
You're reading BLAINESWORLD, a weekly blog published by Blaine Greenfield. It contains some jokes, hopefully, not toooo risqué (typically in Sections 4, 7 and 10); contests; reviews of shows, movies and books; quotes, etc. ... Please feel free to share it with 437 of your closest friends and relatives.. ... And In the unlikely event that you or they are not already a subscriber, just click the following link to be added to the free mailing list: [Here](#).

#1366
11.21.2022

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1. Reflections

A. Cynthia, my beautiful bride, and I spent a rare second week apart because she had Covid. Fortunately, she is now better!

We did get to see some movies (see Sect. 5), but not together. It was OK discussing them, but it's not quite the same as being together to watch them.

B. BC (before Covid):

(1) We had a fun time joining our friends Ginny Plaisted and Grant Randall for a tasty dinner at Pacific Pagoda.



(2) And Cynthia got to play with Roscoe, a neighborhood dog.



C. I got to see two plays:

(1) DELIGHTFUL! ... That's the word that best describes the Kids at HART production of ONCE UPON A MATTRESS, now playing for one more week. ... Everything about this show is outstanding: direction by Shelia Sumpter (bottom right), music direction by Maria Frost, costume design by Lise Hoffman and outstanding performances from (top, then bottom, l-r): Roarke Mabe, Kayenta Cruz, Savanna Shaw, James Cloninger and Chelcy Frost. ... And also from Noah Sheets, Kade Mabe and Drake Frost, just three of the other 30+ cast members who made this production the success that it was. ... For tickets, click: <https://www.harttheatre.org/once-upon-a-mattress/>.



(2) I found BE HERE NOW to be both deeply insightful and charmingly funny. The dramatic comedy, now running at NC Stage Company through Dec. 11, is about two lost souls who come together under most unusual circumstances. It is directed with aplomb by Candace Taylor and stars locals Rebecca Morris and Patricia Snoyer Black. They are joined by Phillip Kershaw and Tamara PiLar--and all four actors are outstanding. ... For tickets, click: [Here](#).



D. Please catch this week's BLAINESWORLD podcast, featuring ... Guests: (first half) La Bourgeois, Social Media & Marketing Consultant; and (second half) Adora Wynquist, Founder & CEO, The Soul Institute for Quantum Living To view it, click: [Here](#) and look for the one dated 11.16.2022. ... You'll then have the option to view it on YouTube or listen to it on your favorite podcast player.



E. Congratulations to:

- (1) George Pappas on his new position and office location. He is now working with Sheffron Lee Law Firm as Of Counsel, and his new office located at Sheffron Lee Law at 475 S Church Street (Beacon Commons), Hendersonville, NC.
- (2) Allison Scott on her appearance on WLOS, at which time she spoke up for the Respect for Marriage Act. To see this, click: [Here](#).
- (3) Julia Holladay on her new job with Hearthstone Psychology.
- (4) Juliana Long and Dustin Docheff on their marriage.

F. Announcing this week's ...

***** **BLAINESWORLD BEST AWARD** *****

It goes to JT Wright--scooper extraordinaire at Hilltop Ice Cream Shop in Fairview.

He always brightens our day when we stop by to get a scoop of ice cream at Hilltop. As can be seen (below), he has a great smile, and he is oh-so-friendly.

Note: Hilltop has fantastic ice cream. Stop by, and you won't be disappointed!



