

#1259

11.2.2020

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## 1. Reflections

A. Cynthia, my beautiful bride, and I:

(1) Continued to hunker down in Week 33 of the corona pandemic. Fortunately, it gave us time to follow the various elections pretty closely. Though not everybody we voted for won, we were happy to see that Joe Biden and Kamala Harris were chosen as, respectively, our next president and vice president.

And even if they weren't your choices, we invite you to join us in this version of "Amen" that can be used to express how you feel about the winning candidates that you backed ... or just how you feel about the fact that the election season is almost over. To sing along, please click: [Here](#).

(2) We also were able to catch the T'Shuvah Center's Pop Up Shabbat service for Halloween. The best part was watching Benjamin Litchman, Cynthia's nephew, perform. He is in the middle of the picture.



B. During the week, I:

(1) Got to serve as a poll watcher.

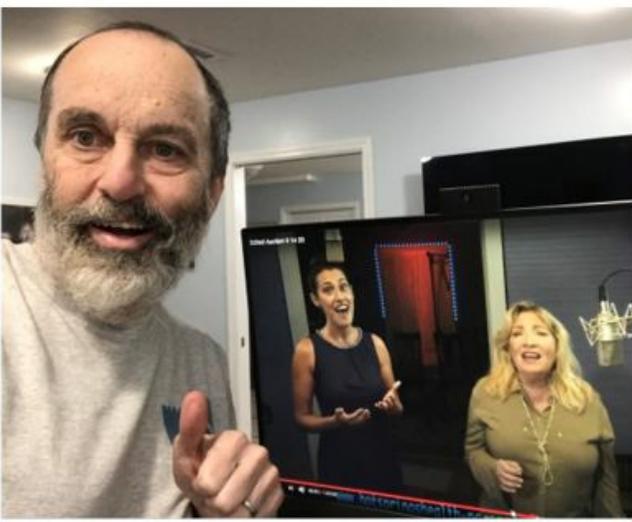


(2) Hosted my BLAINESWORLD radio/Facebook Live show that featured the following guests: (first half) Barb McKenzie, professional organizer; and (second half) Dave Carr, HR consultant for the city of Asheville. To view it, please click: [Here](#).



(3) Caught a terrific Zoom fundraising concert that benefited the Hospice of Madison County. Liz Aiello and Natalie Brouwer provided the entertainment, and Bruce Lang joined in for a few songs.. ... To see the concert, please click: [Here](#).

Note: If you like the above as much as I did, please show Hospice some appreciation (and love) by clicking: [Here](#).



D. Doesn't Cynthia look marvelous with her new hairdo?



E. Condolences to:

(1) Mindi Gurwood and family on the passing of Roberta Gurwood, Mindi's mom. For Robert's obituary, please click: [Here](#).

(2) Jerry Crouch and family on the passing of Ova Marie Edwards Crouch, Jerry's mother.

F. Congratulations to:

(1) Kristin Story Pedemonti on being accepted into the University of Melbourne Master's Narrative Therapy Program.

(2) Bobby Abrahamson and Shawn on their marriage

(3) Kim Hughes for thanking poll workers for their hard work as part of a group called Women Protecting Democracy and Peace. To see more, please see this clip from WLOS at the :28 mark: [Here](#).

(4) Marty Steinberg, winner of Contest #21: a copy of DESIGNED TO SHINE! READ ALOUD RHYMES FOR ANY SIZE HEART by Joy Resor. All told, there were seven entries.

To get a chance to win another prize, it's now time to introduce ...

\*\*\*\*\* CONTEST #22 \*\*\*\*\*

One lucky reader will win a copy of my friend Howard Smith's latest CD of Christmas songs. He is one of the most talented piano players you'll ever come across. To see this for yourself, check out his Facebook page and look for a weekly concert he does every Sunday morning. And then join me in watching it. You'll be blown away!

To enter, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put CONTEST #22 in the subject line. In the body of your email, include both your name and mailing address. All entries must be received on or before Monday, Nov. 16, at 9 p.m.



G. Reminder: Join Cynthia in either of the two virtual courses she teaches for Arms Around ASD: Meditation on Mondays and Move Your Body on Wednesdays. To attend these and/or any of the others (that are open to the public), scroll down to Calendar when you click: [Here](#).

