

# BLAINES WORLD

#1202  
9.30.2019

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## 1. Reflections

If you're reading this via Facebook or LinkedIn, please be advised that you will get it quicker if you get it via email. Another advantage: You'll never miss it that way because you may not have logged in for a day or two. And in the unlikely event you're not already a subscriber, all you need to do is send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put SUBSCRIPTION in the subject line.

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A. Cynthia, my beautiful bride, and I:

(1) Began her birthday celebration by seeing JUDY, the biopic about Judy Garland. The film was good; Renée Zellweger's performance in the leading role was outstanding. ... We then went to 131 Main for a delicious dinner where we received fine service from Nicole and this complimentary dessert that was even better than it looks. ... And afterward, we watched THIS IS US—our favorite TV show. The episode was better than last week's, in that it focused on the characters we have already grown to love (and not the new ones).



(2) We also celebrated the birthday of Padma Dyvine (pictured with her husband Will Redish) at a party at their mountain home in Bat Cave.





(3) And we had a delicious dinner at Bonefish Grill with our friends Marcy and Tom Gallagher.



B. We were visited by bears at our home in Fairview.



C. Tripping down memory lane, we came across these pictures from the first day we moved into our home in Biltmore Lake. That's the one now for sale.

If you would like to visit it, come to the Open House on Sunday, Oct. 6, from 2-6 p.m. The address is 19 North Kaufmann Stone Way, Biltmore Lake, NC. ... To see pictures of this home, please click: [Here](#).

For more information or if you'd like to come some other day, contact Brent Russell, our realtor extraordinaire, at 540.588.2852.





D. During the week, I had the the pleasure of joining my friends Mark and Shelley Lieberman for breakfast at Cafe 64--one of my favorite local eateries. It's so good, in large part because of its amazing cook (Will Apple, second from the right).



E. Catch this week's BLAINESWORLD show on WPVM, featuring Elizabeth Yaruss (left) and Jennifer Alvarado (right). To view it, please click: [Here](#).



F. Condolences to:

- (1) Jessica Garland and family on the passing of Jennifer's Aunt Gail.
- (2) John Lee Jellicorse and family on the passing of Willie Gray Nickels Stringer, John's aunt.

G. Congratulations to Annelise Taylor Henry on her certification as an ACE Certified Group Fitness Instructor.

H. There's still time to enter ...

\*\*\* CONTEST #21 \*\*\*

One lucky winner will win a copy of a book on CD: THE LION, a novel by Nelson DeMille. To quote from the book's description: "John Corey, former NYPD Homicide detective and special agent for the Anti-Terrorist Task Force, is back. And, unfortunately for Corey, so is Asad Khalil, the notorious Libyan terrorist otherwise known as The Lion."

To enter contest , send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put CONTEST #21 in the subject line. Include your name and mailing address in the body of the email. All entries must be received by 9 p.m. on Mon., Oct. 7.

\*\*\*\*\* BLAINESWORLD BEST AWARD \*\*\*\*\*

This week, it goes to Michelle Wilson with Epic Animal Recovery. She has been trying to help us find our two lost cats via a thorough search of the area with her dog Epic (pictured below), and she has also gone above and beyond to provide advice to Cynthia. In addition, she helped us both develop and post a revised flier. For more information about Michelle's company, please click: [Here](#).



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## 2. FYI

Achievable Ways to Feel Accomplished  
by Julia Edelman and Ginny Hogan; illustration by Will McPhail

Organize your books by color before complaining that you don't have time to read.

Listen to the last three minutes of the eight podcasts you had almost-but-not-quite completed.

For the rest of this informative article, please click: [Here](#).

FYI, part 2

To read each of the following contributions in full, please click: [Here](#).

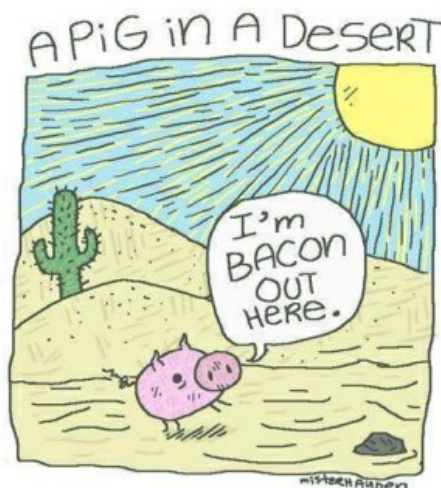
(1) Anthony Mancinelli, World's Oldest Working Barber, Dies at 108. (2) President Trump Signs Autism Care Act. (3) Dawn Westmoreland: 33 Life-Changing Lessons to Learn from Joe Dispenza. (4) Keeping an Older Dog Vibrant.

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## 3. Joke 1

How he'd look in Asheville this week. Though there are no deserts here, we have been experiencing record temperatures.



#### 4. Joke 2

Finally ... a realistic mannequin in the men's department! (Thanks, Ed Nasta, for sharing.)



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#### 5. Technology tip

Get Your Digital Accounts Ready In Case of Death  
by Melanie Pinola

On March 7, 2019, Myrna M. DeLeon passed away, days before her 65th birthday. "Her death was completely unexpected," said her daughter and my brother-in-law's wife, Casey. In the emotional aftermath for the family, one thing made the grieving process less stressful: Myrna's "in case of death" preparations. She had filed important documents in a safe and kept a categorized "little black book of information."