2. Invites

A. There's still time to enter ...

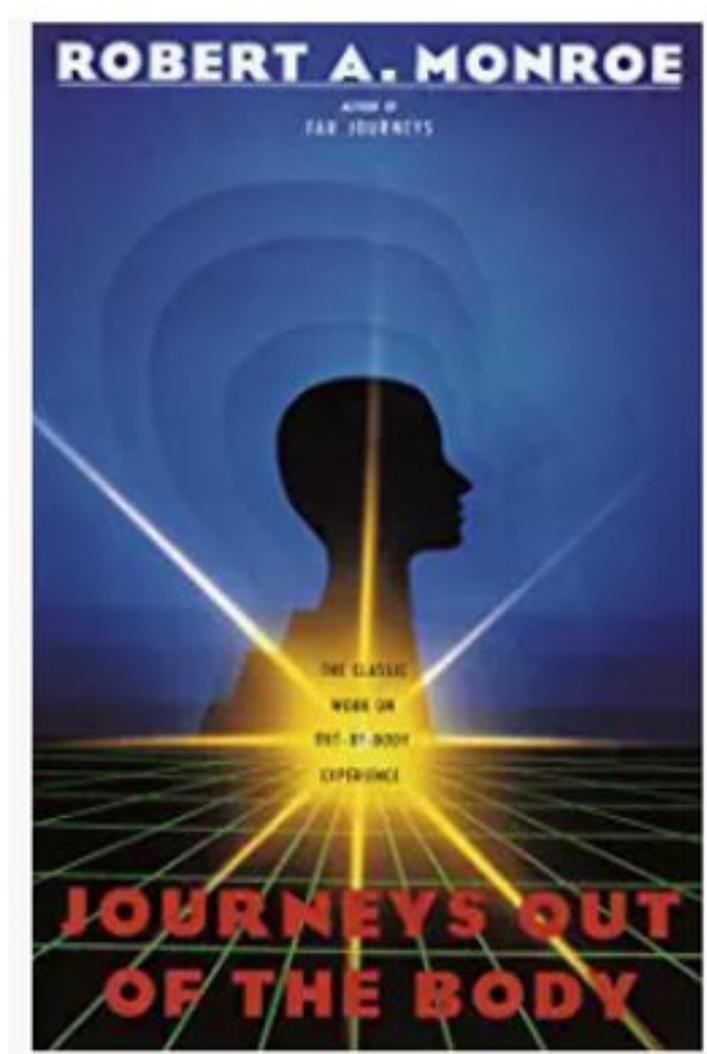
**** CONTEST #18 ****

One lucky reader will a copy of JOURNEYS OUT OF THE BODY by Robert A. Monroe.

About the book: With more than 300,000 copies sold to date, this is the definitive work on the extraordinary phenomenon of out-of-body experiences, by the founder of the internationally known Monroe Institute.

According to one Amazon reviewer: " Bought this because I accidentally astral projected and wanted clarity around the whole thing. Extremely knowledgeable and no bs. Everything is backed up and clear to understand. Amazing descriptive voyages into the astral plane. Also aligned perfectly with my perspective of the things I perceived whilst projecting."

To enter the contest, send an email to: bginbc@aol.com and put CONTEST #18 in the subject line. In the body of your email, include your name and mailing address. All entries must be received by 9 p.m. on Monday, Nov. 21.



B. ACTORS WANTED. MUSICIANS/ENTERTAINERS, TOO. (There are over 50 roles.)

For: Return to Bethlehem where the public is invited to experience the marketplace as it might have been when Jesus was born in Bethlehem.

There are a variety of speaking and non-speaking parts for people of all ages.

This is not a paid gig, but one that is a lot of fun. Plus, there are no auditions. You are almost guaranteed to be chosen to be part of the cast. And there are no rehearsals.

It runs from Dec. 1-4 at the Groce United Methodist Church, 954 Tunnel Road in Asheville. You can choose to be in anywhere from 1-6 performances.

For more information and/or to register, click: [Here](#).

If you have any questions, send an email to: bginbc@aol.com and put the word BETHLEHEM in the subject line.

C. Want to be a guest on my BLAINESWORLD podcast, now seen on YouTube or you can listen to it on your favorite podcast player. If you have news you'd like to share and/or a story to tell, send an email to: bginbc@aol.com and put GUEST in the subject line. In the body of the email, include both your name and phone number.

Even if you've been a guest before, I'd welcome the opportunity to speak with you again. I now tape via Zoom, usually in the early evenings.

For more information about the show, click: [Here](#).

D. Are you interested in shows, concerts, movies, TV, etc.? ... If so, I encourage you to join a new group I've formed on Facebook that's called Entertainment. To do so, all you need to do is follow the instructions when you click: [Here](#).

E. Come join Cynthia for the one course she'll be teaching for Arms Around ASD this week: Meditation on Monday via Zoom . To attend this and/or any of the other courses that are offered, scroll down to Calendar when you click: [Here](#).

F. If we're not yet friends on Facebook, click to send me a friend request: [Here](#).

Note: For others, see Sect.13 (at the bottom of this issue).