H. BLAINESWORLD BEST AWARD

This week, it goes to Autobell Car Wash, 667 Merrimon Ave., Asheville. ... We take both cars there to be washed and are always impressed with how thorough a job they do--especially on the inside. In addition, all the employees are very friendly. ... If you want to make your car sparkle, use this Autobell.



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## 2. FYI

Thanks John Boyle, my favorite local columnist, for this insightful piece:  
Come join the fun and get a colonoscopy! It might save your life.

I think we can all agree we've had enough of politics for the moment, and we're living in a year whose main feature is giving us almost nothing to look forward to.

So let us turn to a fun and carefree topic: colonoscopies.

To read the rest, and I strongly encourage you to do so, please click: [Here](#).

Note: Please use the above to serve as a reminder to get a colonoscopy if you are due for one.

## FYI, part 2

For the full emails received from these other readers, please click: [Here](#).

A. Ellane Chandler: Almond butter on apple slices and toast have become a staple of my diet. B. Jon Berg: Enjoyed it. C. Peter Rigas: Watched your almond butter-banana sandwich video. D. Jeanie Linders: Shut down the FB page. E. Annette: Cynthia your hair is gorgeous. F. Dana Kagan: This is happening to me also, but on FB Messenger for the past 6 months. G. Susan: Here are some resources for you, dealing with the cloned account. H. Sunny Cook: Got it

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## 3. Joke 1

How to deal with Election Day if not happy with the outcome ...



"I only watch the History Channel. Their news is less depressing because I know we already survived it."

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#### 4. Reviews

A. Revisited PEGGY SUE GOT MARTIED on TCM. It is a sweet romantic comedy about a woman who attends her 25-year high school reunion after she separates from her cheating husband. When she faints, she awakens in 1960. Kathleen Turner and Nicholas Cage are both outstanding in the leading roles, and you'll love the music. Rated PG-13.

Note: I've added the above to my list of favorite films. If you'd like to get a copy of the list, send an email to: [bginbc@aol.com](mailto:bginbc@aol.com) and put FAVORITES in the subject line.

B. Saw FLESH AND FURY on TCM. It is a gritty drama about a gold digger and a newswoman who follow a deaf boxer's fight to both regain his hearing and win the title. Tony Curtis shines with his performance, as does Jan Sterling. The fighting scenes are also quite good. NR, but would be PG-13 nowadays.

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#### 5. TV alert

A. RISE OF THE NAZIS: Series premiere on Monday, Nov. 8, on PBS at 9 p.m.  
Over three Sundays, watch to see how Adolf Hitler came to power.

B. THE 54TH ANNUAL CMA AWARDS: Wednesday, Nov. 11, at 8 p.m.  
Reba McEntire and Darius Rucker host, live from Nashville. Miranda Lambert's seven nominations make her the most nominated female artist of all time (with a total of 55).

C. CHRISTMAS ON THE VINE: Movie premiere on Friday, Nov. 13, at 8 p.m. on Lifetime  
A marketing exec returns home to help save a local winery--and the town's holiday festivities--from a conglomerate.

D. FIDDLER: A MIRACLE OF MIRACLES: Friday, Nov. 13, at 9 p.m. on PBS (check local listings at

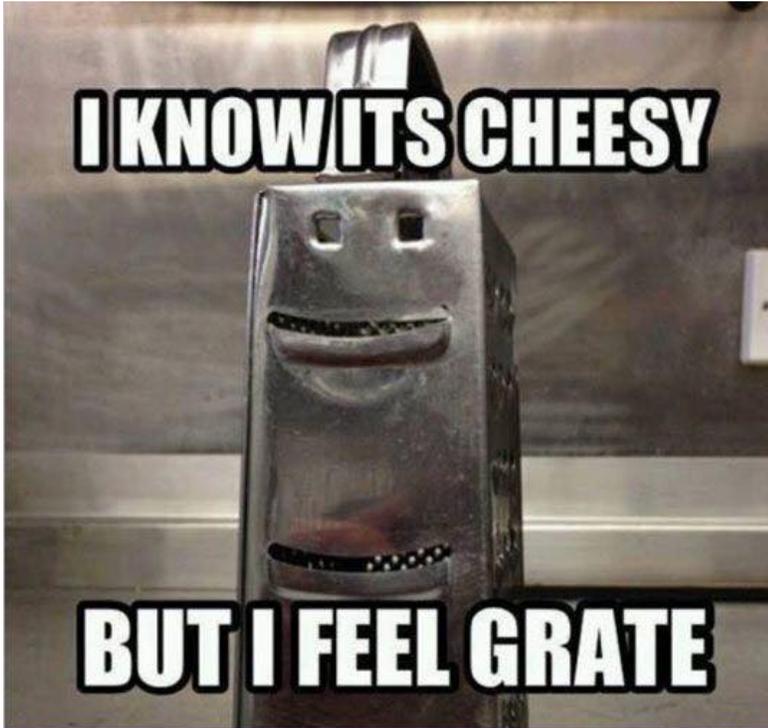
[Here](#))