"She was a nurse who was organized in the operating room, and she took that skillset of organization and advanced thinking into our home life as well," Casey said. "For example, 'B' was not for people with the last name starting with B, but for banks and other financial institutions. It listed account numbers for policies and phone numbers to call for claims."

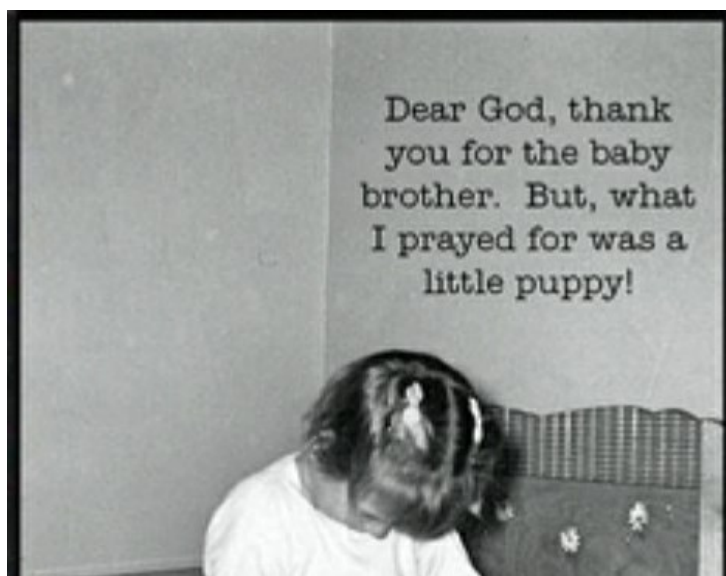
For the rest of this informative article, please click: [Here](#)

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#### 6. Joke 3

This prayer thing didn't work for me, either! For other letters to God from children, please click: [Here](#).





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### 7. A quote I like

"I was listening to my short book, THE BULLIED FAT STUTTERING KID, and remembered what it felt like to take charge of my life. That's a good feeling. It is not hard to do. You just have to find what is important for you, make a plan and just start doing it. A little at a time over time turns into reality. Keep an image with the feeling and be practical, it just takes practice. You can do it. If I can, and I am not the sharpest knife in the drawer, you can get it done.--Marvin Sadovsky, Asheville Real Estate Properties ([Here](#))

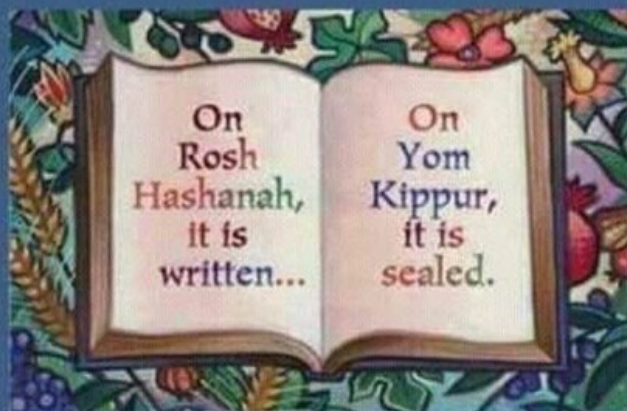
Note: Marvin is also my good friend. His aforementioned book is excellent It can be obtained by clicking: [Here](#). And you're in for a special treat if you get the audiobook, narrated by Tom Gallagher, another good friend. That can be obtained by clicking: [Here](#).

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### 8. Thought for the day

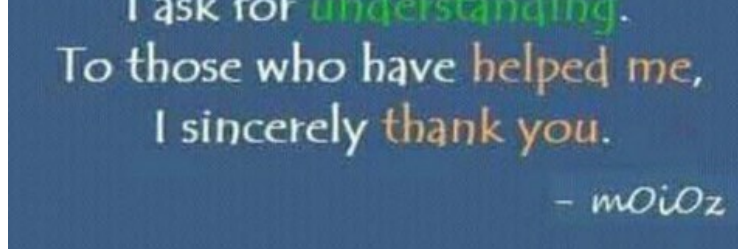
If you are like me, and you celebrate all holidays because there's more food, fun and friendship that way, SHANA TOVA! ... That's the Hebrew greeting for the Jewish New Year, which begins tonight with the beginning of Rosh Hashanah and ends on Tuesday evening, Oct. 1. ... It conveys the hope for a good year. For more information about the meaning of this expression, please click: [Here](#). (Thanks, Roberta Gurwood, for sharing.)



To those I have wronged,  
I ask forgiveness.

To those I have helped,  
I wish I did more.

To those I neglected,  
I ask for understanding.



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### 9. Advance planning department

To read about each of the following NC events in full, please click: [Here](#).

(1) David Troy Francis: Come and enjoy an afternoon of music, joy & fun with guest artists FRANKLIN KEEL, cello and CAROL DUERMIT, vocalist. (2) Doug Hauschild: Asheville Choral Society Presents. (3) HARDLOX on Sunday, Oct. 13. (4) Robert Thomas w/ James Vandenberg at the Rustic Grape Wine Bar. (5) "ELAINE STRITCH: A Broadway Baby. (6) Ellane Chandler's one-woman show.

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**PS.** Make it a wonderful week!

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