Theatre: Neil Simon's BAREFOOT IN THE PARK. (2) Glenn Burd: Plumstead Historical Society.

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**PS.** Make it a wonderful week!

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