GREAT PERFORMANCES takes a look at 1964's Tony-winning musical, FIDDLER ON THE ROOF.

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## 6. Joke 2

That's a Gouda one!



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## 7. Clips/Websites

A. The Turtles are arguably the greatest rock group of all time!

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: [bginbc@aol.com](mailto:bginbc@aol.com) and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please find this performance from the REO Brothers: [Here](#)

B. Video of the week

Jonathan Berg: The Savitsky Cats: [Here](#).

C. And also check out these other clips at your convenience:

(1) The Drifters, "Save the Last Dance for Me," one of my all-time favorites: [Here](#).

(2) Jeff Baumeister: The School of Music at Bucks County Community College: [Here](#).

(3) HS Smith: Was live, 11.8.2020: [Here](#).

(4) Lois Rosenthal: "Things I Must Tell the Children": <https://www.youtube.com/watch?v=PDWNvV9hktY>

D. Here's a website that you will want to check out if you still want to follow the presidential results:

BEST SITE I'VE FOUND FOR UPDATES ... If you want to take a break from watching TV and/or just get the latest results, please click: [Here](#).

Updates seem to come every minute, and you don't even have to update your browser. So when I want to take a break, I just go to the above link. Methinks you'll like it, too.

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#).

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

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## 8. Technology tip

Thanks, Dan Beckmann, for the following suggestion:

Clean off lens on your camera phone. You'll be amazed at the difference!

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## 9. Joke 3

Question: If your husband is yelling at the front door and your dog is barking at the back door, who do you let in first? .

Answer: The dog, of course. At least he'll shut up after you let him in.



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## 10. A quote I like

Thanks, Norm Crosby (1927-2020), for your career as a stand-up comedian that brought me many laughs. I'll most remember you as "Master of Malaprops," as well as for your many TV appearances and co-hosting duties of the Jerry Lewis Muscular Dystrophy Association telethon for over 25 years. For

more information about this life, please click: [Here](#).

“Wilt Chamberlain is an insulation to young people all over the world. Wherever he appears, after every game the kids give him a standing ovulation.” -- Norm Crosby



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## 11. Thought for the day

Thanks, Karen Gross, for your gracious permission in allowing me to run this Facebook post you wrote. For more information about Karen, please visit her website: [www.karengross.com](http://www.karengross.com) or find her via Instagram: @karenstune.

#Rebirth

September 17, 2020

by Karen Gross

There are details I remember heading in. I had the 80s station blasting in the car as I pulled up, Thompson Twins “Hold Me Now.” The woman who took my temperature at the door had a BLM pin on (good sign, I hoped). Then the waiting begins. Waiting to be checked in. Waiting to be seen. These are relatively small increments of time. But when what you are waiting for is something that can change the course of your life, the waiting draws out. It hangs like an awkward silence. I am called in by the lady who did my first mammogram and I said, “I’m happy to see you again” and it was true because she has such a friendly face, even behind her mask, and she made me feel safe. “I’m not sure that’s true,” she laughed. “Well, you warned me I might have to come back,” I reminded her.

For the rest of this piece, please go to Section 2 when you click: [Here](#)



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## 12. Advance planning department

For information about the following events, please click: [Here](#).

A. Kevin Jameson: BROADWAY ALIVE! B. Michael Trayford: The Healing Dive: Hyperbaric Oxygen Therapy. C. Jenny Bunn: TRANSITION. D. Jason Scholder: A HISTORY OF STAND UP COMEDY. E. Barrie Barton: ELEVATE YOUR VIRTUAL CONNECTION & PRESENCE. F. Erinn Dearth: LETTERS FROM HOME.

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**PS.** Make it a great week!

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