3. FYI

A Neurologist's Tips to Protect Your Memory

by Hope Reese

As we age, our memory declines. This is an ingrained assumption for many of us; however, according to neuroscientist Dr. Richard Restak, a neurologist and clinical professor at George Washington Hospital University School of Medicine and Health, decline is not inevitable.

The author of more than 20 books on the mind, Dr. Restak has decades' worth of experience in guiding patients with memory problems. "The Complete Guide to Memory: The Science of Strengthening Your Mind," Dr. Restak's latest book, includes tools such as mental exercises, sleep habits and diet that can help boost memory.

Here are some of Dr. Restak's tips for developing and maintaining a healthy memory.

To read the entire article, click: [Here](#).

4. Joke 1

After the last election, methinks I need to do the same thing!



"I only watch the History Channel. Their news is less depressing because I know we already survived it."

5. Reviews

Thanks, Cynthia Greenfield, for the following two recommendations:

A. *Sophie and the Rising Sun* is a drama about a small-town girl from South Carolina who falls in love with a Japanese gardener in 1941. They both must deal with the misguided patriotism that's sweeping their community after Pearl Harbor. All the performances were outstanding, but we especially liked Margo Martindale's work and Wolfgang Held's cinematography. Rated R, though certainly appropriate for mature teenagers.

B. *ELSA & FRED* is a romantic comedy about a feisty retiree (Shirley MacLaine) and her new neighbor, an uptight widower (Christopher Plummer) who discover that it's never too late for true love and romance. With the two leading actors in fine form, you know you're in for a treat. It's a sweet film with a great ending. Rated PG-13.

6. TV alert

A. *Dead to Me, Season 3*: Now on Netflix

Despite her MS diagnosis, Christina Applegate, who just got her star on the Hollywood Walk of Fame at 50, is back on her comedy/mystery/drama about two women (Applegate and ER's Linda Cardellini) who bond amid a soap opera's worth of car crashes, betrayals, furtive burials, identical twins and bizarre plot twists.

B. *Falling for Christmas*: Now on Netflix

A rom-com about a blue-collar ski lodge owner (Glee star Chord Overstreet) who looks after a recently engaged, spoiled-rotten heiress (Lindsay Lohan) after a holiday skiing accident gives her amnesia.

C. *The 37th Annual Rock & Roll Hall of Fame Induction Ceremony*: On HBO, starting Nov. 19, and streaming on HBO Max

Dolly Parton is the big star of the rock's big awards show, but I'll also watch for Eminem, Judas Priest and Eurythmics to be honored.

D. *50th American Music Awards*: on ABC, on Sunday, Nov. 20, at 8 p.m. and streaming on Nov. 21 on Hulu
Stevie Wonder does a Lionel Richie tribute, Pink honors Olivia Newton-John, and Wayne Brady hosts

E. *Gabby Giffords Won't Back Down*: On CNN on Sunday, Nov. 20, at 9 p.m.

Moving documentary about the Arizona congresswoman, shot in the head in 2011 by a mass murderer who believed 9/11 and the moon landing were faked.

F. *Jonathan Berg*: If you like comedy, this is beyond awesome: Steve Martin and Martin Short: *An Evening You Will Forget for the Rest of Your Life*: Now on Netflix.

7. Joke 2

WISH ME LUCK! ... As can be seen below, I spent countless hours working on my gingerbread house. I also decided to enter it in this year's National Gingerbread House Competition that takes place this coming Monday, Nov. 21, in Asheville. ... Good news: You can then see it anytime from Nov. 28-Jan. 3. (But be forewarned. Parking is not cheap. \$25 if you park yourself and \$35 for valet parking.) ... For more information, click: <https://tinyurl.com/ybav7n6k>.



8. Clips/Websites

A. The Turtles are arguably the greatest rock group of all time!

(1) As mentioned previously, this section will feature music by The Turtles--either their recordings and/or covers of their music by others.

I'd especially love to see any recording you may have done of "Happy Together."

Send it to: bjinbc@aol.com and put THE TURTLES in the subject line.

Note: Even if you did not do a recording, I welcome anything done by others--not only of "Happy Together," but any other Turtles' song.

(2) For this week, please view this version from the Chamber Choir at Saint John's Preparatory School: [Here](#).

B. Video of the week

Thought y'all would like to see this excellent TED from my friend Edie Weinstein, "Overcoming the Taboo of Touch": [Here](#).

C. And also check out these other clips at your convenience:

(1) I Love You, You're Perfect, Now Change - Tear Jerk, one of my all-time favorites: [Here](#).

(2) Howard Smith: Hymns (11,20.2022): [Here](#).

(3) Neil Ratner Rock Dog: Greg Lake: [Here](#).

(4) The above got me to revisit Lake's "I Believe In Father Christmas." If you want to do the same, click: [Here](#).

(5) Futuristic dog (that doesn't poop!): [Here](#).

(6) Swedish Guitarist Göran Söllscher delivers a beautiful performance of 'Eleanor Rigby' on a unique 11-stringed guitar: [Here](#). (Thanks, Maureen Ryan, for sharing.)

D. Here's a website that you might want to check out:

You, too, can waste time on this website that's called I Waste So Much Time. You'll find lots of memes to do just that by clicking: [Here](#)

For example, I found this tweet:

How's the diet going?
Not good. I had eggs for breakfast.
Scrambled?
Reese's.

E. BLAINESWORLD, the website, remains up and running . . . to view it, please click: [Here](#).

F. Are you on Facebook? In the unlikely event we have not yet connected as friends there, please feel free to send me an invite by clicking: [Here](#).

9. Technology tip

How to Recover Unsaved/Deleted Word Document in 2022 - Ultimate Guide

There are few experiences as universally familiar as losing a Word document. Everyone from high schoolers with *Catcher in the Rye* book reports to business executives with quarterly earnings knows the panic of their work disappearing when it's just a few crossed-t's away from being completed.

Fortunately, there are dependable ways to recover Word documents quickly and reliably. Whether your work was accidentally deleted, lost in a Microsoft Word crash, or simply disappeared, here's a simple guide on how to recover unsaved Word documents.

To read the entire article, click: [Here](#).

Note: If you prefer watching a YouTube video, you can get some of the above information by clicking: [Here](#).

10. Joke 3

Kids think the darndest things ...

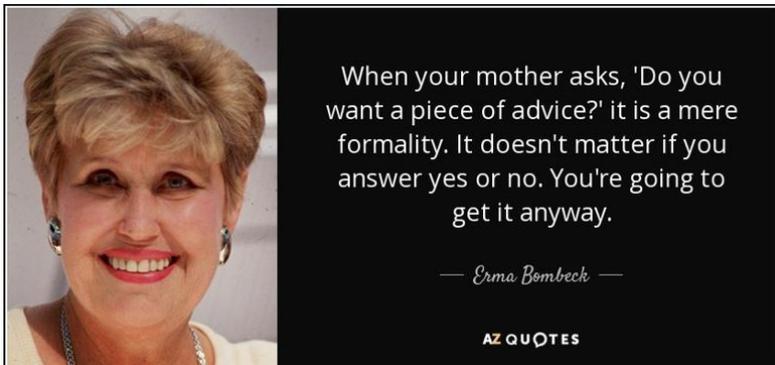
Look, I got him to sleep!

fb.com/FactsAndPictures



11. A quote I like

Erma Bombeck (1927-1996) was an American humorist who achieved great popularity for her newspaper humor column describing suburban home life, syndicated from 1965 to 1996. She also published 15 books, most of which became bestsellers.



12. Thought for the day

Wouldn't it be terrific for nursing homes everywhere to implement the following idea?

In a Japan nursing home, babies are put to work
by Hikari Hida and John Yoon

THE NEW YORK TIMES, 9.1.2022

TOKYO--Cooing, giggling and the patter of tiny feet mix with the sound of walkers and wheelchairs at a nursing home in southern Japan. In this graying nation, one home has been recruiting an unusual class of workers to enliven its residents' days.

These are "baby workers," as the head of the nursing home calls them: 32 children so far, all younger than 4

years old, who spend time with its residents, mostly in their 80s. Residents strike up conversations with the youngsters. The babies, accompanied by a parent or guardian, offer up hugs.

Their pay? Diapers, baby formula, free baby photo shoots and coupons for a nearby cafe.

To read the entire article, click: [Here](#).



13. Advance planning department

For more information about the following events, please click: [Here](#)/

A. Jeff Catanese: SANTA CLAUS CONQUERS THE MARTIANS. B. Connie Regan-Blake: In-Person Storytelling Evening.

PS. Make it a great week!

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